

AMA CHAMPIONSHIP RECORDS as at 29 December 2024 (plus WMA Championship Records held by Australians)

* indicates 2024 changes **Australian record ***World record											
AGE	N A M E	STATE	TIME	AG%	YEAR	AGE	N A M E	STATE	TIME	AG%	YEAR
60 METRES						60 METRES					
MEN						WOMEN					
M30	KENNETH VUONG	NSW	6.95s	91.22%	2023	* W30	**KIARA CALVERT	TAS	7.85s	88.54%	2024
M35	BILLY SPLIADIS	NSW	7.08s	89.62%	2023	W35	RAMONA CASEY	NSW	7.85s	88.54%	2023
M40	ASHLEY MCMAHON	NSW	7.21s	89.85%	2017	W40	GIANNA MOGENTALE	NSW	7.86s	89.05%	2007
M45	ERNIE LESEBERG	NSW	7.37s	89.92%	2019	W45	**JULIE BRIMS	QLD	7.75s	93.19%	2011
M50	ERNIE LESEBERG	NSW	7.44s	91.29%	2023	W50	JULIE BRIMS	QLD	8.14s	91.73%	2016
M55	CHRISTOPHER BRACK	QLD	7.75s	90.01%	2023	* W55	MANDY MASON	WA	8.00s	98.09%	2024
M60	**MICHAEL CASSIDY	NSW	7.80s	92.04%	2022	W60	**SUE TURNER	SA	8.76s	91.61%	2011
M65	**ROBERT MAYSTON	VIC	8.02s	92.35%	2022		**CHRISTINE DE VRIES	NSW	8.76s	91.61%	2023
M70	**GLEN WILSON	QLD	8.41s	91.08%	2011	W65	EVELYN PEAKE	SA	9.27s	90.05%	2015
M75	BOB WISHART	VIC	8.73s	90.97%	2019	W70	ANNETTE HORSNELL	QLD	10.00s	87.03%	2008
M80	RICHARD HUGHES	NSW	9.47s	87.56%	2012		CAROL DAVIS	QLD	10.00s	87.03%	2023
M85	HUGH COOGAN	QLD	10.18s	86.82%	2022	W75	ANN COOPER	SA	10.23s	88.92%	2007
M90	**JIM SINCLAIR	VIC	12.12s	79.75%	2015	W80	**MIRIAM CUDMORE	SA	11.04s	87.02%	2018
						* W85	MIRIAM CUDMORE	SA	12.38s	81.70%	2024
100 METRES						100 METRES					
M30	KENNETH VUONG	NSW	10.87s	88.13%	2024	W30	LORRAINE GRAINGER	NSW	12.31s	86.43%	1981
M35	GARY FINEGAN	WA	10.92s	88.06%	2022	W35	CHRISTINE WEARNE	NSW	12.07s	88.15%	2023
M40	REG AUSTIN	NSW	11.12s	88.93%	1981	W40	GIANNA MOGENTALE	NSW	12.37s	86.80%	2007
M45	MARK HARPER	VIC	11.47s	88.78%	2022	W45	JULIE BRIMS	QLD	12.55s	88.86%	2011
M50	LLOYD SNELLING	SA	11.56s	90.82%	1981	W50	JULIE BRIMS	QLD	12.63s	91.80%	2018
M55	HAL THOMAS	SA	11.63s	93.21%	1992	* W55	MANDY MASON	WA	12.26s	100.26%	2024
M60	**BERNIE HOGAN	QLD	12.15s	92.28%	1981	W60	**JULIE FORSTER	NSW	13.86s	90.77%	2022
M65	ROBERT MAYSTON	VIC	12.51s	92.85%	2022	W65	DAPHNE PIRIE	QLD	14.7s	87.90%	1987
M70	**BOB WISHART	VIC	13.28s	90.76%	2012	W70	LYN PEAKE	SA	16.11s	85.23%	2022
M75	HUGH COOGAN	QLD	13.98s	89.66%	2012	W75	**ANN COOPER	SA	16.09s	89.37%	2005
M80	**LEO COFFEY	VIC	15.27s	85.73%	2011	W80	CORY COLLINS	ACT	19.88s	76.52%	2017
M85	HUGH COOGAN	QLD	16.97s	82.30%	2022	* W85	**MIRIAM CUDMORE	SA	20.05s	81.84%	2024
M90	JAMES SINCLAIR	VIC	20.30s	75.52%	2015	W90	**MARGARET PROWSE	VIC	43.22s	42.73%	2012
200 METRES						200 METRES					
M30	SHAKTI RATHORE	NSW	22.06s	86.99%	2023	W30	MELISSA MEDLICOTT	NSW	24.74s	87.43%	1999
M35	KEVIN SILVER	QLD	22.29s	88.18%	1987	W35	MELISSA MEDLICOTT	NSW	25.43s	85.06%	2006
M40	BRENDON WILSON	SA	22.54s	89.61%	1983	W40	JULIE BRIMS	QLD	25.14s	87.18%	2008
M45	REG AUSTIN	NSW	22.6s	91.00%	1984	W45	**JULIE BRIMS	QLD	25.21s	90.48%	2011
M50	**ERNIE LESEBERG	NSW	22.97s	93.25%	2022	W50	JULIE BRIMS	QLD	26.09s	91.09%	2016
M55	CHRISTOPHER BRACK	QLD	24.25s	91.19%	2022	W55	JULIE BRIMS	QLD	25.97s	95.50%	2022
M60	REG AUSTIN	NSW	24.93s	91.72%	1999	W60	**JULIE FORSTER	NSW	29.43s	88.08%	2023
M65	**ROBERT MAYSTON	VIC	25.00s	94.77%	2022	W65	MARGE ALLISON	QLD	31.40s	86.43%	2011
M70	PETER CROMBIE	NSW	27.16s	90.56%	2016	W70	MARGE ALLISON	QLD	33.40s	85.24%	2016
M75	HUGH COOGAN	QLD	28.83s	88.75%	2011	W75	ANN COOPER	SA	34.72s	86.26%	2005
M80	**MIKE JOHNSTON	VIC	31.82s	84.10%	2002	W80	MIRIAM CUDMORE	SA	40.00s	80.08%	2018
M85	RICHARD HUGHES	NSW	35.13s	81.71%	2017	* W85	**MIRIAM CUDMORE	SA	43.09s	80.24%	2024
M90	DAVID CARR	WA	43.55s	73.17%	2023						
400 METRES						400 METRES					
M30	MARK ROSENBERG	NSW	48.35s	89.00%	1994	W30	**GLENDA DOUGLASS	NSW	55.5s	86.71%	1996
M35	ROBERT MCCUBBIN	VIC	49.46s	88.64%	2002	W35	MARIE KAY	NSW	57.41s	86.33%	1999
M40	**ROBERT MCCUBBIN	VIC	49.33s	91.56%	2004	W40	JUDY POLLOCK	VIC	57.0s	89.45%	1983
M45	ANDREW WILCOX	VIC	51.36s	90.69%	2015	W45	JANELLE DELANEY	NSW	57.93s	91.34%	2015
M50	LLOYD SNELLING	SA	52.5s	91.36%	1981	W50	MARGE ALLISON	NSW	59.5s	92.24%	1995

M55	CHRISTOPHER BRACK	QLD	54.58s	91.09%	2023	*	W55	***MANDY MASON	WA	57.86s	100.91%	2024
M60	**TREVOR YOUNG	NSW	55.42s	92.85%	2018		W60	MARGE ALLISON	NSW	67.37s	89.50%	2005
M65	ROBERT MAYSTON	VIC	57.39s	92.92%	2023		W65	JEANETTE FLYNN	QLD	70.37s	90.41%	2017
M70	HUGH COOGAN	QLD	62.17s	89.03%	2006		W70	ANNE STOBAUS	VIC	77.93s	86.66%	2013
M75	HUGH COOGAN	QLD	65.88s	87.54%	2012		W75	ANNE LANG	SA	87.42s	83.00%	2018
M80	DAVID CARR	WA	72.83s	84.18%	2013		W80	ANNE LANG	SA	1m 40.32s	79.11%	2023
M85	**DAVID CARR	WA	81.93s	81.67%	2018		W85	MARGARET PROWSE	VIC	2m 51.21s	51.86%	2006
M90	DAVID CARR	WA	1m 43.54s	72.95%	2023							
	800 METRES							800 METRES				
M30	PAUL SCHNYDER	VIC	1m 55.40s	87.44%	1997		W30	DEBBIE LANGE	SA	2m 14.3s	84.89%	1986
M35	BRETT HALLS	NSW	1m 53.96s	88.64%	2013		W35	ANNE HOLCOMBE	VIC	2m 14.2s	85.51%	1986
M40	ROBERT MCCUBBIN	VIC	1m 55.88s	90.50%	2004		W40	**SUZY COLE	TAS	2m 10.48s	91.27%	2010
M45	KEITH WHEELER	WA	2m 00.0s	90.76%	1989		W45	BARBARA BLURTON	VIC	2m 17.2s	90.05%	1996
M45	NATHAN CROWLEY	VIC	1m 59.3s	94.84%	2023		W50	JENNY FLYNN	QLD	2m 18.07s	93.17%	2005
M50	TOM ROBERTS	VIC	2m 00.7s	97.42%	1984		W55	BARBARA BLURTON	WA	2m 31.66s	88.65%	2005
M55	PAUL CRITCHLEY	NSW	2m 06.55s	96.60%	1998	*	W60	**KAREN BLAY	NSW	2m 32.63s	92.86%	2024
M60	DAVID CARR	WA	2m 16.28s	93.29%	1993		W65	JENNY FLYNN	QLD	2m 48.56s	88.25%	2017
M65	ALAN BRADFORD	QLD	2m 22.15s	93.05%	2004		W70	ANNE STOBAUS	VIC	3m 10.49s	82.76%	2012
M70	DAVID CARR	WA	2m 29.64s	93.00%	2004		W75	LAVINIA PETRIE	VIC	3m 20.1s	84.50%	2023
M75	DAVID CARR	WA	2m 38.5s	94.29%	2009		W80	**ANNE LANG	SA	4m 00.2s	76.93%	2023
M80	DAVID CARR	WA	2m 54.83s	94.13%	2013		W85	**MARGARET PROWSE	VIC	6m 35.91s	52.23%	2006
M85	DAVID CARR	WA	3m 22.33s	81.33%	2019							
M90	DAVID CARR	WA	4m 10.9s	74.62%	2023							
	1500 METRES							1500 METRES				
M30	BRENDAN GRAY	QLD	4m 06.17s	83.68%	2004		W30	T. BELL	NSW	4m 43s	81.30%	1983
