

AUSTRALIAN MASTERS ATHLETICS, AUSTRALIAN OVER 30 & WMA RECORDS											10-Oct-24		
Australian Masters Athletics Inc Club Records compiled by AMA Records Officer, Clyde Riddoch, 40 Beauchamp Street, Preston Vic 3072, Mobile: 0439 902 907, Email: clydeR@outlook.com.au Please advise of any errors or omissions, but note that the AMA website is updated by the AMA webmaster.													
<i>Italics indicates record set when not a financial member of Australian Masters Athletics</i>													
Australian Record listed in RED are World Records waiting for WMA ratification													
MEN						WOMEN							
AGE		NAME	STATE	TIME/DIST	AG%	DATE	AGE		NAME	STATE	TIME/DIST	AG%	DATE
<b>60 METRES (now combined with indoor records and shown with *)</b>						<b>60 METRES (now combined with indoor records and shown with *)</b>							
M30	AR	KENNETH VUONG	NSW	6.85s	92.55%	2024	W30	AR	KIARA CRANDELL	NSW	7.85s	88.54%	2024
M35	AR	BILLY SPLIADIS	NSW	7.05s	91.10%	2023		AR	KIARA CALVERT	TAS	7.85s	88.54%	2024
M40	AR	ASHLEY MCMAHON	NSW	7.14s	91.95%	2019		AR	JESSICA KNOX	NSW	7.52s	92.42%	2011
M45	AR	ERNIE LESEBERG	NSW	7.27s	92.95%	2021	W35	AR	WENDY SEEGER	WA	7.61s	91.33%	2015
M50	AR	ADRIAN MCKENZIE	WA	7.20s	94.33%	2023	W40	AR	KYLIE STRONG	NSW	7.84s	90.38%	2010
M55	AR	JOHN WIGHT	QLD	7.41s	94.14%	2001	W45	AR	JULIE BRIMS	QLD	7.75s	93.19%	2011
M60	AR	CRAIG PARKER	QLD	7.80s	92.04%	2021	W50	AR	JULIE BRIMS	QLD	7.96s	96.46%	2020
	AR	MICHAEL CASSIDY	SA	7.80s	92.04%	2022	W55	AR	MANDY MASON	WA	7.76s	99.66%	2023
M65	AR	ROBERT MAYSTON	VIC	8.02s	92.35%	2022	W60	AR	CHRISTINE DE VRIES	NSW	8.69s	92.35%	2023
M70	AR	*PETER CROMBIE	NSW	8.39s	91.30%	2017	W65	AR	CAROL DAVIS	QLD	9.12s	91.53%	2016
M75	AR	BOB WISHART	VIC	8.64s	93.33%	2019	W70	AR	MAUREEN KESHWAR	WA	9.58s	90.84%	2022
M80	AR	BOB WISHART	VIC	9.39s	89.27%	2023	W75	AR	ANN COOPER	SA	10.23s	88.92%	2007
M85	AR	RICHARD HUGHES	NSW	10.17s	86.91%	2017	W80	AR	MIRIAM CUDMORE	SA	11.04s	87.02%	2018
M90	AR	JIM SINCLAIR	VIC	12.12s	79.75%	2015	W85	AR	KATHLEEN COOK	NSW	12.11s	82.26%	2024
M95	AR	JIM SINCLAIR	VIC	15.24s	71.68%	2019	W90	AR	GWEN GLEESON	ACT	16.74s	69.29%	2019
							W95	AR	HEATHER LEE	NSW	25.69s	54.40%	2023
<b>100 METRES</b>						<b>100 METRES</b>							
M30	AR	GARY FINEGAN	QLD	10.70s	89.53%	2019	W30	AR	MELISSA MEDLICOTT	NSW	11.55s	92.12%	2000
	AR	PATRICK JOHNSON	ACT	9.93s	96.48%	2003		AR	SALLY PEARSON	NSW	11.38s	93.50%	2017
M35	AR	MATTHEW PILKINGTON	NSW	10.88s	88.39%	2009	W35	AR	WENDY SEEGER	WA	12.01s	88.59%	2016
	AR	PATRICK JOHNSON	ACT	10.17s	94.56%	2007		AR	TANIA MURPHY	SA	11.67s	91.17%	2006
	WR	JUSTIN GATLIN	USA	9.87s	97.43%	2019		WR	SHELLY-ANN FRASER-PRYCE	JAM	10.62s	100.19%	2022
M40	AR	ASHLEY MCMAHON	NSW	10.85s	91.67%	2016	W40	AR	WENDY SEEGER	WA	12.18s	88.16%	2016
	WR	KIM COLLINS	SKN	9.93s	99.58%	2016		WR	MERLENE OTTEY	SLO	11.09s	96.82%	2004
M45	AR	ROBERT BALLARD	NSW	11.22s	91.37%	2009	W45	AR	JULIE BRIMS	QLD	12.37s	90.15%	2011
	WR	WILLIE GAULT	USA	10.72s	94.99%	2006		WR	MERLENE OTTEY	SLO	11.34s	98.34%	2008
	WR	LION MARTINEZ	SWE	10.72s	94.99%	2023	W50	AR	JULIE BRIMS	QLD	12.10s	98.95%	2020
M50	AR	ADRIAN MCKENZIE	WA	11.41s	92.01%	2023		WR	MERLENE OTTEY	SLO	11.67s	99.35%	2010
	WR	WILLIE GAULT	USA	10.88s	96.49%	2011	W55	AR	MANDY MASON	WA	12.15s	100.36%	2023
