

WORLD RECORDS *non-member record 27-Aug-24

Date	Age	Event	Name	State	Performance	%Std	Location
10/08/1977	M40	200m	Reg Austin	NSW	21.9s	91.23%	Gothenburg Sweden
12/08/1977	M80	5000m Walk	Gus Theobald	Vic	30m 42s	88.47%	Gothenburg Sweden
24/01/1978	M55	3000m	Jack Ryan	Vic	9m 12.8s	94.80%	Olympic Park, Vic
24/04/1978	M55	5000m	Jack Ryan	Vic	15m 52.8s	92.60%	Olympic Park, Vic
14/04/1979	M65	5000m Walk	Tom Daintry	Vic	25m 44s	90.21%	Sydney
14/04/1979	M80	3000m Walk	Gus Theobald	Vic	19m 11s	85.87%	Sydney
27/07/1979	M60	10,000m	John Gilmour	WA	35m 07.7s	91.32%	Hanover Germany
28/07/1979	M65	10k Walk	R H Jones	Vic	55m 23.4s	84.30%	Hanover Germany
22/12/1979	M60	1500m	John Gilmour	WA	4m 30s	93.32%	Perth
6/01/1980	M70	1500m	Merv Jenkinson	Qld	5m 11.8s	88.99%	Brisbane, Qld
15/03/1980	M35	3000m Walk	Willi Sawall	Vic	11m 28.2s	94.03%	Melbourne
9/08/1980	M60	5000m	John Gilmour	WA	16m 33.3s	93.14%	Helsinki Finland
26/11/1980	M60	10,000m	John Gilmour	WA	34m 23s	93.30%	Perth
13/01/1981	M65	20k Walk	Tom Daintry	Vic	1h 51m 18s	85.98%	Auckland
9/05/1981	M70	10k Walk	Tom Daintry	Vic	54m 17s	90.34%	Albert Park
21/02/1982	M40	3k Walk	Willi Sawall	Vic	11m 38.4s	94.50%	Melbourne
10/04/1982	M85	3k Walk	Gus Theobald	Vic	19m 31s	88.09%	Perth
10/04/1982	M70	5k Walk	Tom Daintry	Vic	27m 01.8s	88.73%	Perth
10/04/1982	M85	5k Walk	Gus Theobald	Vic	33m 14.2s	87.86%	Perth
21/08/1982	M85	20k Walk	Gus Theobald	Vic	2h 26m 07s	86.15%	Albert Park
4/07/1983	M40	20k Walk	Willi Sawall	Vic	1h 21m 36s	95.60%	Melbourne
5/08/1989	W60	400m	69.0s	SA	69.0s	87.38%	Eugene USA WMA
13/08/1983	M65	800m	Jack Stevens	Vic	2m 20.5s	90.49%	USA
17/09/1983	W60	400m	Aileen Hogan	Qld	72.5s	83.01%	Houston USA
30/09/1983	W40	80m Hurdles	Una Lund	Qld	12.39s	86.62%	Puerto Rico
4/02/1984	W45	100m	Wendy Ey	SA	12.5s	87.53%	Adelaide, SA
4/03/1984	W45	200m	Wendy Ey	SA	26.2s	86.27%	Adelaide, SA
22/03/1984	M50	1500m	Tom Roberts	Vic	4m 05.2s	94.69%	Victoria
31/03/1984	M40	5000m Walk	Willi Sawall	Vic	19m 45.65s	94.24%	Melbourne
22/04/1984	M50	800m	Tom Roberts	Vic	2m 00.5s	93.74%	Canberra, ACT
2/03/1985	W55	Discus	Sylvia White	SA	34.56m	67.91%	Adelaide, SA
5/04/1985	W55	10,000m	Jean Albury	Vic	38m 38.6s	89.54%	Hobart
6/04/1985	W55	1500m	Jean Albury	Vic	5m 15.7s	87.03%	Hobart
7/04/1985	W55	5000m	Jean Albury	Vic	18m 49s	87.03%	Hobart
25/06/1985	M65	5000m	John Gilmour	WA	17m 25.3s	93.09%	Rome Italy
29/06/1985	M65	1500m	John Gilmour	WA	4m 49.16s	91.25%	Rome Italy
8/85	W45	400m	Judy Pollock	Vic	58.35s	90.68%	Toronto WG
30/11/1985	M65	100m	Bernie Hogan	Qld	12.5s	91.17%	Brisbane, Qld
17/12/1985	M70	10,000m	Alan Burgoyne	Vic	40m 40.04s	86.77%	Melbourne