M35	BRETT HALLS	NSW	3m 58.35s	88.16%	2016		W35	MARCIA SHEER	SA	4m 30.16s	86.50%	1993
M40	ALBIE THOMAS	NSW	3m 55.4s	92.03%	1975		W40	SUZY COLE	TAS	4m 31.63s	89.25%	2012
M45	KEITH WHEELER	WA	4m 02.1s	92.50%	1989		W45	DOT BROWNE	VIC	4m 47.7s	87.63%	1986
M50	ANDY CROSS	NSW	4m 19.9s	89.34%	2023		W50	JENNY FLYNN	QLD	4m 49.04s	90.93%	2004
M55	JACK RYAN	VIC	4m 27.2s	90.37%	1982		W55	KAREN BLAY	NSW	5m 06.2s	89.73%	2023
M60	BERT CARSE	WA	4m 40.11s	89.95%	2002	*	W60	KAREN BLAY	NSW	5m 09.80s	92.86%	2024
M65	DONALD MATHEWSON	NSW	4m 51.60s	90.49%	2011		W65	LAVINIA PETRIE	VIC	6m 00.40s	84.09%	2011
M70	JOHN BIRMINGHAM	NT	5m 06.29s	90.59%	2022		W70	LAVINIA PETRIE	VIC	6m 12.92s	85.81%	2015
M75	RANDALL HUGHES	VIC	5m 32.09s	88.25%	1999		W75	LAVINIA PETRIE	VIC	7m 04.84s	80.00%	2023
M80	DAVID CARR	WA	6m 31.59s	79.81%	2014	*	W80	KERRY BLAY	NSW	8m 57.66s	67.75%	2024
M85	DAVID CARR	WA	7m 00.37s	81.48%	2019							
M90	ALEX PITTENDRICH	QLD	11m 04.39s	58.56%	1998							
	5000 METRES							5000 METRES				
M30	TOM BEARD	TAS	14m 53.03s	84.81%	2024		W30	BILLINDA SCHIPP	NSW	17m 03.13s	83.19%	2008
M35	GARY HAND	ACT	14m 36.8s	86.38%	1985		W35	MARCIA SHEER	SA	16m 42.74s	84.88%	1994
M40	SHANE GRUND	VIC	14m 35.96s	90.63%	2024		W40	GLENDA BANAGHAN	QLD	17m 05.51s	85.46%	2007
M45	DAVE POWER	NSW	15m 33.6s	86.65%	1975		W45	DOT BROWNE	VIC	17m 33.3s	86.40%	1986
M50	JIM LANGFORD	WA	16m 02.7s	87.64%	1996		W50	**BRONWEN CARDY	VIC	17m 44.75s	89.12%	2002
M55	SHAUN CREIGHTON	ACT	16m 06.25s	91.31%	2023		W55	**LOUISA ABRAM	QLD	18m 24.57s	89.97%	2018
M60	JOHN GILMOUR	WA	16m 38.3s	92.68%	1982	*	W60	KAREN BLAY	NSW	19m 26.41s	91.04%	2024
M65	JOHN GILMOUR	WA	17m 44.4s	91.42%	1986		W65	LAVINIA PETRIE	VIC	21m 09.72s	87.18%	2010
M70	IAN CAMERON	QLD	18m 30.81s	93.13%	2024		W70	**LAVINIA PETRIE	VIC	21m 34.08s	91.07%	2014
M75	**RANDALL HUGHES	VIC	20m 18.04s	89.34%	1999		W75	**LAVINIA PETRIE	VIC	23m 30.93s	89.56%	2019
M80	BILL BURRIDGE	NSW	24m 39.08s	78.35%	2006		W80	SUZANNE WESTBROOK	TAS	34m 14.89s	66.60%	2023
M85	IRWIN BARRETT-LENNARD	WA	28 50.90s	73.11%	2015		W95	***HEATHER LEE	NSW	44m 03.75s	57.58%	2023
	10,000 METRES							10,000 METRES				
M30	PAUL WILSON	VIC	31m 50.16s	82.59%	2002		W30	**BILLINDA SCHIPP	NSW	35m 07.4s	83.39%	2008

M35	**ERIC COYLE	TAS	29m 58.6s	90.94%	1985	W35	DESIREE LETHERBY	SA	35m 39s	82.16%	1983
M40	STEVE AUSTIN	VIC	30m 23.18s	89.87%	1992	W40	DOT BROWNE	VIC	35m 41s	85.03%	1983
M45	DAVE POWER	NSW	32m 10s	88.10%	1974	W45	BRONWEN CARDY	VIC	36m 06.26s	87.48%	2001
M50	DAVID SWEENEY	QLD	33m 03.74s	89.13%	2015	W50	THERESIA BAIRD	VIC	38m 00.32s	86.82%	1992
M55	BRUCE GRAHAM	ACT	34m 12.77s	89.76%	2018	W55	**BRONWEN CARDY	VIC	37m 50.93	91.42%	2007
M60	JOHN GILMOUR	WA	35m 10s	91.22%	1980	W60	LAVINIA PETRIE	VIC	42m 06.09s	86.55%	2004
M65	PETER SANDERY	SA	37m 40.41	89.18%	2007	W65	LAVINIA PETRIE	VIC	44m 07.82s	87.36%	2010
M70	**IAN CAMERON	QLD	38m 19.70s	92.61%	2024	W70	LAVINIA PETRIE	VIC	44m 43.27s	91.68%	2014
M75	**RANDALL HUGHES	VIC	43m 05.41s	86.28%	2000 *	W75	JANET UPCHER	TAS	58m 02.38s	78.03%	2024
M80	BILL BURRIDGE	NSW	50m 23.45s	78.46%	2006						
M85	KEN MATCHETT	VIC	60m 52.92s	71.15%	2007						
	HALF MARATHON						HALF MARATHON				
M30	ANDREW ALLISON	TAS	1h 15m 06s	77.25%	2010	W30	KAREN WATSON	TAS	1h 26m 01s	75.00%	2013
M35	PATRICK NISPEL	QLD	1h 12m 03s	81.09%	2017	W35	SHILOH WATTS	QLD	1h 25m 27s	75.50%	2017
M40	NEIL PEARSON	NSW	1h 13m 30s	81.85%	2015	W40	SANDRA PROSENICA	VIC	1h 20m 43s	81.84%	2010
M45	BRUCE GRAHAM	ACT	1h 13m 05s	84.97%	2010	W45	GLENDA BANAGHAN	QLD	1h 22m 34s	82.92%	2011
M50	BRUCE GRAHAM	ACT	1h 16m 54s	83.57%	2016	W50	DONNA DEW	VIC	1h 30m 44s	78.59%	2012
M55	BRUCE GRAHAM	ACT	1h 16m 29s	87.18%	2019	W55	LOUISA ABRAM	QLD	1h 26m 35ss	86.20%	2017
M60	RON PETERS	QLD	1h 18m 53s	87.98%	2016	W60	JANET UPCHER	TAS	1h 39m 40s	78.84%	2010
M65	REX WAGNER	TAS	1h 28m 11s	82.16%	2016	W65	LAVINIA PETRIE	VIC	1h 38m 01s	84.90%	2010
M70	BARRY BROOKS	VIC	1h 32m 45s	81.84%	2012	W70	LAVINIA PETRIE	VIC	1h 37m 54s	90.66%	2014
M75	ALLAN WAREHAM	NSW	2h 07m 14s	62.88%	2015						
M80	BILL PAGE	VIC	2h 00m 04s	71.78%	2011						
M85	GORDON MCKEOWN	VIC	3h 06m 09s	51.37%	2010						
	MARATHON						MARATHON				
M30	STEVE EVANS	?	2h 27m 25s	82.52%	1995	W30	CAROL EY	ACT	2h 50m 29s	78.64%	1992
M35	GARRY HAND	ACT	2h 23m 38s	84.69%	1985	W35	SUSAN HOBSON	ACT	2h 32m 57s	88.41%	1994
M40	**GARRY HAND	ACT	2h 19m 00s	89.04%	1987	W40	JOANNE COWAN	NSW	2h 44m 16s	85.04%	1997
M45	BILL RAIMOND	NSW	2h 29m 07s	86.11%	1982	W45	**BEV LUCAS	SA	2h 43m 45s	88.54%	1995
M50	TONY LARKUM	NSW	2h 36m 30s	85.33%	1991	W50	BEV LUCAS	SA	2h 49m 42s	89.11%	1997
M55	JOHN GILMOUR	WA	2h 40m 56s	86.55%	1978	W55	JANET UPCHER	TAS	3h 18m 09s	80.01%	2002
M60	JOHN SHAW	QLD	2h 45m 19s	88.14%	2016	W60	MARIE O'DONOVAN	NSW	3h 20m 28s	83.40%	1993
M65	COLIN MCLEOD	QLD	2h 54m 41s	87.53%	2003	W65	**LAVINIA PETRIE	VIC	3h 28m 24s	87.35%	2010
M70	COLIN MCLEOD	QLD	3h 04m 07s	87.47%	2006	W70	LESLEY LE VALLIANT	QLD	4h 34m 59s	68.95%	2013
M75	RANDALL HUGHES	VIC	3h 40m 47s	77.13%	1999	W75	NORMA WALLETT	NSW	5h 29m 40s	61.96%	2006
M80	KEN MATCHETT	VIC	5h 17m 41s	57.66%	2003						
M85	KEN MATCHETT	VIC	5h 25m 19s	62.45%	2007						
	3000 METRES STEEPLECHASE				36"		2000 METRES STEEPLECHASE				30"
M30	BRENDAN GRAY	QLD	10m 05.24s	78.25%	2004	W30	MARY FIEN	NSW	7m 24.74s	84.13%	2007
M35	JEFF BRODERICK	VIC	9m 13s	86.48%	1991	W35	MARY FIEN	NSW	7m 33.68s	86.03%	2009
M40	DOUG WORLING	QLD	9m 31.6s	87.07%	1975	W40	ELAINE COOPER	ACT	7m 17.61s	92.88%	2001
M45	DOUG WORLING	QLD	9m 50.66s	87.89%	1981	W45	SHARON PEDERSEN	VIC	7m 51.79s	89.57%	2017
M50	ALAN BRADFORD	QLD	10m 15.1s	88.22%	1991 *	W50	SHARON PEDERSEN	VIC	7m 59.82s	89.16%	2024
M55	ALAN BRADFORD	QLD	10m 29.16s	90.37%	1994	W55	**ANTOINETTE SHAW	WA	8m 23.96s	90.25%	2003
	3,000 STEEPLECHASE (0.838m/33" from 2023)				33"	W60	MARGARET SAUNDERS	WA	9m 26.96s	87.31%	2016
M30	**CHRISTOPHER DAVIS	QLD	10m 29.59s	na	2024	W65	MARLENE GOURLAY	VIC	9m 51.48s	90.45%	2019