M55	AR	HAL THOMAS	SA	11.63s	93.21%	1992		WR	MANDY MASON	AUS	12.15s	100.36%	2023
	WR	WILLIE GAULT	USA	11.30s	95.94%	2016	W60	AR	JULIE FORSTER	NSW	13.86s	90.77%	2022
M60	AR	BERNIE HOGAN	QLD	12.15s	92.28%	1981		WR	NICOLE BARILLY ALEXIS	FRA	13.20s	95.31%	2022
	WR	RON TAYLOR	GBR	11.70s	95.83%	1995	W65	AR	CAROL DAVIS	QLD	14.61s	89.89%	2016
M65	AR	ROBERT MAYSTON	VIC	12.50s	92.92%	2022		WR	KARLA DEL GRANDE	CAN	13.91s	94.41%	2018
	WR	DAMIEN LEAKE	USA	12.31s	94.35%	2018	W70	AR	BARBARA BLURTON	WA	15.60s	88.02%	2021
M70	AR	BOB WISHART	VIC	13.28s	90.76%	2012		WR	KARLA DEL GRANDE	CAN	14.70s	94.75%	2024
	WR	DAMIEN LEAKE	USA	12.59s	96.83%	2023	W75	AR	ANN COOPER	SA	16.09s	89.37%	2005
M75	AR	BOB WISHART	VIC	13.56s	92.44%	2017		WR	CAROL LAFAYETTE-BOYD	CAN	15.03s	95.68%	2018
	WR	KENTON BROWN	USA	13.25s	94.60%	2020	W80	AR	MIRIAM CUDMORE	SA	18.09s	84.10%	2018
M80	AR	BOB WISHART	VIC	15.04s	88.00%	2023		WR	KATHY BERGEN	USA	16.23s	93.73%	2021
	WR	KATSUTOSHI NAKAMURA	JPN	14.24s	91.93%	2022		WR=	CAROL LAFAYETTE-BOYD	CAN	16.23s	93.73%	2022
M85	AR	RICHARD HUGHES	NSW	15.65s	89.25%	2017	W85	AR	MIRIAM CUDMORE	SA	20.05s	81.84%	2024
	WR	HIROO TANAKA	JPN	15.08s	92.62%	2017		WR	CRISTA BORTIGNON	CAN	18.14s	90.97%	2022
M90	AR	JIM SINCLAIR	VIC	18.63s	82.29%	2015	W90	AR	CHRISTIANE DAUPHINET	QLD	34.02s	54.29%	2022
	WR	HIROO TANAKA	JPN	16.69s	91.85%	2021		WR	EMIKO SAIKO	JPN	21.25s	86.91%	2021
M95	AR	JIM SINCLAIR	VIC	25.39s	68.75%	2019	W95	AR					
	WR	FREDERICO FISCHER	BRA	20.41s	85.53%	2012		WR	ELENA PAGU	ROU	30.16s	71.52%	2021
M100	AR	LES AMEY	QLD	58.29s	35.92%	2000	W100	AR					

M105	WR	DON PELLMANN	USA	26.99s	77.57%	2015		WR	JULIA HAWKINS	USA	39.62s	67.76%	2017
	WR	STANISTAW KOWALSKI	POL	34.50s	79.04%	2015	W105	WR	JULIA HAWKINS	USA	62.95s	59.26%	2021
<b>200 METRES</b>							<b>200 METRES</b>						
M30	AR	KYLE ENNIS	WA	21.35s	89.88%	2022	W30	AR	MELISSA MEDLICOTT	NSW	23.4s	91.50%	2000
	AR	PATRICK JOHNSON	ACT	20.35s	96.08%	2006		AR	DENISE BOYD	VIC	23.09s	93.68%	1983
M35	AR	ADAM FARLOW	ACT	21.80s	90.16%	2018	W35	AR	WENDY SEEGER	WA	24.42s	88.57%	2015
	AR	PATRICK JOHNSON	ACT	20.48s	95.98%	2007		AR	TANIA MURPHY	SA	23.90s	90.50%	2006
	WR	LINFORD CHRISTIE	GBR	20.11s	97.74%	1995		WR	SHELLY-ANN FRASER-PRYCE	JAM	21.81s	99.17%	2022
M40	AR	ASHLEY MCMAHON	NSW	22.03s	92.20%	2016	W40	AR	WENDY SEEGER	WA	24.52s	89.38%	2016
	WR	TROY DOUGLAS	NED	20.64s	97.86%	2003		WR	MERLENE OTTEY	SLO	22.72s	96.47%	2004
M45	AR	REG AUSTIN	NSW	22.40s	92.79%	1983	W45	AR	JULIE BRIMS	QLD	25.21s	90.48%	2011
	WR	ALEXANDER KOSENKOW	GER	21.65s	96.00%	2022		WR	MERLENE OTTEY	SLO	23.82s	95.76%	2006
M50	AR	ERNIE LESEBERG	NSW	22.97s	93.25%	2022	W50	AR	JULIE BRIMS	QLD	24.87s	98.87%	2020
	WR	WILLIE GAULT	USA	22.44s	95.45%	2011		WR	MERLENE OTTEY	SLO	24.33s	97.68%	2007
M55	AR	MICHAEL RODEN	ACT	23.80s	92.91%	2021	W55	AR	MANDY MASON	WA	24.63s	101.26%	2023
	WR	WILLIE GAULT	USA	23.24s	95.15%	2016		WR	MANDY MASON	AUS	24.63s	101.26%	2023
M60	AR	PETER CROMBIE	NSW	24.83s	92.09%	2005	W60	AR	JULIE FORSTER	NSW	29.34s	89.15%	2023
	WR	RON TAYLOR	GBR	24.00s	95.28%	1995		WR	NICOLE BARILLY ALEXIS	FRA	27.78s	93.31%	2022
M65	AR	ROBERT MAYSTON	VIC	25.00s	94.77%	2022	W65	AR	JEANETTE FLYNN	QLD	30.55s	89.68%	2018
	WR	CHARLES ALLIE	USA	24.65s	96.11%	2013		WR	KARLA DEL GRANDE	CAN	28.53s	95.13%	2018