18/01/1986	W50	Javelin	Heather Doherty	Qld	38.64m	67.22%	QEII Brisbane
29/03/1986	M90	400m	Bill Empey	NSW	2m 07.5s	59.24%	Adelaide, SA
3/04/1987	M90	20k Walk	Gus Theobald	Vic	2h 34m 01s	89.56%	Sydney
5/04/1987	M90	3000m Walk	Gus Theobald	Vic	21m 21.3s	87.01%	Melbourne
18/04/1987	M90	5000m Walk	Gus Theobald	Vic	35m 09.47s	90.06%	Sydney AMA
18/04/1987	W55	400m	Daphne Pirie	Qld	68.6s	83.58%	Sydney AMA
7/11/1987	W40	400m Hurdles	Jan Hynes	Qld	62.8s	86.88%	QEII Brisbane
28/11/1987	W65	200m	Aileen Hogan	Qld	32.15s	84.41%	OP Melbourne WMA
28/11/1987	W60	10,000m	Shirley Brasher	Tas	44m 32.6s	82.70%	OP Melbourne WMA
28/11/1987	W65	High Jump	Gwen Davidson	Vic	1.22m	80.11%	OP Melbourne WMA
28/11/1987	W55	Triple Jump	Pat Carr	WA	8.75m	71.84%	OP Melbourne WMA
29/11/1987	M50	20k Walk	Bob Gardiner	Vic	1h 39m 27s	83.89%	OP Melbourne WMA
29/11/1987	W35	Hammer	Chris Schultz	Vic	40.36m	52.19%	OP Melbourne WMA
29/11/1987	W40	Hammer	Chris Battersby	Vic	31.38m	44.59%	OP Melbourne WMA
29/11/1987	W45	Hammer	Irene Mitchell	ACT	34.10m	53.36%	OP Melbourne WMA
1/12/1987	W60	5000m	Shirley Brasher	Tas	21m 14.6s	82.07%	OP Melbourne WMA
4/12/1987	W50	5k Walk	Joan Hooper	Vic	26m 48s	82.82%	OP Melbourne WMA
4/12/1987	W55	5k Walk	Jean Albury	Vic	26m 46.92s	86.37%	OP Melbourne WMA
5/12/1987	M65	1500m	Jack Ryan	Vic	4m 41.82s	93.63%	OP Melbourne WMA
5/12/1987	M75	2k Steeple	Stan Nicolls	Vic	10m 32.17s	69.73%	OP Melbourne WMA
5/12/1987	W60	1500m	Shirley Brasher	Tas	5m 44.81s	83.54%	OP Melbourne WMA
5/12/1987	M70	Hammer	Roy Foley	Vic	45.24m	67.53%	OP Melbourne WMA
5/12/1987	W40	400m Hurdles	Jan Hynes	Qld	63.58s	86.01%	OP Melbourne WMA
5/12/1987	W50	300m Hurdles	Brenda Parkinson	SA	49.78s	88.84%	OP Melbourne WMA
5/12/1987	W55	High Jump	Daphne Pirie	Qld	1.35m	79.90%	OP Melbourne WMA
5/12/1987	W50	Triple Jump	Dorothy Wittam	WA	9.28m	71.41%	OP Melbourne WMA
5/12/1987	W60	Hammer	Lydia Widera	Vic	30.46m	56.33%	OP Melbourne WMA
3/88	M70	Hammer	Roy Foley	Vic	47.54m	74.28%	Murrumbeena, Vic
12/03/1988	W50	Javelin	Heather Doherty	Qld	41.44m	78.36%	QEII Brisbane
27/03/1988	W75	Hammer (3kg)	Ruth Frith	NSW	12.74m	-	Sydney SAF
27/08/1988	M45	20k Walk	Willi Sawall	Vic	1h 25m 03s	95.31%	Canberra, ACT
19/11/1988	W40	Hammer	Chris Battersby	Vic	33.48m	47.58%	Doncaster
7/01/1989	W55	Javelin	Heather Doherty	Qld	40.10m	77.46%	QEII Brisbane
12/03/1989	W75	Hammer (3kg)	Ruth Frith	NSW	18.32m	-	Sydney
19/03/1989	M85	200m	Charlie Booth	Vic	39.3s	72.60%	Murrumbeena, Vic
24/03/1989	W40	Hammer	Lynn Carter	WA	34.52m	49.06%	Perth
25/03/1989	W40	80m Hurdles	Eileen Hindle	WA	11.8s	89.14%	Perth