M35	not claimed					W70	GILLIAN YOUNG	WA	10m 10.46s	95.01%	2018
M40	**ALEXANDER RUDA	VIC	10m 03.00s	na	2024	W75	GILLIAN YOUNG	WA	11m 01.5s	97.50%	2023
M45	**JUSTIN RULE	QLD	11m 23.3s	na	2023	W80	**LYNNE SCHICKERT	WA	17m 56.31s	67.36%	2022
M50	**DANIEL SMEE	TAS	10m 59.09s	na	2024						
M55	**PETER LINK	QLD	11m 43.01s	na	2024						

	2000 METRES STEEPLECHASE				30"								
M60	ALAN BRADFORD	QLD	7m 05.51s	87.62%	1999								
M65	ALAN BRADFORD	QLD	7m 28.46s	87.61%	2004								
M70	ALAN BRADFORD	QLD	8m 20.95s	82.92%	2009								
M75	**ALLAN MAYFIELD	SA	8m 39.00s	85.78%	2024								
M80	DAVID CARR	WA	9m 52.23s	80.30%	2014								
M85	DAVID CARR	WA	11m 10.86s	79.85%	2018								
	110 METRES HURDLES .991m/3'							100 METRES HURDLES	.840m/2'9"				
M30	GREG EYEARS	NSW	14.76s	86.72%	2014	W30	EILEEN HINDLE	WA	14.67s	83.16%			1983
M35	RYAN DOWLING	NSW	15.09s	85.19%	2018	W35	EILEEN HINDLE	WA	14.7s	82.22%			1984
M40	CONRAD BURGE	ACT	15.5s	84.35%	1991		80 METRES HURDLES	.762m/2'6"					
M45	BRAD KRAWCZYK	VIC	15.63s	88.06%	2022	W40	EILEEN HINDLE	WA	11.8s	89.14%			1989
	100 METRES HURDLES .914m/3'					W45	LENORE LAMBERT	NSW	12.57s	88.47%			2016
M50	**MATHEW WOODHOUSE	NSW	14.60s	90.74%	2024	W50	**SALLY STAGLES	NSW	12.86s	89.52%			2011
M55	**HARRY GILES	QLD	15.42s	89.11%	1994	W55	**SALLY STAGLES	NSW	12.94s	93.29%			2018
	100 METRES HURDLES .840m/2'9"						80 METRES HURDLES	.686m/2'3" from 2000					
M60	HARRY GILES	QLD	16.68s	80.35%	2005	* W60	SALLY STAGLES	NSW	13.67s	93.72%			2024
M65	MICK STEVENSON	TAS	16.95s	83.52%	2007	W65	MARGARET TAYLOR	ACT	17.10s	76.26%			2015
	80 METRES HURDLES .762m/2'6"					W70	MARGARET TAYLOR	ACT	19.06s	72.23%			2019
M70	MICK STEVENSON	TAS	14.13s	83.30%	2011	W75	FRAN HARRIS	ACT	21.67s	68.25%			2017
M75	FRED O'CONNOR	NSW	15.78s	79.78%	1999								
M80	MIKE HALL	VIC	18.25s	74.52%	2019								
M85	STAN STANKOVIC	VIC	34.62s	43.63%	2008								
	400 METRES HURDLES .914m/3'						400 METRES HURDLES	.762m/2'6"					
M30	STEPHEN RAE	TAS	55.72s	83.96%	2011	W30	**GLENDA DOUGLASS	NSW	61.6s	84.55%			1996
M35	LEIGH BENNETT	ACT	53.84s	87.63%	2023	W35	JANETTE VAN DEN BULK	VIC	64.71s	81.47%			2016
M40	HARRYGILES	QLD	56.73s	86.16%	1988	W40	STACEY QUITZAU	NSW	64.97s	84.17%			2001
M45	HARRYGILES	QLD	58.8s	86.00%	1990	W45	**LENORE LAMBERT	NSW	63.63s	89.27%			2017
	400 METRES HURDLES .840m/2'9"					W50	JACKIE BEZUIDENHOUT	NSW	50.34s	87.85%			2018
M50	**MATHEW WOODHOUSE	NSW	58.85s	92.78%	2024	W55	MICHELE HOSSACK	VIC	51.00s	90.35%			2016
M55	RICHARD TREMBATH	VIC	62.60s	88.39%	1999		300 METRES HURDLES	.686m/2'3" from 2000					
	300 METRES HURDLES .762m/2'6"					W60	MARGE ALLISON	NSW	54.87s	87.66%			2005
M60	RICHARD TREMBATH	VIC	45.24s	85.42%	2003	* W65	ROBYN SUTTOR	NSW	65.55s	77.69%			2024
M65	JOHN LAMB	NSW	49.05s	83.01%	2015		200 METRES HURDLES	.686m/2'3"					
	300 METRES HURDLES .686m/2'3" from 2000					W70	FRAN HARRIS	WA	50.94s	66.88%			2015
M70	JOHN LAMB	NSW	50.79s	84.84%	2022								
M75	MICK STEVENSON	TAS	58.46s	78.41%	2016								
	200 METRES HURDLES .686m/2'3"												
M80	PIO BUNIN	QLD	42.70s	76.88%	2022								
M85	**OSMO MILLRIDGE	NSW	52.22s	70.04%	2017								
	1500m TRACK WALK						1500m TRACK WALK						
M30	**KIM MOTTROM	SA	6m 04.50s	85.05%	2017	W30	MELISSA LEWIS	WA	7m 32.41s	74.49%			2018
M35	DANIEL WALTERS	VIC	6m 12.2s	84.82%	2019	W35	KYLIE IRSHAD	VIC	6m 54.84s	82.01%			2010
M40	DEAN NIPPERESS	QLD	6m 06.67s	89.10%	2014	W40	TRACY FEINER	VIC	7m 04.38s	82.50%			2019
M45	JAMES CHRISTMASS	VIC	6m 27.58s	87.74%	2014	W45	ANN STAUNTON-JUGOVIC	ACT	7m 26.45s	81.60%			2011
M50	ANDREW DUNCAN	WA	6m 38.57s	88.95%	2018	W50	PAM TINDAL	VIC	7m 04.54s	89.44%			2010
M55	IGNACIO JIMENEZ	QLD	6m 44.28s	91.59%	2011	W55	PAM TINDAL	VIC	7m 17.68s	90.58%			2015
M60	COLIN HEYWOOD	NT	7m 08.43s	90.61%	2015	W60	HEATHER CARR	VIC	7m 21.20s	94.23%			2010
M65	ANDREW JAMIESON	VIC	7m 15.85s	93.81%	2015	W65	HEATHER CARR	VIC	7m 58.85s	91.61%			2015
M70	**RALPH BENNETT	VIC	8m 00.40s	90.16%	2012	W70	HEATHER CARR	VIC	9m 04.57s	85.64%			2022
M75	ANDREW JAMIESON	VIC	8m 08.77s	94.46%	2022	W75	GWEN STEED	VIC	10m 17.90s	80.93%			2019

M80	**JIM SEYMON	NSW	9m 38.26s	76.85%	2018	W80	CHRISTIANE DAUPHINET	QLD	11m 32.7s	78.19%	2011
M85	OSMO MILLRIDGE	NSW	11m 14.58s	79.59%	2017	W85	HEATHER LEE	NSW	11m 36.90s	85.24%	2012
M90	PETER KENNEDY	WA	16m 11.60s	60.50%		W95	**HEATHER LEE	NSW	12m 45.95s	86.37%	2023
	5km TRACK WALK						5km TRACK WALK				
M 30	IGNACIO JIMENEZ	QLD	22m 55.1s	78.94%	1995	W30	MIRIAM HARDING	ACT	25m 46.9s	77.74%	1988
M 35	DAVID SMITH	QLD	20m 43.8s	87.31%	1995	W35	KELLY RUDDICK	VIC	22m 39.87s	88.80%	2012
M 40	DAVID SMITH	QLD	21m 26.18s	86.87%	1998	W40	LYN VENTRIS	WA	23m 55.5s	86.56%	2001
M 45	JOHN SMITH	NSW	22m 32s	85.34%	1984	W45	LYN VENTRIS	WA	23m 51.03s	89.71%	2006
M 50	ANDREW JAMIESON	VIC	23m 15.65s	85.68%	1999	W50	***LYN VENTRIS	WA	23m 37.78s	93.96%	2007
M 55	BOB GARDINER	VIC	23m 40.1s	87.61%	1991	W55	HEATHER CARR	VIC	26m 01.40s	88.89%	2007
M 60	ANDREW JAMIESON	VIC	23m 40.81s	91.49%	2009	W60	***LYN VENTRIS	WA	25m 41.58s	94.26%	2018
M 65	ANDREW JAMIESON	VIC	24m 54.01s	91.32%	2015	W65	BRENDA RILEY	VIC	27m 51.04s	91.53%	2006
M 70	TOM DAINTRY	VIC	27m 01.8s	88.73%	1982	W70	**JEAN ALBURY	TAS	29m 42.75s	90.83%	2000
M 75	TOM DAINTRY	VIC	28m 43.86s	88.55%	1987	W75	GWEN STEED	VIC	35m 30.88s	80.97%	2019
M 80	TOM DAINTRY	VIC	30m 42.80s	88.43%	1992	W80	NANCE JEFFREYS	VIC	39m 04s	79.02%	1990
M 85	**GUS THEOBALD	VIC	33m 14.2s	87.86%	1982	W80	CHRISTIANE DAUPHINET	QLD	39m 04.68s	85.51%	2011
M 90	**GUS THEOBALD	VIC	35m 10s	90.03%	1987	W85	HEATHER LEE	NSW	40m 36.43s	90.01%	2013
						W90	***HEATHER LEE	NSW	41m 04.87s	90.70%	2018
	10km ROAD WALK						10 KM ROAD WALK				
M30	KIM MOTTROM	SA	47m 42s	77.95%	2017	W30	LORRAINE JACHNO	ACT	47m 39s	87.37%	1991
M35	AARON MCDONOUGH	VIC	51m 07s	73.57%	2012	W35	KELLY RUDDICK	VIC	47m 57s	86.83%	2012
M40	MARK BLACKWOOD	VIC	47m 21s	81.68%	2019	W40	LYN VENTRIS	WA	47m 25s	89.28%	2001