M70	AR	HUGH COOGAN	QLD	26.84s	91.64%	2005	W70	AR	BARBARA BLURTON	WA	32.17s	88.50%	2021
	WR	CHARLES ALLIE	USA	25.75s	95.52%	2018		WR	KARLA DEL GRANDE	CAN	30.05s	95.67%	2024
M75	AR	BOB WISHART	VIC	28.42s	90.03%	2017	W75	AR	ANN COOPER	SA	33.6s	88.51%	2004
	WR	ROBERT LIDA	USA	27.73s	92.27%	2012		WR	CAROL LAFAYETTE-BOYD	CAN	31.56s	94.90%	2018
M80	AR	MIKE JOHNSTON	VIC	31.82s	84.10%	2002	W80	AR	MIRIAM CUDMORE	SA	39.75s	80.58%	2018
	WR	HISAMITSU HIJIYA	JPN	29.54s	90.59%	2011		WR	CAROL LAFAYETTE-BOYD	USA	34.38s	93.17%	2022
M85	AR	RICHARD HUGHES	NSW	34.37s	83.52%	2017	W85	AR	MIRIAM CUDMORE	SA	43.09s	80.24%	2024
	WR	HISAMITSU HIJIYA	JPN	31.69s	90.58%	2016		WR	CHRISTA BORTIGNON	CAN	40.20s	87.38%	2022
M90	AR	DAVID CARR	WA	42.60s	74.80%	2022	W90	AR	CHRISTIANE DAUPHINET	QLD	76.28s	52.15%	2022
	WR	HIROO TANAKA	JPN	36.02s	88.47%	2021		WR	EMMA MARIA MAZZENGER	ITA	50.33s	75.09%	2024
M95	AR	MERVYN COLLINS	ACT	60.71s	61.00%	2022	W95	AR	HEATHER LEE	NSW	94.3s	52.05%	2023
	WR	TOSIO KAMEHAMA	JPN	48.09s	77.01%	2022		WR	DIANE FRIEDMAN	USA	72.99s	64.55%	2017
M100	WR	PHILLIP RABINOWITZ	RSA	77.59s	59.38%	2004	W100	WR	DIANE FRIEDMAN	USA	89.79s	66.55%	2021
<b>400 METRES</b>							<b>400 METRES</b>						
M30	AR	MURRAY GOODWIN	QLD	46.24s	93.06%	2018	W30	AR	GLENDA DOUGLASS	NSW	55.5s	87.38%	1996
	AR	ALEX BECK	QLD	45.79s	93.97%	2022		AR	RAELENE BOYLE	VIC	51.08s	94.45%	1982
M35	AR	JEFF KING	ACT	48.2s	90.69%	2000	W35	AR	WENDY SEEGER	WA	55.72s	88.95%	2016
	AR	ANDREW WILCOX	VIC	48.13s	91.09%	2004		AR	WENDY OLD-ABBOTT	SA	55.43s	89.41%	1996
	WR	CHRISTOPHER BROWN	BAH	44.54s	98.43%	2015		WR	ALISON FELIX	USA	49.46s	100.21%	2021
M40	AR	ROBERT McCUBBIN	VIC	49.33s	91.56%	2004	W40	AR	MARIE KAYE	NSW	56.18s	92.85%	2003
	WR	ENRICO SARACENI	ITA	47.81s	94.47%	2004		WR	SARA MONTECINOS	CHL	53.68s	95.21%	1994
M45	AR	REG AUSTIN	NSW	50.61s	92.63%	1983	W45	AR	ADRIENNE MCIVOR	QLD	56.60s	93.49%	2016
	WR	RICARDO MENENDEZ GONZ	ESP	48.55s	96.25%	2024		WR	ANGELA HENRY-NOTT	USA	56.14s	94.25%	2021
M50	AR	REG AUSTIN	NSW	51.81s	92.83%	1987	W50	AR	JANELLE DELANEY	NSW	58.41s	95.78%	2022
	WR	JUAN LUIS LOPEZ ANAYS	ESP	50.51s	95.22%	2021		WR	SALLY COOKE	GBR	57.55s	95.59%	2022
M55	AR	MICHAEL RODEN	ACT	53.01s	93.79%	2022	W55	AR	MANDY MASON	WA	57.86	100.91%	2024
	WR	CHARLES ALLIE	USA	52.24s	95.17%	2003		WR	MANDY MASON	AUS	57.86	100.91%	2024
M60	AR	TREVOR YOUNG	NSW	55.42s	92.85%	2018	W60	AR	ANNE STOBAUS	VIC	67.30s	89.59%	2001
	WR	RALPH ROMAIN	TRI	53.88s	95.51%	1995		WR	SUE MCDONALD	USA	61.73s	99.45%	2024
M65	AR	ROBERT MAYSTON	VIC	56.92s	94.38%	2023	W65	AR	JEANETTE FLYNN	QLD	69.01s	93.25%	2018
	WR	CHARLES ALLIE	USA	56.09s	95.07%	2013		WR	ELIZABETH DEAK	USA	67.23s	95.35%	2023
M70	AR	HUGH COOGAN	QLD	60.77s	91.08%	2006	W70	AR	BARBARA BLURTON	WA	71.78s	94.09%	2020
	WR	CHARLES ALLIE	USA	57.26s	96.67%	2018		WR	SARA MONTECINOS	CHL	70.62s	96.23%	2024
M75	AR	HUGH COOGAN	QLD	64.10s	89.97%	2011	W75	AR	MARGE ALISON	QLD	85.07s	85.29%	2019
	WR	GUIDO MUELLER	GER	62.40s	92.43%	2014		WR	MICHELLE PERONI	FRA	77.71s	94.90%	2023
M80	AR	DAVID CARR	WA	71.40s	85.86%	2013	W80	AR	CORY COLLINS	ACT	1m 32.75s	85.56%	2016
	WR	HISAMITSU HIJIYA	JPN	70.01s	87.57%	2012		WR	RIETJE DIJKMAN	NED	1m 29.84s	88.34%	2019

M85	AR	DAVID CARR	WA	81.93s	81.67%	2018	W85	AR	SHIRLEY COPPOCK	VIC	2m 20.26s	63.30%	2021