26/03/1989	W65	Triple Jump	Gwen Davidson	Vic	7.43m	69.93%	Perth

20/07/1989	W65	Triple Jump	Gwen Davidson	Vic	7.55m	71.06%	Eugene USA
29/07/1989	W60	10,000m	Shirley Brasher	Tas	43m 58.66s	82.26%	Eugene USA
30/07/1989	M50	20k Walk	Bob Gardiner	Vic	1h 37m 57s	85.17%	Eugene USA
1/08/1989	M55	800m	Tom Roberts	Vic	2m 05.07s	94.01%	Eugene USA
1/08/1989	M70	5000m	John Gilmour	WA	18m 46.62s	91.16%	Eugene USA
1/08/1989	W60	800m	Ann Cooper	SA	2m 52.66s	81.72%	Eugene USA
1/08/1989	W50	Triple Jump	Helen Searle	NSW	9.66m	74.34%	Eugene USA
4/08/1989	W60	5000m	Shirley Brasher	Tas	20m 51.63s	83.57%	Eugene USA
5/08/1989	M50	800m	Alan Bradford	Qld	2m 00.4s	93.97%	Eugene USA
5/08/1989	M65	400m	Tom Hishon	Qld	61.29s	87.01%	Eugene USA
5/08/1989	M70	1500m	John Gilmour	WA	5m 09.73s	89.59%	Eugene USA
5/08/1989	W50	Hammer	Helen Searle	NSW	39.64m	59.32%	Eugene USA
5/08/1989	W75	Hammer (3kg)	Ruth Frith	NSW	20.00m	-	Eugene USA
23/09/1989	W50	Hammer	Helen Searle	NSW	41.84m	62.61%	Sydney
1/10/1989	W45	Long Jump	Jan Hynes	Qld	5.46m	85.40%	Brisbane, Qld
21/10/1989	M70	10,000m	John Gilmour	WA	38m 26s	91.81%	Perth
7/11/1989	W45	400m	Jan Hynes	Qld	57.8s	91.32%	QEII Brisbane
11/11/1989	W45	400m Hurdles	Jan Hynes	Qld	64.8s	81.21%	QEII Brisbane
18/11/1989	W45	Triple Jump	Jan Hynes	Qld	10.12m	73.14%	QEII Brisbane
Jan 1990	M65	Triple Jump	Ken McConnell	Tas	10.87m	84.87%	Hobart
22/01/1990	M90	10k Walk	Gus Theobald	Vic	77m 52s	82.19%	Albert Park
8/02/1990	W40	Hammer	Trish Connell	ACT	34.90m	49.60%	ACT
13/04/1990	W80	Hammer	Ruth Frith	NSW	19.12m	45.54%	Melbourne
14/04/1990	W80	100m	Ruth Frith	NSW	20.2s	74.43%	OP Melbourne
3/11/1990	W80	3k Walk	Nance Jeffreys	Vic	24m 00s	76.09%	Auckland
26/01/1991	W45	200m	Jan Hynes	Qld	26.0s	86.93%	QEII Brisbane
2/03/1991	W40	Hammer	Chris Schultz	Vic	41.56m	59.06%	Melbourne
16/03/1991	W35	Hammer	Lisa Kirsch	Tas	41.72m	53.95%	Launceston
16/03/1991	W65	Hammer	Lydia Widera	Vic	33.00m	68.48%	Murrumbeena, Vic
18/07/1991	W80	Triple Jump	Ruth Frith	NSW	5.22m	62.42%	Turku Finland
18/07/1991	W50	Hammer	Helen Searle	NSW	41.86m	62.64%	Turku Finland
16/10/1991	W45	200m	Jan Hynes	Qld	25.63s	88.99%	QEII Brisbane
19/10/1991	W70	Triple Jump	Marie Partridge	NSW	7.18m	72.66%	QEII Brisbane
30/11/1991	W40	2k Steeple	Antoinette Shaw	WA	7m 50.6s	86.37%	Perth
1992	M35	3000m Walk	David Smith	Qld	11m 16.38s	95.67%	Brisbane, Qld
1992	M35	5000m Walk	David Smith	Qld	19m 23.41s	93.34%	Brisbane, Qld
4/01/1992	W40	2k Steeple	Antoinette Shaw	WA	7m 48.8s	89.51%	Perth
4/04/1992	M80	3000m Walk	Tom Daintry	Vic	18m 44s	85.58%	Murrumbeena
5/04/1992	M75	Hammer	Roy Foley	Vic	40.88m	84.00%	Murrumbeena