M45	IGNACIO JIMENEZ	QLD	49m 27s	80.68%	2011	W45	LYN VENTRIS	WA	48m 34s	90.31%	2006
M50	ANDREW DUNCAN	WA	49m 25s	83.53%	2019	W50	**LYN VENTRIS	WA	48m 27s	94.17%	2007
M55	IGNACIO JIMENEZ	QLD	49m 23s	86.78%	2022	W55	HEATHER CARR	VIC	54m 33m	87.38%	2007
M60	ANDREW JAMIESON	VIC	50m 02s	89.23%	2011	W60	HEATHER CARR	VIC	54m 12s	92.31%	2010
M65	ANDREW JAMIESON	VIC	53m 44s	86.90%	2014	W65	BRENDA RILEY	VIC	56m 53s	92.80%	2006
M70	RALPH BENNETT	VIC	56m 29s	86.82%	2012	W70	**JEAN ALBURY	TAS	62m 31s	89.59%	2000
M75	**BOB GARDINER	VIC	59m 55s	86.36%	2012	W75	LORNA THOMPSON	QLD	74m 53s	79.87%	2005
M80	JIM SEYMON	NSW	1h 10m 07s	78.29%	2018		CHRISTIANE DAUPHINET	QLD	74m 53s	79.87%	2007
M85	RICHARD KEATINGE	QLD	1h 20m 12s	73.22%	2009	W80	NANCE JEFFREYS	VIC	77m 35s	82.93%	1990
						W85	**HEATHER LEE	NSW	80m 54s	86.29%	2013
						W90	HEATHER LEE	NSW	85m 28s	89.51%	2018
	20km ROAD WALK						20km ROAD WALK				
M30	RICHARD EVERSON	SA	1h 42m 44s	74.56%	1998	W30	unclaimed				
M35	KIM MOTTROM	SA	1h 34m 42s	80.89%	2023	W35	SARAH BRENNAN	VIC	1h 49m 22s	77.38%	2013
M40	GEORGE WHITE	VIC	1h 37m 53s	79.70%	1990	W40	KELLY RUDDICK	VIC	1h 36m 45s	89.96%	2015
M45	JOHN SMITH	NSW	1h 37m 16s	82.75%	1984	W45	DONNA ELMS	VIC	2h 21m 04s	63.81%	2010
M50	ANDREW JAMIESON	VIC	1h 38m 58s	84.30%	1997	W50	LYNETTE VENTRIS	WA	1h 39m 51s	93.70%	2011
M55	ANDREW JAMIESON	VIC	1h 39m 44s	87.10%	2006	W55	BARBARA BRYANT	VIC	2h 00m 23s	81.22%	2011
M60	ANDREW JAMIESON	VIC	1h 38m 18s	92.49%	2007	W60	HEATHER CARR	VIC	1h 56m 18s	88.38%	2011
M65	RUSSELL DICKENSON	VIC	1h 55m 33s	82.81%	2011	W65	HEATHER CARR	VIC	2h 07m 10s	85.51%	2015
M70	RALPH BENNETT	VIC	1h 57m 35s	86.18%	2012	W70	MARLAINE STANWAY	VIC	2h 33m 11s	75.66%	2010
M75	TOM DAINTRY	VIC	2h 06m 40s	85.29%	1987	W75	MARGARET BEAUMONT	VIC	3h 01m 23s	68.72%	2015
M80	RODGER BARBER	SA	2h 42m 49s	71.30%	2018	W80	MARGARET BEAUMONT	VIC	3h 17m 34s	68.56%	2018
M85	GUS THEOBALD	VIC	2h 28m 24s	84.83%	1983						
M90	**GUS THEOBALD	VIC	2h 34m 01s	89.56%	1987						
	HIGH JUMP						HIGH JUMP				
M30	GOGI RAI	VIC	1.91m	77.96%	2022	W30	**ASHLEIGH REID	QLD	1.71m	81.82%	2022
M35	CLAYTON TOMPKINS	NSW	1.85m	76.57%	1988	W35	LYNETTE SMITH	NSW	1.59m	77.80%	2010
M40	GRAEME MORRISH	VIC	1.95m	84.38%	1982	W40	DEANN MAYFIELD	QLD	1.70m	87.07%	2005
M45	PAUL SCHOFIELD	VIC	1.81m	82.04%	2019	W45	LENORE LAMBERT	NSW	1.52m	81.59%	2016

M50	JOHN HUNT	ACT	1.74m	82.77%	1992	W50	MARIE KAY	QLD	1.45m	81.66%	2010
M55	JOHN HUNT	ACT	1.68m	84.03%	1997	* W55	KAREN CARAH	VIC	1.45m	86.24%	2024
	CLAYTON TOMPKINS	NSW	1.68m	84.03%	2008	W60	DEANN MAYFIELD	QLD	1.36m	84.70%	2022
M60	**CLAYTON TOMPKINS	NSW	1.61m	84.88%	2013	W65	MARGARET TAYLOR	ACT	1.22m	80.11%	2015
M65	JOHN SEARLE	NSW	1.46m	81.33%	2014	W70	GWEN DAVIDSON	VIC	1.16m	80.46%	1993
M70	ALAN ROLFE	QLD	1.41m	83.24%	1999		MARGARET TAYLOR	ACT	1.16m	80.46%	2018
M75	**GORDON GOURLAY	VIC	1.33m	83.46%	2005	* W75	MARGARET TAYLOR	ACT	1.11m	80.95%	2024
M80	VIC YOUNGER	QLD	1.17m	78.34%	1994	W80	**LYNNE SCHICKERT	WA	1.00m	78.27%	2022
	TOM HANCOCK	VIC	1.17m	78.34%	2017						
M85	TOM HANCOCK	VIC	1.08m	77.48%	2022						
M90	**VIC YOUNGER	VIC	0.95m	73.36%	2004						
	LONG JUMP						LONG JUMP				
M30	TERRY BALDWIN	VIC	6.46m	72.18%	1994	W30	**JITKA HISCOX	NSW	5.74m	77.36%	1982
M35	CLAYTON TOMPKINS	NSW	6.73m	78.62%	1986	W35	MELISSA FOSTER	WA	5.78m	81.02%	2018
M40	ROBERT LEHMANN	VIC	6.66m	82.15%	2012	W40	MELISSA FOSTER	WA	5.69m	84.19%	2022
M45	P. VALLANCE	NSW	6.26m	81.63%	1991	* W45	MELISSA FOSTER	WA	5.49m	85.36%	2024
M50	GRAHAM TAYLOR	ACT	5.76m	79.51%	1997	W50	**MARIE KAY	QLD	5.41m	89.60%	2010
M55	LUKE DE BIASI	Vic	5.79m	84.75%	2019	W55	MARGARET TAYLOR	ACT	4.57m	80.30%	2003
M60	DON FRASER	ACT	5.27m	81.94%	1999	*	JENNIFER PARKER	WA	4.57m	79.96%	2024
M65	ROBERT MAYSTON	VIC	5.17m	85.56%	2022	W60	MARGARET TAYLOR	ACT	4.36m	81.44%	2011
M70	DAVID CLIVE	WA	4.57m	80.68%	2009	W65	MARGARET TAYLOR	ACT	3.96m	78.82%	2015
M75	**DAVID CLIVE	WA	4.42m	83.53%	2012	W70	MARGARET TAYLOR	ACT	3.66m	77.84%	2018
M80	**GRAEME NODEN	VIC	3.99m	82.14%	2018	W75	MIRIAM CUDMORE	SA	3.38m	77.09%	2013
M85	**DON FRASER	ACT	3.19m	73.69%	2024	W80	**MIRIAM CUDMORE	SA	3.04m	75.68%	2018
M90	ALEX PITTENDRICH	QLD	2.14m	57.32%	1998	W85	**MIRIAM CUDMORE	SA	2.70m	77.66%	2024
	TRIPLE JUMP						TRIPLE JUMP				
M30	GOGI RAI	VIC	13.39m	73.21%	2022	W30	MAREE BUGEJA	QLD	11.68m	75.35%	2006
M35	CLAYTON TOMPKINS	NSW	14.19m	77.66%	1988	W35	MELISSA FOSTER	WA	11.95m	77.10%	2015
M40	DEREK BOOSEY	QLD	14.01m	80.55%	1987	W40	MELISSA FOSTER	WA	11.56m	78.62%	2022
M45	NICK HODGSON	VIC	12.98m	78.67%	2013	* W45	MELISSA FOSTER	WA	11.69m	86.03%	2024
M50	NICK HODGSON	VIC	12.70m	81.44%	2016	W50	MARGARET TAYLOR	ACT	10.45m	80.42%	2000
M55	KEN McCONNELL	TAS	12.19m	83.06%	1980	W55	**MARGARET TAYLOR	ACT	10.20m	83.75%	2003
	CLAYTON TOMPKINS	NSW	12.19m	83.06%	2010	W60	MARGARET TAYLOR	ACT	9.05m	79.45%	2012
M60	CLAYTON TOMPKINS	NSW	11.75m	85.47%	2013	W65	**MARGARET TAYLOR	ACT	8.72m	82.07%	2015
M65	KEN McCONNELL	TAS	10.58m	82.60%	1990	W70	MARGARET TAYLOR	ACT	7.82m	79.14%	2019
M70	**FRED O'CONNOR	NSW	9.85m	83.05%	1994	W75	**MIRIAM CUDMORE	SA	7.49m	81.79%	2013
M75	FRED O'CONNOR	NSW	8.92m	81.82%	2000	W80	MIRIAM CUDMORE	SA	6.75m	80.72%	2018
M80	**FRED O'CONNOR	NSW	8.23m	82.82%	2004	W85	**MIRIAM CUDMORE	SA	6.27m	84.33%	2023
M85	LEO COFFEY	VIC	6.23m	69.49%	2016						
M90	ALEX PITTENDRICH	QLD	5.50m	68.87%	1998						
	POLE VAULT						POLE VAULT				
M30	WARREN EVANS	QLD	3.65m	59.06%	2005	W30	MONTSE ROS	NSW	3.00m	59.29%	2009
M35	GEOFF GIBBONS	TAS	4.10m	67.03%	2014	W35	IRIE HILL	VIC	3.85m	76.13%	2006
M40	FLORIAN MORILHAT	ACT	4.21m	73.78%	2024	W40	IRIE HILL	VIC	3.50m	73.46%	2010
M45	CAMERON BAKER	VIC	3.82m	69.40%	2023	W45	DAWN HARTIGAN	VIC	3.35m	74.75%	2006
M50	BRUCE ARNOLD	QLD	3.65m	70.35%	2005	W50	DAWN HARTIGAN	VIC	3.20m	76.04%	2010
M55	CHRIS BOYLEN	VIC	3.30m	67.82%	2019	W55	DAWN HARTIGAN	VIC	3.20m	81.14%	2012
M60	KEN PRIESTLEY	VIC	3.20m	70.52%	1999	W60	DAWN HARTIGAN	VIC	2.70m	73.22%	2019