	WR	EARL FEE	CAN	77.12s	86.76%	2014		WR	KATHLEEN STEWART	GBR	1m 39.24s	87.31%	2024
M90	AR	DAVID CARR	WA	95.47s	79.11%	2022	W90	AR	CHRISTIANE DAUPHINET	QLD	3m 14.42s	52.65%	2022
	WR	EARL FEE	CAN	89.15s	84.72%	2019		WR	EMIKO SAITO	JPN	2m 12.71s	59.80%	2022
M95	AR	ALEX PITTENDRICH	QLD	2m 50.1s	52.52%	2001	W95	AR	HEATHER LEE	NSW	3m 10.21s	64.71%	2022
	WR	ORVILLE ROGERS	USA	2m 21.82s	62.89%	2013		WR	<b>HEATHER LEE</b>	<b>AUS</b>	<b>3m 10.21s</b>	<b>64.71%</b>	<b>2022</b>
M100	WR	ERWIN JASKULSKI	AUT	3m 41s	51.37%	2003							
<b>800 METRES</b>							<b>800 METRES</b>						
M30	AR	SCOTT TAMBLIN	WA	1m 51.81s	90.25%	2010	W30	AR	JUDY DALY	SA	2m 07.4s	89.49%	1978
	AR	<i>JEFFREY RISELEY</i>	<i>VIC</i>	<i>1m 45.41s</i>	<i>95.73%</i>	<i>2021</i>		AR	<i>CATRIONA BISSET</i>	<i>VIC</i>	<i>1m 58.44s</i>	<i>96.26%</i>	<i>2024</i>
M35	AR	ROBERT MCCUBBIN	VIC	1m 53.10s	89.31%	2003	W35	AR	JUDY DALY	SA	2m 11.5s	87.58%	1986
	AR	<i>DYLAN STENSON</i>	<i>SA</i>	<i>1m 48.34s</i>	<i>94.21%</i>	<i>2024</i>		AR	<i>JUDY POLLOCK</i>	<i>VIC</i>	<i>1m 59.93s</i>	<i>96.02%</i>	<i>1976</i>
	WR	JOHNNY GRAY	USA	1m 43.36s	97.73%	1995		WR	LYUBOV GURINA	RUS	1m 56.53s	98.83%	1994
M40	AR	ROBERT MCCUBBIN	VIC	1m 51.56s	94.01%	2004	W40	AR	SUZY COLE	TAS	2m 10.48s	91.27%	2010
	WR	ANTHONY WHITEMAN	GBR	1m 48.22s	96.91%	2012		WR	Y. PODKOPAYEVA	RUS	1m 59.25s	99.87%	1994
M45	AR	ALAN BRADFORD	QLD	1m 58.6s	91.83%	1987	W45	AR	ADRIENNE MCIVOR	QLD	2m 11.19ss	94.17%	2016
	AR	<i>PHILO SAUNDERS</i>	<i>ACT</i>	<i>1m 56.79s</i>	<i>95.38%</i>	<i>2024</i>		WR	Y. PODKOPAYEVA	RUS	2m 02.82s	100.59%	1998
	WR	ANTHONY WHITEMAN	GBR	1m 49.86s	99.14%	2017	W50	AR	JEANETTE FLYNN	QLD	2m 16.05s	97.05%	2005
M50	AR	ALAN BRADFORD	QLD	2m 00.40s	93.97%	1989		WR	EVA TROST	GER	2m 12.50s	97.08%	2018
	WR	BRIAN TULLIS	USA	1m 57.98s	96.73%	2024	W55	AR	JEANETTE FLYNN	QLD	2m 21.98s	94.69%	2007
M55	AR	CRAIG SANFORD	VIC	2m 05.03s	95.07%	2024		WR	ANNE GILSHINAN	IRE	2m 19.63s	96.29%	2019
	WR	PETER OBERLIESSEN	GER	2m 02.92s	95.66%	2016	W60	AR	KAREN BLAY	NSW	2m 32.63s	92.86%	2024
M60	AR	ALAN BRADFORD	QLD	2m 10.42s	93.73%	1999		WR	SUE MCDONALD	USA	2m 22.52s	99.00%	2023
	WR	NOLAN SHAHEED	USA	2m 08.56s	95.08%	2011	W65	AR	JEANETTE FLYNN	QLD	2m 43.39s	91.05%	2016
M65	AR	DAVID CARR	WA	2m 19.5s	91.14%	1998		WR	SABRA HARVEY	USA	2m 39.61s	93.20%	2016
	WR	PAUL FORBES	GBR	2m 13.74s	97.38%	2023	W70	AR	MARGARET SAUNDERS	WA	3m 00.71s	86.97%	2024
M70	AR	DAVID CARR	WA	2m 25.14s	91.13%	2003		WR	ALISON BOURGEOIS	SUI	2m 50.22s	92.61%	2023
	WR	EARL FEE	CAN	2m 20.52s	94.13%	1999	W75	AR	LAVINIA PETRIE	VIC	3m 18.2s	85.31%	2018
M75	AR	DAVID CARR	WA	2m 34.3s	90.19%	2007		WR	ANGELA COPSON	GBR	3m 07.19s	90.32%	2022
	WR	JOSE V RIOSECO	ESP	2m 30.59s	92.41%	2016	W80	AR	LIVANIA PETRIE	VIC	3m 42.52s	80.64%	2024
M80	AR	DAVID CARR	WA	2m 48.5s	88.70%	2013		WR	YOKO NAKANO	JPN	3m 30.41s	87.82%	2018
	WR	JOSE V RIOSECO	ESP	2m 41.59s	92.49%	2021	W85	AR	CHRISTIANE DAUPHINET	QLD	5m 26.22s	63.38%	2016
M85	AR	DAVID CARR	WA	3m 06.69s	88.15%	2017		WR	YOKO NAKANO	JPN	3m 58.15s	86.82%	2021
	WR	<b>DAVID CARR</b>	<b>AUS</b>	<b>3m 06.69s</b>	<b>88.15%</b>	<b>2017</b>	W90	AR	unclaimed				
M90	AR	DAVID CARR	WA	3m 36.28s	86.55%	2022		WR	MELITTA CZERWENKA-NAGEL	GER	5m 01.35s	79.25%	2020