11/04/1992	M75	Hammer	Roy Foley	Vic	43.10m	88.00%	Murrumbeena
17/04/1992	W65	10,000m	Shirley Brasher	Tas	45m 49.71s	83.38%	Hobart
18/04/1992	W65	1500m	Shirley Brasher	Tas	6m 02.68s	83.56%	Hobart
18/04/1992	W65	2k Steeple	Tony Smit	Tas	12m 44.98s	69.94%	Hobart
19/04/1992	W65	800m	Shirley Brasher	Tas	3m 01.18s	82.11%	Hobart
19/04/1992	W65	5000m	Shirley Brasher	Tas	22m 06.34s	83.46%	Hobart
19/04/1992	W80	Triple Jump	Ruth Frith	NSW	5.33m	63.74%	Hobart
1993	W30	3k Walk	*Kerry Junna-Saxby	NSW	11m 52.71s	98.26%	Sydney
10/01/1993	M85	200m	Harry Gathercole	Vic	37.3s	77.13%	QEII Brisbane
7/02/1993	W50	Hammer	Jan Davies	Vic	44.56m	66.68%	Melbourne
21/03/1993	W50	Hammer	Jan Davies	Vic	46.68m	69.86%	Murrumbeena
11/04/1993	W70	High Jump	Gwen Davidson	Vic	1.16m	80.46%	Adelaide
Oct 1993	M85	200m	Harry Gathercole	Vic	35.99s	79.76%	Miyazaki
Oct 1993	W45	800m	Judy Bandiera	Vic	2m 17.06s	90.14%	Miyazaki
Oct 1993	W80	Triple Jump	Ruth Frith	NSW	5.65m	70.56%	Miyazaki
12/09/1993	W40	20k Walk	Heather McDonald	Vic	1h 42m 22s	85.02%	Knox
4/02/1994	M55	3k Steeplechase	Alan Bradford	Qld	10m 14s	92.60%	Norfolk Island
3/09/1994	W50	300m Hurdles	Jan Hynes	Qld	45.8s	96.27%	Brisbane, Qld
27/09/1994	W85	3k Walk	Nance Jeffreys	Vic	27m 36s	71.51%	Brisbane, Qld
28/09/1994	W50	Long Jump	Hynes	Qld	5.25m	86.95%	Brisbane, Qld
28/09/1994	W50	Hammer	Jan Davies	Vic	47.78m	74.78%	Brisbane, Qld
29/09/1994	W65	80m Hurdles	Judith Knight	NSW	18.25s	71.46%	Brisbane, Qld
2/10/1994	W50	200m	Jan Hynes	Qld	26.84s	88.55%	QEII Brisbane
29/10/1994	W50	800m	Marge Allison	NSW	2m 22.03s	90.57%	Sydney
10/12/1994	W50	400m	Marge Allison	NSW	60.02s	91.65%	Sydney
18/02/1995	W50	Hammer	Marjaleena Parviainen	NSW	48.52m	72.61%	Homebush Sydney
25/03/1995	W85	Shot Put	Ruth Frith	NSW	5.92m	56.39%	Sydney
29/04/1995	W55	2k Steeple	Jan Morrey	Vic	9m 13.6s	82.17%	Townsville
13/07/1995	W50	400m	Marge Allison	NSW	58.51s	94.02%	Buffalo WMA
13/07/1995	W50	Javelin	Mary Thomas	NSW	48.56m	84.48%	Buffalo WMA
23/07/1995	W55	Hammer	Helen Searle	NSW	46.30m	76.83%	Buffalo WMA
20/08/1995	M80	Hammer (4kg)	John Fraser	Vic	34.72m	89.48%	Murrumbeena
6/10/1995	W65	5k Walk	Jean Albury	Vic	27m 57s	91.20%	OP Melbourne
4/11/1995	W35	3k Walk	Anne Manning	NSW	12m 43.2s	93.11%	Sydney
17/12/1995	W35	10k Walk	Anne Manning	NSW	44m 28s	93.63%	Knox
1996	W30	5k Walk	*Kerry Junna-Saxby	NSW	20m 03s	99.97%	Sydney
1996	W30	10k Walk	*Kerry Junna-Saxby	NSW	41m 47s	99.64%	Sydney
1996	W35	5k Walk	*Kerry Junna-Saxby	NSW	20m 41s	97.30%	Sydney
11/02/1996	W35	5k Walk	Anne Manning	NSW	21m 37.5s	93.57%	Homebush Sydney