M65	ROB BARCLAY	VIC	3.10m	73.73%	2004	W65	WILMA PERKINS	QLD	2.10m	61.06%	2015
	GEORGE SCHILLINGER	VIC	3.10m	73.73%	2015	W70	WILMA PERKINS	QLD	1.80m	56.28%	2023
M70	ALBERT GAY	NSW	3.00m	77.59%	2015						
M75	GEORGE SCHILLINGER	VIC	2.71m	76.91%	2023						

M 80	FRED O'CONNOR	NSW	1.90m	59.81%	2004							
	ALBERT GAY	NSW	1.90m	59.81%	2023							
M 85	VIC YOUNGER	QLD	1.50m	53.08%	1999							
	DISCUS THROW						DISCUS THROW					
M30	SHANE CARSTAIRS	VIC	45.46m	63.26%	2019	W30	CHRIS SCHULTZ	VIC	48.12m	67.39%		1984
M35	STUART GYNGELL	NSW	48.71m	67.78%	2003	W35	CHRIS SCHULTZ	VIC	47.36m	66.32%		1986
M40	DARRON HAWORTH	QLD	50.65m	71.20%	2011	W40	CHRIS SCHULTZ	VIC	44.42m	67.26%		1991
M45	STUART GYNGELL	NSW	45.95m	68.97%	2009	W45	CHRIS SCHULTZ	VIC	43.00m	70.71%		1996
M50	STUART GYNGELL	NSW	50.78m	70.80%	2014	W50	ISABELLE DENEFFE	VIC	37.60m	67.42%		1986
M55	WARWICK SELVEY	QLD	44.38m	66.71%	1996	W55	CHRIS SCHULTZ	VIC	32.35m	63.56%		2006
M60	RAY GREEN	ACT	49.66m	66.11%	2005	W60	HEATHER DOHERTY	QLD	31.78m	68.85%		1994
M65	WARWICK SELVEY	QLD	45.76m	66.56%	2005	W65	**HEATHER DOHERTY	QLD	30.74m	74.00%		1999
M70	JO PETERS	WA	42.10m	68.82%	2024	W70	HEATHER DOHERTY	QLD	25.30m	68.33%		2005
M75	ROY FOLEY	VIC	35.50m	63.37%	1992	W75	HEATHER DOHERTY	QLD	24.46m	64.97%		2012
M80	TOM HANCOCK	VIC	31.10m	62.86%	2017	W80	HEATHER DOHERTY	QLD	19.33m	59.26%		2015
M85	**FELIKS JEKABSONS	QLD	25.28m	59.23%	2008	W85	RUTH FRITH	NSW	13.34m(1kg)	51.91%		1998
M90	MAURICE DAUPHINET	QLD	19.33m	54.23%	2016	W90	**RUTH FRITH	NSW	12.10m(1kg)	62.10%		2000
						W95	RUTH FRITH	QLD	10.29m	57.37%		2005
						W100	RUTH FRITH	QLD	8.14m	61.95%		2010
	SHOT PUT						SHOT PUT					
M30	SHANE CARSTAIRS	VIC	16.01m	69.88%	2019	W30	CHRIS SCHULTZ	VIC	14.98m	70.53%		1984
M35	STUART GYNGELL	NSW	17.78m	79.46%	2003	W35	CHRIS SCHULTZ	VIC	14.67m	71.72%		1988
M40	STUART GYNGELL	NSW	17.68m	84.06%	2008	W40	CHRIS SCHULTZ	VIC	13.22m	69.58%		1991
M45	STUART GYNGELL	NSW	17.69m	89.77%	2010	W45	CHRIS SCHULTZ	VIC	13.16m	74.81%		1996
M50	STUART GYNGELL	NSW	17.97m	88.81%	2014	W50	CHRIS SCHULTZ	VIC	12.96m	69.18%		1992
M55	GRAEME ROSE	VIC	13.08m	69.54%	2000	W55	HELEN SEARLE	NSW	12.00m	69.79%		1999
M60	GEORGE MENCIK	ACT	13.69m	71.83%	1994	W60	HELEN SEARLE	NSW	12.05m	76.80%		2000
M65	GEOFF GEE	NSW	12.87m	73.42%	2019	W65	HELEN SEARLE	QLD	11.41m	80.25%		2005
M70	LEO CHRISTOPHER	NSW	13.44m	75.08%	2013	W70	HELEN SEARLE	QLD	9.67m	75.70%		2010
M75	**JIM PERIDIS	VIC	11.64m	71.77%	2001	W75	HELEN SEARLE	QLD	9.48m	68.18%		2015
M80	TOM HANCOCK	VIC	11.53m	68.64%	2017	W80	JEANETTE WILLIAMSON	ACT	7.70m	63.17%		2023
M85	FELIX JEKABSONS	QLD	9.10m	61.16%	2008 *	W85	**MIRIAM CUDMORE	SA	6.66m	65.58%		2024
	TOM HANCOCK	VIC	9.10m	61.16%	2022	W90	**RUTH FRITH	NSW	5.37m(3kg)	60.84%		2001
M90	MAURICE DAUPHINET	QLD	5.70m	43.93%	2017	W95	RUTH FRITH	QLD	5.04m	70.28%		2006
						W100	RUTH FRITH	QLD	4.37m	79.00%		2010
	HAMMER THROW						HAMMER THROW					
M30	DAVID ALLAN	QLD	57.10m	67.29%	2005	W30	KARYNE DI MARCO	NSW	59.27m	71.43%		2008
M35	RICARD MEIRING	NSW	60.34m	71.11%	2014	W35	BYRONY GLASS	WA	54.67m	70.69%		2013
M40	HANS LOTZ	VIC	57.26m	70.58%	1990	W40	**BYRONY GLASS	WA	51.75m	73.54%		2018
M45	HANS LOTZ	VIC	56.14m	73.66%	1997	W45	SHARON GIBBONS	ACT	43.10m	67.44%		2004
M50	BOB WAGNER	VIC	51.93m	66.35%	2007	W50	**MARJA PARVIAINEN	NSW	51.73m	77.41%		1998
M55	PETER BAXEVANIS	VIC	51.31m	72.42%	2024	W55	MARJA PARVIAINEN	NSW	50.56m	83.89%		2000
M60	PHIL SPIVEY	VIC	53.77m	73.58%	2023	W60	HELEN SEARLE	QLD	42.85m	79.24%		2002
M65	WIM VAN WEENEN	VIC	48.32m	72.60%	1997	W65	HELEN SEARLE	QLD	41.41m	85.93%		2006
M70	WIM VAN WEENEN	VIC	46.99m	70.14%	2004	W70	JAN BANENS	ACT	32.74m	76.90%		2013
M75	ROY FOLEY	VIC	43.10m	72.47%	1992	W75	JAN BANENS	ACT	31.39m	64.31%		2018
M80	**WIM VAN WEENEN	VIC	41.98m	70.10%	2012	W80	JEANETTE WILLIAMSON	ACT	29.12m	69.35%		2023
M85	JAMES DAVIS	WA	28.82m	56.51%	2019	W85	HEATHER DOHERTY	QLD	14.93m	42.19%		2022
M90	MAX MCKAY	NSW	16.40m	39.02%	2014	W90	**RUTH FRITH	NSW	13.13m(3kg)	45.51%		2000
						W95	RUTH FRITH	QLD	12.93m	56.89%		2005
						W100	RUTH FRITH	QLD	10.87m	65.43%		2011
	JAVELIN THROW						JAVELIN THROW					

M30	ANDREW CURREY	NSW	77.65m	78.85%	2001	W30	LYNETTE SMITH	NSW	38.88m	53.79%	2005
M35	JOHN KAY	NSW	56.62m	60.01%	1999	W35	JAYNE HARDY	ACT	41.28m	58.69%	2000
M40	JOHN KAY	NSW	61.78m	70.37%	2001	W40	JAYNE HARDY	ACT	38.44m	60.09%	2003
M45	JOHN KAY	NSW	57.18m	70.31%	2006	W45	JAYNE HARDY	ACT	36.38m	62.69%	2008
M50	BOB BANENS	ACT	54.22m	67.68%	2001	W50	JAYNE HARDY	ACT	34.64m	60.26%	2013
M55	BOB BANENS	ACT	51.45m	70.14%	2004	W55	**MARY THOMAS	NSW	39.17m	75.67%	2001
M60	ANDREW FARR	VIC	45.93m	63.78%	2012 *	W60	LESLEY DUNCAN	QLD	29.43m	59.32%	2024
M65	ANDREW FARR	VIC	41.16m	63.46%	2016	W65	CAROL DAVIS	QLD	23.32	56.49%	2017
M70	**ERKKI SAARINEN	QLD	42.00m	66.39%	2006	W70	MARY THOMAS	NSW	22.97m	63.03%	2016
M75	ERKKI SAARINEN	QLD	34.83m	62.71%	2011	W75	**MIRIAM CUDMORE	SA	22.63m	63.57%	2014
M80	TOM HANCOCK	VIC	30.32m	56.66%	2017	W80	**MIRIAM CUDMORE	SA	20.75m	67.63%	2018
M85	TOM HANCOCK	VIC	21.84m	48.55%	2022	W85	**MIRIAM CUDMORE	SA	18.33m	70.60%	2023
M90	**MAURICE DAUPHINET	QLD	17.11m	46.89%	2016	W90	RUTH FRITH	NSW	9.64m	45.04%	2002
						W95	RUTH FRITH	QLD	7.70m	45.32%	2005
						W100	RUTH FRITH	QLD	5.90m	46.46%	2010
	WEIGHT THROW						WEIGHT THROW				
M30	DAVID ALLAN	QLD	16.32m	63.11%	2005	W30	KARYNE DI MARCO	NSW	18.57m	72.54%	2008
M35	**RICARD MEIRING	NSW	19.08m	74.91%	2014	W35	BYRONY GLASS	WA	17.74m	73.63%	2013
M40	RICARD MEIRING	NSW	16.93m	70.54%	2018	W40	**BYRONY GLASS	WA	16.12m	71.91%	2018
M45	BOB WAGNER	QLD	15.76m	69.85%	2005	W45	**GABI WATTS	NSW	13.88m	66.81%	2015
M50	BOB WAGNER	QLD	19.64m	75.86%	2007	W50	MARJA PARVIAINEN	NSW	16.42m	74.92%	1999
M55	**PHILIP SPIVEY	VIC	18.81m	77.75%	2019	W55	HELEN SEARLE	NSW	14.59m	72.59%	1999
M60	**PHILIP SPIVEY	VIC	21.56m	83.76%	2023	W60	HELEN SEARLE	NSW	17.52m	80.56%	2000