	WR	EARL FEE	CAN	3m 34.93s	87.11%	2019	W95	AR	HEATHER LEE	NSW	6m 35.34s	<b>72.95%</b>	2023
M95	AR	JOHN GILMOUR	WA	9m 19.93s	39.82%	2016		WR	<b>HEATHER LEE</b>	<b>AUS</b>	<b>6m 49.14s</b>	<b>70.49%</b>	<b>2022</b>
	WR	ANTONIA NACCA	ITA	4m 51.44s	76.50%	2019							
<b>1000 METRES</b>							<b>1000 METRES</b>						
M30	AR	RAY BOYD	WA	2m 23.2s	92.15%	1996	W30	AR	KIMBERLY YOUNG	WA	3m 11.8s	77.67%	2024
M35	AR	SCOTT TAMBLIN	WA	2m 29s	88.56%	2015		AR	<i>LINDEN HALL</i>	<i>VIC</i>	<i>2m 35.12s</i>	<i>96.04%</i>	<i>2023</i>
M40	AR	JOHN MOLLOY	WA	2m 37.2s	86.96%	1992	W35	AR	LISA DAVIS	SA	3m 09s	78.96%	2015
	AR	<i>ALEKSANDR RUDA</i>	<i>VIC</i>	<i>2m 36.38s</i>	<i>87.64%</i>	<i>2024</i>	W40	AR	SHARON DAVIS	WA	2m 59.6s	86.00%	2018
M45	AR	CHRIS GOULD	WA	2m 43.6s	86.67%	2021	W45	AR	ANNA KASAPIS	VIC	3m 00.40s	90.03%	2024
M50	AR	DANIEL SMEE	TAS	2m 49.15s	88.99%	2024	W50	AR	ANNA SMEE	TAS	3m 13.06s	87.77%	2024
M55	AR	CRAIG SANFORD	VIC	2m 47.12s	92.29%	2024	W55	AR	BARBARA BLURTON	WA	3m 24.3s	85.45%	2005
M60	AR	ANTHONY GRENDON	WA	2m 57.07s	89.94%	2023	W60	AR	MARGARET SAUNDERS	WA	3m 32.3s	86.27%	2015
M65	AR	BERT CARSE	WA	3m 18.3s	83.69%	2010	W65	AR	MARGARET SAUNDERS	WA	3m 42.6s	86.69%	2019
M70	AR	DAVID CARR	WA	3m 23.4s	85.15%	2005	W70	AR	MARGARET SAUNDERS	WA	3m 52.65s	87.58%	2024
M75	AR	DAVID CARR	WA	3m 34.2s	85.17%	2008	W75	AR	GILLIAN YOUNG	WA	4m 45.53s	76.55%	2023
M80	AR	DAVID CARR	WA	3m 53.2s	83.84%	2012	W80	AR	RUTH JOHNSON	WA	5m 46.15s	68.81%	2023
M85	AR	DAVID CARR	WA	4m 15.94s	84.00%	2019							
M90	AR	CECIL WALKLEY	WA	12m 25s	32.81%	2019							
M95	AR	PETER KENNEDY	WA	14m 48s	32.81%	2016							
<b>1500 METRES</b>							<b>1500 METRES</b>						
M30	AR	GLENN RITCHIE	NSW	3m 41.48s	93.01%	1996	W30	AR	MARCIA SHEER	SA	4m 25.0s	86.82%	1992
	AR	<i>PAT SCAMMELL</i>	<i>VIC</i>	<i>3m 35.62s</i>	<i>95.54%</i>	<i>1991</i>		AR	<i>LINDEN HALL</i>	<i>VIC</i>	<i>3m 56.40s</i>	<i>97.71%</i>	<i>2024</i>

M35	AR	SCOTT TAMBLIN	WA	3m 51.01s	90.96%	2015	W35	AR	BELINDA MARTIN	NSW	4m 21.03s	89.53%	2011
	AR	PHILO SAUNDERS	ACT	3m 42.43s	94.46%	2014		AR	JUDY POLLOCK	VIC	4m 14.22s	91.93%	1976
	WR	BERNARD LAGAT	USA	3m 32.51s	98.87%	2010		WR	MARICICA PUICA	ROM	3m 57.73s	98.30%	1983
M40	AR	PHILO SAUNDERS	ACT	3m 45.95s	95.88%	2017	W40	AR	OLGA FIRSOVA	QLD	4m 25.30s	91.38%	2023
	WR	BERNARD LAGAT	USA	3m 41.87s	97.64%	2015		WR	Y. PODKOPAYEVA	RUS	3m 59.78s	101.11%	1994
M45	AR	PHILO SAUNDERS	ACT	3m 55.38s	95.07%	2022	W45	AR	BELINDA MARTIN	NSW	4m 28.23s	93.99%	2019
	WR	ANTHONY WHITEMAN	GBR	3m 48.72s	97.91%	2017		WR	Y. PODKOPAYEVA	RUS	4m 05.44s	102.72%	1998
M50	AR	TOM ROBERTS	VIC	4m 05.2s	94.69%	1984	W50	AR	JEANETTE FLYNN	QLD	4m 42.00s	95.68%	2005
	WR	DAVID HEATH	GBR	3m 58.26s	97.45%	2015		WR	NICOLE WEIJLING-DISSEL	NED	4m 35.40s	95.43%	2017
M55	AR	KEITH BATEMAN	NSW	4m 12.35s	96.48%	2011	W55	AR	LOUISA ABRAM	QLD	4m 59.36s	91.78%	2018
	WR	<b>KEITH BATEMAN</b>	<b>AUS</b>	<b>4m 12.35s</b>	<b>96.48%</b>	<b>2011</b>		WR	ANNE GILSHINAN	IRE	4m 41.46s	97.61%	2019
M60	AR	JOHN GILMOUR	WA	4m 29.0s	93.66%	1979	W60	AR	KAREN BLAY	NSW	5m 08.45s	93.81%	2023
	WR	NOLAN SHAHEED	USA	4m 24.00s	95.44%	2011		WR	ANNE GILSHINAN	IRE	4m 59.45s	96.63%	2024
M65	AR	JACK RYAN	VIC	4m 41.82s	93.63%	1987	W65	AR	JEANETTE FLYNN	QLD	5m 47.83s	87.12%	2016
	WR	PAUL FORBES	GBR	4m 39.15s	95.33%	2023		WR	KATHRYN MARTIN	USA	5m 25.65s	93.06%	2017