16/02/1996	W45	800m	Barbara Blurton	Vic	2m 14.7s	91.72%	Murrumbeena, Vic
3/96	W75	Triple Jump	Marie Partridge	NSW	6.31m	68.91%	Sydney
2/03/1996	W40	Hammer	Lisa Kirsch	Tas	44.00m	66.23%	Hobart

			Eero Keranen	Vic				
9/02/2007	W50	Pole Vault	Dawn Hartigan	Vic	3.30m	78.42%	Olympic Park, Vic	
9/02/2007	M60	3k Walk	Andrew Jamieson	Vic	13:34.6	94.56%	Olympic Park, Vic	
9/02/2007	W55	800m	Jeanette Flynn	Qld	2m 22.2s	94.15%	St Lucia, Qld	
25/02/2007	M50	4 x 1500 Relay	Robert Caldwell	Vic	18:43.2	-	Olympic Park, Vic	
			Terry Pearce	Vic				
			Willi Hersbach	Vic				
			Eero Keranen	Vic				
1/03/2007	M60	5k Walk	Andrew Jamieson	Vic	22:38.7	95.67%	Olympic Park, Vic	
3/03/2007	W55	800m	Jeanette Flynn	Qld	2m 22.2s (=)	94.15%	Nathan, Qld	
6/03/2007	W50	Pole Vault	Dawn Hartigan	Vic	3.40m	80.79%	Coburg, Vic	
15/03/2007	W70	4 x 800m Relay	Anne Young	ACT	16:43.2	-	AIS, ACT	
			Alison Ide	ACT				
			Consie Larmour	ACT				
			Cory Collins	ACT				
16/03/2007	W50	5k Walk	Lynette Ventris	WA	24:32.8	90.43%	Coker Park, Perth	
17/03/2007	W55	3k Walk	Heather Carr	Vic	15m 11s	91.77%	Murrumbeena, Vic	
18/03/2007	W65	5k	Theresa Baird	Vic	20:42.5	89.10%	Murrumbeena, Vic	
24/03/2007	W55	3k Walk	Heather Carr	Vic	15:08.4	92.03%	Knox, Vic	
24/03/2007	W50	3k Walk	Lynette Ventris	WA	13:54.3	94.34%	Coker Park, Perth	
25/03/2007	M80	4 x 800m Relay	Ken Matchett	Vic	17:24.2	-	Murrumbeena	
			Jim Sinclair	Vic				
			Jim Hellmann	Vic				
			Mike Johnston	Vic				
31/03/2007	M60	3k Walk	Andrew Jamieson	Vic	13:24.1	95.80%	Olympic Park, Vic	
7/04/2007	W50	5k Walk	Lynette Ventris	WA	23:37.8	93.93%	Hobart	
7/04/2007	M85	2k Steeple	Ken Matchett	Vic	13:23.1	65.79%	Hobart	
9/04/2007	W50	10k Road Walk	Lynette Ventris	WA	48m 27s	94.17%	Hobart	
25/04/2007	W65	3000m	Theresa Baird	Vic	12:07.2	89.41%	Springvale	
20/05/2007	W65	10000m	Theresa Baird	Vic	42:07.1	90.72%	Collingwood	
20/05/2007	M60	30k Road Walk	Andrew Jamieson	Vic	2h 30m 56.3	96.22%	Middle Park	
24/06/2007	W50	20k Road Walk	Lynette Ventris	WA	1:42.28	91.31%	Perth	
1/07/2007	M60	20k Road Walk	Andrew Jamieson	Vic	1:35.56.5	94.77%	Middle Park	
11/07/2011	W65	300m Hurdles	Marge Allison	Qld	54.06s	86.31%	Sacramento	
14/07/2007	M60	10k Road Walk	Andrew Jamieson	Vic	46:56.6	95.11%	Middle Park	
21/07/2007	M60	10k Road Walk	Andrew Jamieson	Vic	46:22.1	96.28%	Middle Park	
21/07/2007	W55	10k Road Walk	Heather Carr	Vic	53:41.1	88.79%	Middle Park	
26/07/2007	M75	800m	David Carr	WA	2m 34.3s	90.19%	Perth	
24/09/2007	W55	One Hour Run	Bronwen Cardy	Vic	15,323m	-	Doncaster	
24/09/2007	W85	One Hour Run	Margaret Prowse	Vic	6,469m	-	Doncaster	
29/11/2007	W40	4x1500m Relay	Charlie McCormack	ACT	23:05.2	-	AIS, ACT	
