

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 30 December 2024

Compiled by Clyde Riddoch, AMA Records Officer, 40 Beauchamp Street, Preston Vic 3072, Mobile: 0439 902 907, Email: clydeR@outlook.com.au

THROWS PENTATHLON using 2023 WMA AGE FACTORS - MEN

Age	Name	State	Points	Date	Hammer	Shot Put	Discus	Javelin	Weight
M30	Graham Hicks	Vic	3,471	14.12.08	44.89 619	13.94 725	50.57 882	52.09 620	13.07 625
M35	Darron Haworth	Qld	3,664	2.11.08	51.58 730	14.13 776	52.81 929	37.22 425	16.20 804
M40	Stuart Gyngell	NSW	3,839	16.4.06	43.48 632	17.63 1075	47.30 833	41.30 534	14.55 765
M45	Stuart Gyngell	NSW	4,007	12.4.09	43.75 687	17.22 1126	45.47 857	36.98 512	14.53 825
M50	Todd Davey	WA	4,121	1.12.18	53.23 839	16.00 1005	49.82 875	36.71 517	17.65 885
M55	Graeme Rose	Vic	4,005	4.7.99	47.05 784	12.72 838	37.84 688	46.19 768	16.98 917
M60	Graeme Rose	Vic	3,993	16.4.06	48.38 815	13.14 857	39.36 624	43.12 722	19.03 975
M65	Graeme Rose	Vic	4,059	12.4.09	43.98 814	12.12 860	38.97 690	40.46 759	17.05 936
M70	Johannes Peters	WA	4,004	29.6.24	44.16 812	11.93 824	42.45 867	33.89 629	16.94 872
M75	Tom Hancock	Vic	3,888	15.7.11	36.89 756	11.12 851	33.97 764	33.04 716	14.38 801
M80	Tom Hancock	Vic	3,972	5.11.16	38.51 788	11.44 844	32.27 844	30.31 674	15.67 822
M85	Tom Hancock	Vic	3,418	1.10.22	30.57 725	8.94 728	23.25 687	19.10 468	13.55 810
M90	John Fraser Old Specification	Vic	3,114	13.3.05	24.63 705	6.90 630	19.74 708	12.96 370	10.12 701

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - MEN

Age	Name	State	Points	Date	Hammer	Shot Put	Discus	Javelin	Weight
M30	Shane Carstairs	Vic	3,190	28.4.19	38.74 518	15.65 830	44.48 756	43.20 489	12.57 597
M35	Stuart Gyngell	NSW	3,615	2002	44.15 607	17.34 984	45.06 768	43.67 523	14.96 733
M40 & M45	– as above in Australian records Stuart Gyngell M40 3,839 & M45 4,007								
M50	Stuart Gyngell	NSW	3,948	2015	45.99 707	16.36 1030	48.42 845	38.71 553	16.40 813
M55	Graeme Rose	Vic	3,929	2001	43.32 715	12.29 788	38.90 706	49.48 835	15.99 855
M60 & M65	– as above in Australian records Graeme Rose M60 3,993 & M65 4,059								
M70	Colin Murray-Lee	Qld	3,675	1999	43.22 791	11.11 758	35.12 690	36.41 688	14.83 748
M75	Tom Hancock	Vic	3,741	8.4.12	35.10 713	10.31 779	35.04 793	29.17 614	15.02 842
M80	Tom Hancock	Vic	3,682	11.6.17	35.75 723	11.12 817	29.20 748	28.99 638	14.57 756
M85	Feliks Jekabsons	Qld	3,209	23.3.08	27.36 636	9.10 744	25.28 760	19.44 479	10.35 590

THROWS PENTATHLON using 2023 WMA AGE FACTORS – WOMEN

Age	Name	State	Points	Date	Hammer	Shot Put	Discus	Javelin	Weight
W30	Byrony Glass	WA	3,242	12.4.09	#####	#####	#####	#####	#####
W35	Chris Schultz	Vic	3,400	7.12.87	#####	#####	618	#####	#####
W40	Jayne Hardy	ACT	3,484	20.4.03	#####	#####	756	#####	#####
W45	Chris Schultz	Vic	3,778	26.7.97	#####	#####	661	#####	#####
W50	Chris Schultz	Vic	3,824	13.7.01	#####	#####	851	#####	#####
W55	Mary Thomas	NSW	3,772	17.1.00	#####	#####	896	#####	#####
W60	Dorn Jenkins	Vic	3,827	7.10.15	648 43.51	856 8.85	697 28.72	922 21.85	649 15.57
W65	Dorn Jenkins	Vic	4,050	21.3.21	992 42.46	659 8.64	764 23.16	560 19.78	852 15.91
W70	Mary Thomas	NSW	3,862	16.8.15	1099 28.82	721 8.57	675 22.60	571 22.69	984 10.69
W75	Helen Searle	Qld	3,605	14.2.15	814 31.68	811 10.40	755 20.67	771 17.35	711 10.65
W80	Jeanette Williamson	ACT	3,552	12.3.23	775 27.08	921 7.29	669 19.15	580 16.30	660 9.85
W85	Ruth Frith	NSW	2,621	7.3.98	707 15.48	707 5.57	725 13.25	638 9.82	712 6.51
W90	Ruth Frith	Qld	2,931	24.4.00	486 13.13	613 5.22	568 11.81	424 9.33	530 6.00
W95	Ruth Frith	Qld	3,391	Oct-06	508 13.71(2kg)	698 4.99(2kg)	622 9.49(750g)	498 7.01	605 5.58(4kg)
W100	Ruth Frith	Qld	3,916	23.8.09	717 10.16(2kg)	846 4.27(2kg)	630 9.04(750g)	464 6.43	734 4.42(4kg)
W100	Ruth Frith	Qld	3,837	2.4.11	734 10.14	954 3.96	840 9.30	588 5.63	800 4.68
					732 New Specifications - after 1/1/10	874	869	508	854

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS – WOMEN

Age	Name	State	Points	Date	Hammer	Shot Put	Discus	Javelin	Weight
W30	– as above in Australian records Byrony Glass 3,242								
W35	Byrony Glass	WA	3,101	8.4.12	52.64 820	11.44 652	33.55 530	20.00 298	16.68 801
W40	– as above in Australian records Jane Hardy 3,484								
W45	Chris Schultz	Vic	3,800	1996	36.32 664	13.16 919	42.16 844	32.12 670	12.40 682
W50	Marja-Leena Parviaiwen	NSW	3,581	13.4.98	51.73 950	9.11 550	34.85 754	22.40 445	16.29 882
W55	Gabriele Watts	NSW	3,683	4.4.22	40.17 11.61	11.61	31.03	22.61	13.90