M70	AR	DONALD MATHEWSON	NSW	5m 02.28s	91.80%	2015	W70	AR	LAVINIA PETRIE	VIC	6m 04.06s	87.89%	2014
	WR	RON ROBERTSON	NZL	4m 52.95s	94.72%	2011		WR	ANGELA COPSON	GBR	5m 46.9s	92.24%	2017
M75	AR	DAVID CARR	WA	5m 28.1s	89.32%	2007	W75	AR	LAVINIA PETRIE	VIC	6m 48.39s	83.23%	2021
	WR	JOSE VICENTE RIOSECO	ESP	5m 11.27s	94.15%	2018		WR	JEANIE RICE	USA	6m 14.88s	90.67%	2023
M80	AR	DAVID CARR	WA	5m 54.3s	88.22%	2013	W80	AR	LAVINIA PETRIE	VIC	7m 10.73s	84.57%	2024
	WR	JOSE VICENTE RIOSECO	ESP	5m 30.89s	94.46%	2021		WR	YOKO NAKANO	JPN	6m 52.77s	89.17%	2016
M85	AR	DAVID CARR	WA	6m 27.3s	88.44%	2017	W85	AR	HEATHER LEE	NSW	11m 56.80s	60.10%	2014
	WR	MANUEL ALONSO DOMINGO	ESP	6m 08.61s	92.93%	2021		WR	YOKO NAKANO	JPN	7m 37.31s	89.47%	2021
M90	AR	DAVID CARR	WA	7m 32.95s	85.89%	2022	W90	AR					
	WR	<b>DAVID CARR</b>	<b>AUS</b>	<b>7m 32.95s</b>	<b>85.89%</b>	<b>2022</b>		WR	LENORE MONTGOMERY	CAN	12m 34.67s	62.39%	2020
M95	AR	JOHN GILMOUR	WA	19m 35.95s	39.51%	2016	W95	AR	HEATHER LEE	NSW	12m 46.55s	74.29%	2022
	WR	YOSHIMITSU MIYAUCHI	JPN	10m 10.88s	76.05%	2019		WR	<b>HEATHER LEE</b>	<b>AUS</b>	<b>12m 46.55s</b>	<b>74.29%</b>	<b>2022</b>
M100	AR	LES AMEY	QLD	16m 46.4s	59.68%	2000							
	WR	<b>LES AMEY</b>	<b>AUS</b>	<b>16m 46.4s</b>	<b>59.68%</b>	<b>2000</b>							
<b>1 MILE</b>							<b>1 MILE</b>						
M30	AR	SCOTT TAMBLIN	WA	4m 11.94s	88.56%	2014	W30	AR	SUE HOBSON	ACT	4m 48s	87.61%	1989
	AR	PAT SCAMMELL	VIC	3m 55.17s	94.88%	1992		AR	LINDEN HALL	VIC	4m 19.60s	97.40%	2023
M35	AR	SCOTT TAMBLIN	WA	4m 11.78s	90.49%	2015	W35	AR	JUDY DALEY	SA	4m 50.08s	89.15%	1982
	AR	PHILO SAUNDERS	ACT	4m 01.81s	94.23%	2015		AR	VICTORIA MITCHELL	NSW	4m 46.19s	90.36%	2018
	WR	BERNARD LAGAT	USA	3m 51.38s	98.47%	2011		WR	MARICICA PUICA	ROM	4m 17.33s	100.50%	1985
M40	AR	PHILO SAUNDERS	ACT	4m 05.95s	95.11%	2017	W40	AR	BELINDA MARTIN	NSW	4m 45.38s	96.09%	2019
	WR	BERNARD LAGAT	USA	3m 57.91s	98.32%	2015		WR	Y. PODKOPAYEVA	RUS	4m 23.78s	101.14%	1993
M45	AR	BRETT HALLS	NSW	4m 24.12s	91.96%	2024	W45	AR	BELINDA MARTIN	NSW	4m 51.33s	94.80%	2020
	WR	DAVIDE RAINERI	ITA	4m 13.96s	94.93%	2019		WR	Y. PODKOPAYEVA	RUS	4m 48.42s	95.76%	1997
M50	AR	TOM ROBERTS	VIC	4m 30.06s	92.38%	1987	W50	AR	JEANETTE FLYNN	QLD	5m 13.6s	91.50%	2004
	WR	BRAD BARTON	USA	4m 19.59s	96.10%	2019		WR	NICOLE WEIJLING-DISSEL	NED	4m 57.83s	96.34%	2017
M55	AR	KEITH BATEMAN	NSW	4m 35.04s	94.25%	2010	W55	AR	JEANETTE FLYNN	QLD	5m 27.57s	91.38%	2006
	WR	<b>KEITH BATEMAN</b>	<b>AUS</b>	<b>4m 35.04s</b>	<b>94.25%</b>	<b>2010</b>		WR	ANNE GILSHINAN	IRE	5m 08.47s	97.03%	2019
M60	AR	JOHN GILMOUR	WA	4m 57.1s	91.08%	1980	W60	AR	KAREN BLAY	NSW	5m 28.95s	95.71%	2024
	WR	HAKAN ERIKSSON	SWE	4m 47.69s	94.06%	2021		WR	SUE MCDONALD	USA	5m 28.02s	95.98%	2023
M65	AR	JACK RYAN	VIC	5m 05.61s	92.89%	1987	W65	AR	JEANETTE FLYNN	QLD	6m 17.10s	88.49%	2017
	WR	DEREK TURNBULL	NZL	4m 56.4s	95.78%	1992		WR	ANGELA COPSON	GBR	5m 54.59s	93.09%	2015
M70	AR	JOHN BERMINGHAM	NT	5m 23.90s	92.44%	2022	W70	AR	LAVINIA PETRIE	VIC	<b>6m 33.96s</b>	88.66%	2014
	WR	JOOP RUTER	NED	5m 19.75s	93.64%	2003		WR	SHARON GERL	USA	6m 38.30s	87.70%	2018
M75	AR	DAVID CARR	WA	6m 04.2s	87.26%	2007	W75	AR	LORRAINE LOPES	WA	7m 46.5s	79.94%	2015
	WR	HANS SMEETS	NED	5m 41.20s	93.14%	2022		WR	JEANNE DAPRANO	USA	6m 58.44s	89.13%	2012