M65	**WIM VAN WEENEN	VIC	18.57m	77.80%	1997	W65	HELEN SEARLE	QLD	16.10m	81.95%	2006
M70	GAVIN MURRAY	NSW	18.04m	71.59%	2024	W70	HELEN SEARLE	QLD	11.95m	68.02%	2010
M75	RON SIMCOCK	NSW	14.81m	64.56%	2011	W75	JAN BANENS	ACT	13.26m	71.00%	2019
M80	WIM VAN WEENEN	VIC	15.48m	63.53%	2012	W80	JAN BANENS	ACT	10.85m	66.90%	2022
M85	**TOM HANCOCK	VIC	13.36m	62.81%	2022	W85	RUTH FRITH	NSW	6.07m	44.05%	1999
M90	JIM DAVIS	WA	7.44m	40.94%	2024	W90	**RUTH FRITH	NSW	6.19m	54.49%	2001
						W95	RUTH FRITH	QLD	6.00m	67.03%	2005
						W100	RUTH FRITH	QLD	4.72m	72.01%	2010
	THROWS PENTATHLON						THROWS PENTATHLON				
M30	SHANE CARSTAIRS	VIC	3190		2019	W30	**BYRONY GLASS	WA	3242		2009
M35	STUART GYNGELL	NSW	3615		2002	W35	BYRONY GLASS	WA	3101		2012
M40	**STUART GYNGELL	NSW	3839		2006	W40	**JAYNE HARDY	ACT	3484		2003
M45	**STUART GYNGELL	NSW	4007		2009	W45	CHRIS SCHULTZ	VIC	3800		1996
M50	STUART GYNGELL	NSW	3948		2015	W50	MARJA PARVIAINEN	NSW	3581		1998
M55	GRAEME ROSE	VIC	3929		2001	W55	GABRIELE WATTS	NSW	3683		2022
M60	**GRAEME ROSE	VIC	3993		2006 *	W60	ANN JEFFERIES	SA	3778		2024
M65	**GRAEME ROSE	VIC	4059		2009	W65	JILL TAYLOR	NSW	3071		2022
M70	COLIN MURRAYLEE	QLD	3675		1999	W70	MARY THOMAS	NSW	3791		2015
M75	TOM HANCOCK	VIC	3741		2012	W75	MARY THOMAS	NSW	3140		2022
M80	TOM HANCOCK	VIC	3682		2017	W80	**JEANETTE WILLIAMSON	ACT	3552		2023
M85	FELIKS JEKABSONS	QLD	3209		2008	W85	RUTH FRITH	NSW	2775		1998
						W90	RUTH FRITH	NSW	2931		2000
						W95	RUTH FRITH	QLD	3391		2006
						W100	RUTH FRITH	QLD	3717		2010
	HEAVY WEIGHT PENTATHLON						HEAVY WEIGHT PENTATHLON				
M30	TYSON ELISAIA	QLD	2862		2024 *	W30	NICOLE LUYTON	QLD	2691		2024
M35						* W35	CATHERINE MCCOWAN	QLD	2469		2024
M40						* W40	DASH NEWINGTON	QLD	2536		2024
M45	JAMIE MUSCAT	NSW	3799		2023 *	W45	SHARON THOMPSON	ACT	2287		2024

M50	DAVID ALLAN	QLD	3962		2024	*	W50	MARIA CIMINO	NSW	3674		2024
M55	RUSS DEVINE	VIC	4197		2023		W55	GABRIELE WATTS	NSW	3939		2023
M60	MARK CUMMING	QLD	4803		2023	*	W60	JAYNE HARDY	ACT	3325		2024
M65	GAVIN MURRAY	NSW	3904		2023	*	W65	JILL TAYLOR	NSW	3110		2024
M70	GAVIN MURRAY	NSW	4440		2024	*	W70	KERRIE JONES	NSW	2184		2024
M75	BRIAN DAVIES	QLD	2901		2023		W75					
M80	RAY GREEN	ACT	3125		2024	*	W80	LORRAINE BIRTWELL	QLD	3019		2023
M85	**TOM HANCOCK	VIC	3193		2023							
M90	**GORDON WOOLSTON	QLD	1398		2023							
	PENTATHLON w/DISCUS 2023 scoring							PENTATHLON w/SHOT from 2009				
M30	GOGI RAI	VIC	3043		2022		W30	**JITKA HISCOX	VIC	3238		2016
M35	PAUL JEFFERY	WA	3213		2012		W35	**LEONIE HOFFMAN	QLD	2792		2012
M40	GEOFF GIBBONS	TAS	3260		2017		W40	**LEE-ANNE GROSVENOR	QLD	3189		2015
M45	JOHN GORDON	NSW	3476		1993	*	W45	MELISSA FOSTER	WA	3343		2024
M50	KEN DANIELS	ACT	3110		1989		W50	**LEE-ANNE NELSON	QLD	3707		2023
M55	**GARY PARKINSON	QLD	3679		2024	*	W55	**KAREN CARAH	WA	3899		2024
M60	QUENTIN ANTHONY	ACT	3451		1992		W60	MARGARET TAYLOR	ACT	3146		2009
M65	MIKE JOHNSTON	VIC	3281		1991		W65	CAROL DAVIS	QLD	3407		2016
M70	MIKE JOHNSTON	VIC	3230		1993		W70	CAROL DAVIS	QLD	3488		2022
M75	FRED O'CONNOR	NSW	2613		2001		W75	**MIRIAM CUDMORE	SA	3168		2016
M80	FRED O'CONNOR	NSW	2641		2004		W80	ANNE LANG	SA	2425		2023
M85	MAURICE DAUPHINET	QLD	2094		2011	*	W85	JO KLEMKE	ACT	755		2024
M90	**MAURICE DAUPHINET	QLD	2074		2016							
	DECATHLON (2023 SCORING)							HEPTATHLON (2023 SCORING)				
M30	WARREN EVANS	QLD	6371		2003		W30	LEANNE MCMURDY	QLD	3192		2003
M35	GEOFF GIBBONS	TAS	6435		2015		W35	JENNIFER BALDWIN	VIC	3769		2002
M40	**GEOFF GIBBONS	TAS	6942		2017		W40	MELISSA FOSTER	WA	4260		2022
M45	JUSTIN HANRAHAN	VIC	7014		2015		W45	KAREN CARAH	VIC	4669		2016
M50	JUSTIN HANRAHAN	VIC	6899		2015		W50	KAREN CARAH	VIC	4533		2023
M55	ANTHONY HOWLETT	NSW	5176		2024		W55	VICKI TOWNSEND	ACT	4899		2022
M60	DAVE VARLEY	QLD	6014		2022	*	W60	VICKI TOWNSEND	ACT	4482		2024
M65	**DON FRASER	ACT	6334		2005		W65	CHRISTINE BRIDLE	VIC	4114		2023
M70	**GEOFF SHAW	VIC	6671		2019		W70					
M75	DON CHAMBERS	VIC	4055		2013		W75	**MARGE ALLISON	QLD	4553		2020
M80	RAD LEOVIC	ACT	2946		2009							
M85	ALLAN WOOD	VIC	2453		2023							
M90	**VIC YOUNGER	VIC	2687		2003							
	4 x 100m Relay Women											
120+	CHRISTINE WEARNE 35, RAMONA CASEY 39, REBEKAH POWER 44, SARAH DE VRIES 30								NSW	49.07s		2023
180+	NICKI DRINKWATER 48, MONIQUE PERRY 49, JOANNA DAVIS 47, REBEKAH POWER 45								NSW	50.78s		2024
240+	SYLVETTE WEARNE 58, CHRISTINE DE VRIES 60, LINDA MCDOWELL 65, JULIE FORSTER 61								NSW	57.15s		2023
	4 x 100m Relay Men											
120+	KENNETH VUONG 32, LACHLAN PARRY 31, SHAKTI RATHORE 30, BILLY SPILIADIS 38								NSW	43.23s		2023
180+	DAVID DIEP 45, MATHEW WOODHOUSE 49, DAVID TURNER 46, ERNIE LESEBERG 51								NSW	45.68s		2023
240+	TODD DEVERY 61, DARREN HUGHES 59, DAVID SHEARSBY 65, BRETT REID 58								NSW	49.73s		2022
	4 x 400m Relay Women											
120+	LESLEY WHITE 40, SARAH DE VRIES 30, REBEKAH POWER 44, ERIN SMART 44								NSW	4m 07.08s		2023
180+	JULIE BRIMS 58, RADIKA LUCAS 45, LEE-ANNE NELSON 52, NICOLETTE HARGRAVE 36								QLD	4m 11.34s		2024
240+	MARGE ALLISON 77, TAMARA PATERSON 55, JESSICA VEURMAN 55, KAREN LAKIN 55								QLD	5m 19.46s		2022
	4 x 400m Relay Men											
120+	JAY STONE 38, TREVOR YOUNG 60, ASHLEY MCMAHON 42, RYAN DOWLING 38								NSW	3m 31.27s		2018
180+	DANIEL MELLISH 44, CHRISTOPHER BRACK 57, GARY PARKINSON 55, GRAHAM SCULLY 49								QLD	3m 42.24s		2023

240+	ANDREW WATTS 62, ROB MAYSTON 61, JOHN COOPER 65, IVAN DODIN 58						VIC	4m 12.70s		2018	
CHAMPION OF CHAMPIONS SPRINTS MEN					CHAMPION OF CHAMPIONS SPRINTS WOMEN						
1987	FRED TURNER M45	NSW	12.57s		SYD	1987	WILMA PERKINS W35	QLD	13.07s		SYD
1988	HARRY GATHERCOLE M80	VIC	12.3s (110)		BRIS	1988	KAREN ADAMS W35	NSW	11.9s (110)		BRIS
1994	ROY FEARNALL M50	WA	11.26s		SYD	1994	MAVIS COLLINS W75	QLD	11.46s		SYD
1998	MICK PIRIE M65	QLD	?		BRIS	1998	NOREEN PARISH W55	NSW	?		BRIS
1999	REG AUSTIN M60	NSW	10.52s		CANB	1999	J. CASEY W50	NSW	12.14s		CANB