			Kelley Flood	ACT				
			Helen Larmour	ACT				
			Katie Forestier	ACT				
20/12/2007	W60	4x1500m Relay	Peggy MacIver	WA	26:47.3	-	Perth	
			Jacquelin Halberg	WA				
			Christine Oldfield	WA				
			Gillian Young	WA				
20/12/2007	M60	4x1500m Relay	Albert Carse	WA	22:25.9	-	Perth	
			David Roberts	WA				
			Frank Smith	WA				
			Robert Schickert	WA				
20/12/2007	W45	4x1500m Relay	Delia Baldock	WA	25:00.9	-	Perth	
			Karen March	WA				
			Elizabeth Neville	WA				
			Robin King	WA				
24/01/2008	W40	One Hour Run	Jackie Fairweather	ACT	16,056m	-	AIS ACT	
31/01/2008	M75	4x1500 Relay	David Carr	WA	34:17.0	-	Perth	
			Kenneth Whistler	WA				
			Robert Haynes	WA				
			Cecil Walkley	WA				
31/01/2008	M60	4x1500 Relay	Bruce Wilson	WA	21:48.4	-	Perth	
			Jim Klinge	WA				
			John Oldfield	WA				
			Jim Langford	WA				
31/01/2008	W45	4x1500 Relay	Gillian Young	WA	24:32.0	-	Perth	
			Karen March	WA				
			Karyn-Sue Gower	WA				
			Robin King	WA				
31/01/2008	M35	4x1500 Relay	Christopher Neale	WA	20:11.9	-	Perth	
			Paul Burke	WA				
			Eldon George	WA				
			Brett Roach	WA				
16/03/2008	M75	800m	David Carr	WA	2:34.3(=)	90.19%	Perth	
23/03/2008	M75	2k Steeple	David Carr	WA	8m 56.6s	82.15%	Blacktown	
24/03/2008	W35	4 x 100m Relay	Ranell Hobson	NSW	47.74s	-	Blacktown	
			Julie Brims	Qld				
			Kylie Strong	NSW				
			Gianna Mogentale	NSW				
18/06/2008	M90	Mile	Peter Brownbill	Vic	10m 30.9s	67.91%	Mentone	
27/07/2008	M60	30k Road Walk	Andrew Jamieson	Vic	2h 29m 45.7s	96.98%	Middle Park	

23/03/2024	W60	4 x 100m Relay	Gianna Mogentale Julie Forster Phillipa Wight Christine De Vries	NSW	55.37s	-	Kensington
31/03/2024	W55	400m	Mandy Mason	WA	57.86s	100.91%	Hobart
28/07/2024	M60	10k	John Meagher	Vic	33m 32.09s	96.92%	Doncaster
25/08/2024	W50	4 x 400m Relay	Evette Cordy Julie Brims Lenore Lambert Janelle Delaney	Vic Qld NSW NSW	4m 09.92s	-	Gothenburg

World Indoor Records:

18/03/2006	W45	Pentathlon	Marie Kay	NSW	4350 pts	-	Linz, Austria
March 2008	W45	200m	Marie Kay	Qld	25.85s	96.20%	France
March 2008	W45	400m	Marie Kay	Qld	56.99s	100.00%	France
March 2008	M60	1 Mile	Kevin Solomon	Vic	5m 01.6s	91.80%	Boston
1/03/2010	W50	Pentathlon	Marie Kay	Qld	4906pts	-	Kamloops
3/03/2010	W60	3k Walk	Heather Carr	Vic	15:54.8	90.30%	Kamloops
4/04/2012	W55	3k Walk	Lyn Ventris	WA	14:51.2	91.90%	Finland
5/04/2012	M65	3k Walk	Andrew Jamieson	Vic	14:39.8	94.80%	Finland
19/03/2017	W65	3k Walk	Heather Carr	Vic	16m 58s	92.10%	Daegu
22/03/2017	W70	3000m	Lavinia Petrie	Vic	12:54.9	107.40%	Daegu
25/03/2017	W65	400m	Jeanette Flynn	Qld	70.34s	94.70%	Daegu