M80	AR	DAVID CARR	WA	6m 26.6s	88.20%	2012	W80	AR	CAROLINE CAMPBELL	ACT	8m 47.43s	77.00%	2022
	WR	JOSE VICENTE RIOSECO LC	ESP	5m 56.93s	95.53%	2021		WR	YOLANDE MARCHAL	FRA	7m 34.74s	89.31%	2019
M85	AR	DAVID CARR	WA	7m 16.7s	86.02%	2017	W85	AR	MARGARET PROWSE	VIC	13m 34.3s	55.72%	2007
	WR	MANUEL ALONSO DOMINGO	ESP	6m 40.25s	93.85%	2021		WR	BLANCHE CUMMINGS	USA	10m 55.25s	69.25%	2015
M90	AR	DAVID CARR	VIC	8m 21.34s	83.80%	2022	W90	AR	HEATHER LEE	NSW	12m 48.59s	66.52%	2020
	WR	<b>DAVID CARR</b>	<b>AUS</b>	<b>8m 21.34s</b>	<b>83.80%</b>	<b>2022</b>		WR	DOT SOWERBY	USA	11m 30.62s	74.04%	2023

M95	WR	ANTONIA NACCA	ITA	11m 56.04s	71.70%	2019	W95	AR	HEATHER LEE	NSW	13m 41.36s	77.48%	2022
								WR	HEATHER LEE	AUS	13m 41.36s	77.48%	2022
<b>3,000 METRES</b>							<b>3,000 METRES</b>						
M30	AR	AIDAN HOBBS	QLD	8m 13.56s	89.28%	2021	W30	AR	SUSAN HOBSON	ACT	9m 05.93s	91.38%	1989
	AR	DARREN LYNCH	VIC	7m 45.53s	94.66%	1999		AR	LINDEN HALL	VIC	8m 40.59s	95.84%	2024
M35	AR	AIDAN HOBBS	QLD	8m 18.78s	90.34%	2024	W35	AR	BELINDA MARTIN	NSW	9m 18.51s	89.33%	2011
	AR	SHAUN CREIGHTON	ACT	7m 49.04	93.95%	2002		AR	SUSAN HOBSON	ACT	9m 01.77s	92.09%	1996
	WR	BERNARD LAGAT	USA	7m 29.00s	98.14%	2010		WR	MARICICA PUICA	ROM	8m 27.83s	98.25%	1985
M40	AR	BEN ST LAWRENCE	NSW	8m 09.77s	92.93%	2021	W40	AR	BELINDA MARTIN	NSW	9m 20.05s	93.99%	2018
	WR	BERNARD LAGAT	USA	7m 42.75s	98.42%	2015		WR	NURIA FERNANDEZ	ESP	9m 03.40s	93.85%	2017
M45	AR	ROBERT SCHWERKOLT	VIC	8m 49s	89.23%	2011	W45	AR	BELINDA MARTIN	NSW	9m 30.72s	92.99%	2019
	AR	SCOTT WESTCOTT	NSW	8m 34.62s	91.72%	2020		AR	BELINDA MARTIN	NSW	9m 22.41s	94.37%	2020
	WR	VYACHESLAV SHABUNIN	RUS	8m 15.58s	95.24%	2015		WR	Y. PODKOPAYEVA	RUS	9m 17.27s	95.24%	1997
M50	AR	SHAUN CREIGHTON	ACT	8m 58s	91.27%	2018	W50	AR	LUCY DI BENEDETTO	VIC	10m 23.09s	91.56%	2023
	WR	CHRISTIAN GEFFREY	FRA	8m 41.2s	94.22%	2007		WR	GITTE KARLSHOJ	DEN	9m 47.20s	94.44%	2009
M55	AR	KEITH BATEMAN	NSW	8m 56.82s	95.47%	2010	W55	AR	KAREN BLAY	NSW	10m 37.44s	92.23%	2020
	WR	KEITH BATEMAN	AUS	8m 56.82s	95.47%	2010		WR	SILKE SCHMIDT	GER	10m 03.90s	96.36%	2015
M60	AR	STEVE MONEGHETTI	VIC	9m 30.7s	94.10%	2022	W60	AR	KAREN BLAY	NSW	10m 55.18s	93.63%	2023
	WR	YOSHITSUGU IWANAGA	JPN	9m 21.38s	95.65%	2020		WR	SILKE SCHMIDT	GER	10m 28.94s	97.54%	2019
M65	AR	KEITH BATEMAN	NSW	10m 09.64s	92.65%	2023	W65	AR	THERESIA BAIRD	VIC	12m 07.18s	89.41%	2007
	WR	DEREK TURNBULL	NZL	9m 47.4s	96.16%	1992		WR	KATHRYN MARTIN	USA	11m 42.8s	92.51%	2017
M70	AR	JOHN BERMINGHAM	NT	10m 40.56s	94.30%	2023	W70	AR	LAVINIA PETRIE	VIC	12m 52.03s	89.76%	2014
	WR	JOHN BERMINGHAM	AUS	10m 40.56s	94.30%	2023		WR	ANGELA COPSON	GBR	12m 13.12s	94.52%	2018
M75	AR	DAVID CUNDY	TAS	11m 58.20s	88.20%	2024	W75	AR	LAVINIA PETRIE	VIC	14m 24.8s	86.00%	2023
	WR	ED WHITLOCK	CAN	11m 10.43s	94.51%	2006		WR	YOKO NAKANO	JPN	13m 55.58s	89.00%	2012
M80	AR	DAVID CARR	WA	13m 12.3s	85.40%	2012	W80	AR	LAVINIA PETRIE	VIC	14m 48.58s	89.30%	2024
	WR	JOSE VICENTE RIOSECO LC	ESP	11m 56.25s	94.46%	2021		WR	YOKO NAKANO	JPN	14m 27.49s	92.71%	2017
M85	AR	DAVID CARR	WA	14m 54.8s	82.46%	2017	W85	AR	MARGARET PROWSE	VIC	26m 21.8s	55.98%	2007
	WR	JULIAN BERNAL MEDINA	ESP	14m 13.4s	86.47%	2005		WR	YOKO NAKANO	JPN	16m 39.15s	88.62%	2021