2000	JEFF KING M35	ACT	10.94s		HOB	2000	M. REID W45	ACT	11.13s		HOB
2001	REG AUSTIN M60	NSW	10.46s		SYD	2001	LYNNE CHOATE W45	WA	11.8sh		PERTH
2002	JOHN WIGHT M55	QLD	10.63s		ADEL	2001	WILMA PERKINS W50	QLD	11.8sh		SYD
2003	PETER CROMBIE M55	NSW	10.50s		PERTH	2002	ANN COOPER W70	SA	11.63s		ADEL
2004	DAVID CLIVE M67	WA	10.86s		MELB	2003	ANN COOPER W70	SA	11.64s		PERTH
2005	JOHN COOPER M65	QLD	10.20s		BRIS	2004	ANN COOPER W75	SA	11.81s		MELB
2006	JOHN COOPER M66	QLD	10.42s		CANB	2005	WENDY SHEAVES/DORAN	QLD	12.11s		BRIS
2007	HUGH COOGAN M70	QLD	10.40s		HOB	2006	ANN COOPER W77	SA	11.23m		CANB
2008	NEVILLE MCINTYRE M65	NSW	10.56s		SYD	2007	ANN COOPER W78	SA	11.03s		HOB
2009	NEVILLE MCINTYRE M66	NSW	10.54s		ADEL	2008	GIANNA MOGENTALE W44	NSW	11.68s		SYD
2010	ROB MCDONALD M66	QLD	10.33s		PERTH	2009	GIANNA MOGENTALE W45	NSW	11.80s		ADEL
2011	HUGH COOGAN M75	QLD	10.49s		BRIS	2010	GIANNA MOGENTALE W46	NSW	11.29s		PERTH
2012	HUGH COOGAN M76	QLD	10.21s		MELB	2011	GIANNA MOGENTALE W47	NSW	11.56s		BRIS
2013	ROB MCDONALD M70	QLD	10.46s		CANB	2012	GIANNA MOGENTALE W48	NSW	11.38s		MELB
2014	ROB MAYSTON M56	VIC	10.73s		HOB	2013	GIANNA MOGENTALE W49	NSW	11.21s		CANB
2015	DARREN HUGHES M50	NSW	10.44s		SYD	2014	GIANNA MOGENTALE W50	NSW	11.38s		HOB
2016	PETER CROMBIE M70	NSW	10.56s		ADEL	2015	LYN PEAKE W65	SA	11.25s		SYD
2016	ROB MAYSTON M59	VIC	10.56s		ADEL	2016	LYN PEAKE W66	SA	10.86s		ADEL
2017	BOB WISHART M75	VIC	10.41s		DARW	2017	JULIE BRIMS W51	QLD	11.09s		DARW
2018	ASHLEY MCMAHON M42	NSW	10.30s		PERTH	2018	JULIE BRIMS W52	QLD	11.34s		PERTH
2019	BOB WISHART M75	VIC	10.49s		MELB	2019	JULIE BRIMS W53	QLD	11.61s		MELB
2022	ROB MAYSTON M65	VIC	10.28s		BRIS	2022	JULIE BRIMS W56	QLD	11.18s		BRIS
2023	ROB MAYSTON M66	VIC	10.33s		SYD	2023	JULIE BRIMS W57	QLD	11.16s		SYD
2024	ROB MAYSTON M67	VIC	10.34s		HOB *	2024	MANDY MASON W56	WA	10.95s		HOB
CHAMPION OF CHAMPIONS THROWS MEN					CHAMPION OF CHAMPIONS THROWS WOMEN						
1999	P. O'BRIEN M30	ACT	73.06m (JAV)		ACT	1999	MARY THOMAS W50	NSW	55.65 (JAV)		CANB
2000	J. DAVIS M65	QLD	60.20m (DT)		HOB	2000	CHRIS SCHULTZ W45	VIC	50.02 (DT)		HOB
2001	KEN READWIN M60	VIC	61.36m (HT)		SYD	2001	M. PARVIAINEN W55	NSW	60.65m (HT)		NSW
2002	TED VICKERS M82	QLD	18.12m (SP)		ADEL	2002	MARY THOMAS W55	NSW	15.99m (SP)		ADEL
2003	BOB BANENS M50	ACT	20.37m (WT)		PERTH	2003	RAEMA MCMILLAN W75	WA	20.72m (WT)		PERTH
2004	BOB WATSON M62	NSW	59.95m (JAV)		MELB	2004	MARY THOMAS W59	NSW	50.80m (JAV)		MELB
2005	WARREN EVANS M33	QLD	51.80m (DT)		BRIS	2005	LYNETTE SMITH W30	NSW	48.21m (DT)		BRIS
2006	GRAEME ROSE M60	VIC	59.19m (HT)		CANB	2006	TATIANA SUDARIKOVA W30	NSW	51.34m (HT)		CANB
2007	STUART GYNGELL M40	NSW	20.77m (SP)		HOB	2007	LISA KIRSCH W55	TAS	20.82m (SP)		HOB
2008	GRAEME ROSE M60	VIC	18.21m (WT)		SYD	2008	RAYLEA RUDOV W64	ACT	13.33m (WT)		SYD
2009	ANDREW ATKINSON-HOWATT M50	NSW	59.73m (JAV)		ADEL	2009	MARY THOMAS W60	NSW	55.03m (JAV)		ADEL
2010	MARK HAMILTON M39	WA	51.06m (DT)		PERTH	2010	RAEMA MCMILLAM W82	WA	53.44m (DT)		PERTH
2011	PETER NEALE M43	VIC	47.64m (HT)		BRIS	2011	JILL TAYLOR W55	NSW	35.94m (HT)		BRIS
2012	KEITH JAMES M70	NSW	19.43m (SP)		MELB	2012	JOANNE PRONK W55	QLD	19.93m (SP)		MELB
2013	GRZEGORZ URBANOWICZ M34	WA	21.67m (WT)		CANB	2013	DORN JENKINS W57	VIC	20.72m (WT)		CANB
2014	DARRIN NORWOOD M34	QLD	(JAV)		HOB	2014	CATHY MCKEOWN W44	TAS	(JAV)		HOB
2015	JAMIE MUSCAT M35	NSW	57.82m (DT)		SYD	2015	MARY THOMAS W70	NSW	52.83m (DT)		SYD
2016	JAMES DAVIS M80	WA	63.19m (HT)		ADEL	2016	GABI WATTS W50	NSW	59.41m (HT)		ADEL
2017	DARRIN NORWOOD M35	QLD	21.32m (SP)		DARW	2017	WILMA PERKINS W67	QLD	20.22m (SP)		DARW
2018	TODD DAVEY M51	TAS	22.17m (WT)		PERTH	2018	DORN JENKINS W62	VIC	20.93m (WT)		PERTH

2019	GREG CARSTAIRS M30	VIC	58.58m (JAV)		MELB	2019	MARY THOMAS W74	NSW	39.13m (JAV)			MELB
2022	JUSTIN HOLZER M51	QLD	51.74m (DT)		BRIS	2022	JILL TAYLOR W66	NSW	46.13m (DT)			BRIS
2023	SHANE CARSTAIRS M34	VIC	54.91m (HT)		SYD	2023	MARIA CIMINO W51	NSW	46.63m (HT)			SYD
2024	JAMIE MUSCAT M45	NSW	15.47m (SP)		HOB *	2024	ANN JEFFERIES W50	SA	15.53m (SP)			HOB
ROYCE FOLEY TROPHY (Highest Points Winners in Weight Pentathlon - not to be won more than once in an age group)												
				<u>2023 Factors</u>							<u>2023 Factors</u>	
1996	GRAEME ROSE M50	VIC	4256	3824	PERTH	1996	CHRIS SCHULTZ W45	VIC	4464	3779		PERTH
1997	WIM VAN WEENEN M65	VIC	4516	3811	MELB	1997	HEATHER DOHERTY W60	QLD	4272	3587		MELB
1998	TOM HANCOCK M60	VIC	4233	3603	BRIS	1998	HELEN SEARLE W55	NSW	4337	3609		BRIS
1999	COLIN MURRAYLEE M70	QLD	4484(=)	3675	CANB	1999	HEATHER DOHERTY W65	QLD	4587	3815		CANB
1999	GRAEME ROSE M55	VIC	4484(=)	3920	CANB	2000	HELEN SEARLE W60	NSW	5022	4184		HOB
2000	RAY GREEN M55	ACT	4070	3567	HOB	2001	RUTH FRITH W90	NSW	4215	2851		SYD
2001	BOB BANEN M50	ACT	4094	3666	SYD	2002	MARY THOMAS W55	NSW	4118	no detail		ADEL
2002	WIM VAN WEENEN M70	VIC	4232	no detail	ADEL	2003	GWEN DAVIDSON W80	VIC	4257	no detail		PERTH
2003	TOM HANCOCK M65	VIC	4295	no detail	PERTH	2004	HEATHER DOHERTY W70	QLD	4571	3757		MELB
2004	FELIKSS JEKABSONS M80	QLD	3985	2759	MELB	2005	RUTH FRITH W95	QLD	7380	4530		BRIS
2005	COLIN MURRAYLEE M75	QLD	4272	3438	BRIS	2006	HELEN SEARLE W65	QLD	5145	no results		CANB
2006	GRAEME ROSE M60	VIC	4538	no results	CANB	2007	JAN BANENS W65	ACT	4363	3544		HOB
2007	KEITH JAMES M65	NSW	4027	3430	HOB	2008	JAYNE HARDY W45	ACT	4394	3484		SYD
2008	FELIKS JEKABSONS M85	QLD	4505	3209	SYD	2009	HEATHER DOHERTY W75	QLD	4986	3207		ADEL
2009	GRAEME ROSE M65	VIC	4766	4059	ADEL	2010	RUTH FRITH W100	QLD	11169	3717		PERTH
2010	RAY GREEN M65	ACT	4126	3504	PERTH	2011	HELEN SEARLE W70	QLD	4318	3810		BRIS
2011	STUART GYNGELL M45	NSW	4004	3819	BRIS	2012	JAN BANENS W70	ACT	3908	3416		MELB
2012	TOM HANCOCK M75	VIC	4132	3741	MELB	2013	JAYNE HARDY W50	ACT	4213	3620		CANB
2013	GUY QUARTERMAN M71	QLD	3644	3285	CANB	2014	BEVERLEY SAVAGE W68	NZ	3632	3175		LAUN
2014	STUART GYNGELL W50	NSW	3729	3618	LAUN	2015	MARY THOMAS W70	NSW	4333	3791		SYD
2015	RON SIMCOCK M75	NSW	3829	3461	SYD	2016	GABI WATTS W50	NSW	4235	3627		ADEL
2016	TOM GRAVESTOCK M61	WA	3552	3335	ADEL	2017	JAN BANENS W75	ACT	3803	3039		DARW
2017	TOM HANCOCK M80	VIC	4394	3682	DARW	2018	DORN JENKINS W60	VIC	4042	3453		PERTH
2018	JO PETERS M60	WA	3813	3578	PERTH	2019	JAYNE HARDY W56	ACT	4148	3611		MELB
2019	JO PETERS M65	WA	3977	3726	MELB	2022	GABI WATTS W55	NSW	4253	3683		BRIS
2022	OSSI IGEL M70	WA	3648	3362	BRIS	2023	JAYNE HARDY W60	ACT	3561	3561		SYD
2023	GAVIN MURRAY M67	NSW	3399	3399	SYD *	2024	ANN JEFFERIES W60	SA	3778	3778		HOB
2024	JO PETERS M70	WA	3916	3916	HOB							
	BRIAN FOLEY AWARD			<u>2023 Factors</u>			(Best Age-Graded 800m/1500m Performance)			<u>2023 Factors</u>		
2009	DAVID CARR M76	WA	95.99%	89.72%	ADEL	2016	DONALD MATHEWSON M70	NSW	91.84%	87.31%		ADEL
2010	LAVINIA PETRIE W66	VIC	95.73%	84.56%	PERTH	2017	JEANETTE FLYNN W65	QLD	95.62%	88.40%		DARW
2011	LAVINIA PETRIE W67	VIC	97.91%	85.95%	BRIS	2018	LAVINIA PETRIE W74	VIC	91.12%	86.75%		PERTH
2012	LORRAINE LOPES	WA	96.70%	82.11%	MELB	2019	DAVID CARR M86	WA	96.87%	82.82%		MELB
2013	LAVINIA PETRIE W69	VIC	99.45%	86.21%	CANB	2022	JOHN BERMINGHAM M70	NT	95.01%	90.33%		BRIS
2014	ALLAN COOK M51	VIC	95.54%	93.73%	HOB	2023	NATHAN CROWLEY M49	VIC	94.89%	94.89%		SYD
2015	LAVINIA PETRIE W71	VIC	101.18%	86.56%	SYD *	2024	KAREN BLAY W60	NSW	92.86%	92.86%		HOB
	Location of Australian Championships:											
	Melbourne	1973	Sydney		1987		Bankstown	2001	Bankstown		2015	
	Sydney	1974	Brisbane		1988		Adelaide	2002	Adelaide		2016	
	Adelaide	1975	Perth		1989		Perth	2003	Darwin		2017	
	Brisbane	1976	Melbourne		1990		Melbourne	2004	Perth		2018	
	Perth	1977	Canberra		1991		Brisbane	2005	Melbourne		2019	
	Melbourne	1978	Hobart		1992		Canberra	2006	Brisbane		2022	
	Sydney	1979	Adelaide		1993		Hobart	2007	Sydney		2023	
	Adelaide	1980	Sydney		1994		Blacktown	2008	Hobart		2024	
	Brisbane	1981	Townsville		1995		Adelaide	2009	Adelaide		2025	

Perth	1982	Perth		1996		Perth	2010	Canberra		2026
Melbourne	1983	Melbourne		1997		Brisbane	2011	Perth		2027
Canberra	1984	Brisbane		1998		Melbourne	2012	Melbourne		2028
Hobart	1985	Canberra		1999		Canberra	2013	Darwin		2029
Adelaide	1986	Hobart		2000		Hobart	2014	Brisbane		2030
WMA CHAMPIONSHIP RECORDS										
Outdoor						Outdoor				
800m	M 90 1:42.02 David Carr Toruń, POL 2023				100m	W50 12.39 Julie Brims Perth, AUS 2016				
1500m	M55 4:12.35 Keith Bateman Sacramento, USA 2011				100m	W55 12.75 Julie Brims Tampere, FIN 2022				
1500m	M65 4:41.82 Jack Ryan Melbourne, AUS 1987				200m	W55 26.48 Julie Brims Tampere, FIN 2022				
1500m	M90 7:38.35 David Carr Tampere, FIN 2022				400m	W80 1:32.75 Corinne Collins Perth, AUS 2016				
5k	M90 29:47.83 David Carr Tampere, FIN 2022				Long Hurdles	W45 1:04.54 Lenore Lambert Perth, AUS 2016				
Steeplechase	M80 9:37.53 David Carr Porto Alegre, BRA 2013				Long Hurdles	W55 49.49 Michele Hossack Málaga, ESP 2018				
Steeplechase	M85 11:24.55 David Carr Málaga, ESP 2018				Long Hurdles	W60 51.64 Marge Allison San Sebastián, ESP 2005				
Steeplechase	M90 12:50.43 David Carr Tampere, FIN 2022				Long Hurdles	W65 54.06 Marge Allison Sacramento, USA 2011				
Shot Put	M45 17.91 Stuart Gyngell Sacramento, USA 2011				Long Hurdles	W70 36.71 Marge Allison Lyon, FRA 2015				
5k Walk	M75 28:02.26 Tom Daintry Melbourne, AUS 1987				Steeplechase	W70 10:25.65 Gillian Young Málaga, ESP 2018				
5k Walk	M85 34:54.04 Gus Theobald Rome, ITA 1985				Triple Jump	W85 5.18 Ruth Frith Buffalo, USA 1995				
5k Walk	M90 35:18.54 Gus Theobald Melbourne, AUS 1987				Heptathlon	W40 5760 Marie Kay Caroline, PUR 2003				
Indoor						Heptathlon				
400m	M 90 1:42.02 David Carr Toruń, POL 2023				5k Walk	W40 23:27.24 Lynette Ventris Brisbane, AUS 2001				
800m	M 90 4:03.80 David Carr Toruń, POL 2023				5k Walk	W45 24:00.68 Lynette Ventris San Sebastián, ESP 2005				
1500m	M 90 9:10.13 David Carr Toruń, POL 2023				5k Walk	W50 24:25.56 Lynette Ventris Sacramento, USA 2011				
3000m	M 90 19:42.60 David Carr Toruń, POL 2023				5k Walk	W60 26:15.58 Lynette Ventris Málaga, ESP 2018				
Non Stadia						5k Walk				
10k Road Run	M70 39:37 John Bermingham Tampere, FIN 2022				4 x 100m Relay	W40 48.01 Australia Lahti, FIN 2009				
10k Road Walk	M65 50:12 Andrew Jamieson Sacramento, USA 2011				4 x 100m Relay	W50 50.70 Australia Tampere, FIN 2022				
10k Road Walk	M70 53:37 Andrew Jamieson Perth, AUS 2016				4 x 400m Relay	W45 4:04.93 Australia Lyon, FRA 2015				
20k Road Walk	M60 1:43:50 Andrew Jamieson Riccione, ITA 2007				4 x 400m Relay	W50 4:09.92 Australia Gothenburg, SWE 2024				
20k Road Walk	M80 2:11:55 Albert A Theobald Gothenberg, SWE 1977				4 x 400m Relay	W70 5:32.95 Australia Lyon, FRA 2015				
20k Road Walk	M90 2:35:47 Albert A Theobald Melbourne, AUS 1987				Indoor					
					60m	W 55 8.25 Julie Brims Toruń, POL 2023				
					200m	W 50 26.11 Julie Brims Daegu, KOR 2017				
					200m	W 55 26.60 Julie Brims Toruń, POL 2023				
					400m	W 45 56.99 Marie Kay Clermont-Ferrand, FRA 2008				
					800m	W 65 2:44.45 Jeanette Flynn Daegu, KOR 2017				
					3k Walk	W 55 14:51.24 Lynette Ventris Jyväskylä, FIN 2012				
					3k Walk	W 65 16:57.96 Heather Carr Daegu, KOR 2017				
					Non Stadia					
					10k Road Walk	W45 49:45 Lynette Ventris San Sebastian, ESP 2005				
					10k Road Walk	W50 49:52 Lynette Ventris Sacramento, USA 2011				
					10k Road Walk	W55 49:59 Lynette Ventris Jyväskylä, FIN 2012				
					10k Road Walk	W60 53:26 Lynette Ventris Malaga, ESP 2018				
					20k Road Walk	W50 1:42:20 Lynette Ventris Sacramento, USA 2011				
					20k Road Walk	W55 1:53:56 Lynette Ventris Lyon, FRA 2015				
					20k Road Walk	W60 1:58:12 Heather Carr Sacramento, USA 2011				
Compiled by Clyde Riddoch, AMA Records Officer, 40 Beauchamp Street, Preston Vic 3072, Mobile: 0439 902 907, Email: clydeR@outlook.com.au										