M90	AR	DAVID CARR	WA	16m 20.96s	85.21%	2022							
	WR	DAVID CARR	AUS	16m 20.96s	85.21%	2022							
M95	WR	YOSHIMITSU MIYAUCHI	JPN	23m 02.89s	72.19%	2019							
<b>5,000 METRES</b>							<b>5,000 METRES</b>						
M30	AR	AIDAN HOBBS	QLD	14m 34.70s	86.58%	2020	W30	AR	SUSAN HOBSON	ACT	16m 25.7s	86.35%	1989
	AR	SHAUN CREIGHTON	ACT	13m 21.45s	94.50%	2000		AR	ELLOISE WELLINGS	NSW	15m 01.59s	94.41%	2016
M35	AR	AIDAN HOBBS	QLD	14m 15.34s	88.54%	2020	W35	AR	OLGA FIRSOVA	QLD	16m 09.93s	87.84%	2022
	AR	STEVE MONEGHETTI	VIC	13m 43.95s	91.92%	1998		AR	ANNE CROSS	VIC	15m 26.65s	91.50%	2000
	WR	BERNARD LAGAT	USA	12m 53.60s	97.90%	2011		WR	EDITH MASAI	KEN	14m 33.84s	97.40%	2006
M40	AR	STEVE AUSTIN	VIC	14m 01.7s	92.37%	1991	W40	AR	SINEAD DIVER	VIC	15m 23.65s	94.88%	2018
	WR	BERNARD LAGAT	USA	13m 06.78s	98.82%	2016		WR	JOANNE PAVEY	GBR	15m 04.87s	96.85%	2014
M45	AR	STEPHEN THURSTON	SA	14m 48.30s	92.48%	2024	W45	AR	BELINDA MARTIN	NSW	16m 21.85s	92.69%	2019
	WR	LUCIEN RAULT	FRA	14m 23.6s	93.67%	1982		WR	NICOLE LEVEQUE	FRA	15m 55.71s	95.22%	1996
M50	AR	SHAUN CREIGHTON	ACT	15m 34.71s	90.27%	2017	W50	AR	BELINDA MARTIN	NSW	17m 24.95s	92.07%	2024
	WR	FRANCIS KIPKOECH BOWEN	KEN	14m 51.38s	95.46%	2024		WR	GITTE KARLSHOJ	DEN	16m 51.17s	93.84%	2009
M55	AR	KEITH BATEMAN	NSW	15m 29.7s	94.90%	2011	W55	AR	LOUISA ABRAM	QLD	18m 24.57s	89.97%	2018
	WR	KEITH BATEMAN	AUS	15m 29.7s	94.90%	2011		WR	SILKE SCHMIDT	GER	17m 29.28s	94.71%	2015
M60	AR	STEVE MONEGHETTI	VIC	15m 52.9s	97.07%	2022	W60	AR	KAREN BLAY	NSW	19m 03.77s	92.85%	2024
	WR	STEVE MONEGHETTI	AUS	15m 52.9s	97.07%	2022		WR	SILKE SCHMIDT	GER	17m 59.16s	98.40%	2019
M65	AR	JOHN GILMOUR	WA	17m 25.3s	93.09%	1985	W65	AR	THERESIA BAIRD	VIC	20m 42.5s	89.09%	2007
	WR	ALISTAIR WALKER	GBR	16m 36.59s	97.64%	2022		WR	KATHRYN MARTIN	USA	20m 08.17s	91.62%	2016
M70	AR	JOHN BERMINGHAM	NT	18m 26.9s	92.80%	2023	W70	AR	LAVINIA PETRIE	VIC	21m 34.08s	91.07%	2014
	WR	RON ROBERTSON	NZL	18m 15.53s	93.75%	2011		WR	ANGELA COPSON	GBR	20m 56.13s	93.82%	2017
M75	AR	RANDALL HUGHES	VIC	20m 18.04s	89.34%	1999	W75	AR	LAVINIA PETRIE	VIC	23m 30.93s	89.56%	2019
	WR	ED WHITLOCK	CAN	19m 07.02s	94.87%	2006		WR	JEANIE RICE	USA	22m 41.46s	92.81%	2023
M80	AR	COLIN MCLEOD	QLD	22m 58.42s	84.08%	2016	W80	AR	LAVINIA PETRIE	VIC	25m 58.97	88.20%	2024
	WR	JOSE VICENTE RIOSECO LC	ESP	20m 20.01s	94.99%	2021		WR	YOKO NAKANO	JPN	25m 40.14s	88.86%	2018
M85	AR	DAVID CARR	WA	26m 17.6s	80.21%	2017	W85	AR	MARGARET PROWSE	VIC	45m 33.2s	55.70%	2007

	WR	OKKE KRAMER	GER	23m 51.51s	88.40%	2023		WR	YOKO NAKANO	JPN	27m 38.13s	91.81%	2021
M90	AR	DAVID CARR	WA	29m 28.60s	81.21%	2022	W90	AR	unclaimed				
	WR	<b>DAVID CARR</b>	<b>AUS</b>	<b>29m 28.60s</b>	<b>81.21%</b>	<b>2022</b>	W95	AR	HEATHER LEE	NSW	44m 03.75s	85.40%	2023
M95	WR	ROY ENGLERT	USA	42m 30.23s	67.52%	2019		WR	<b>HEATHER LEE</b>	<b>AUS</b>	<b>44m 03.75s</b>	<b>85.40%</b>	<b>2023</b>
<b>10,000 METRES</b>							<b>10,000 METRES</b>						
M30	AR	AIDAN HOBBS	QLD	30m 58.49s	85.23%	2019	W30	AR	SUSAN HOBSON	ACT	32m 54.92s	88.99%	1990
	AR	STEVE MONEGHETTI	VIC	27m 48.94s	94.52%	1995		AR	LISA ONDIEKI	SA	31m 11.72s	93.89%	1992
M35	AR	ERIC COYLE	TAS	29m 58.5s	89.51%	1985	W35	AR	OLGA FIRSOVA	QLD	34m 07.27s	87.22%	2021
	AR	STEVE MONEGHETTI	VIC	28m 09.96s	93.61%	1997		AR	SUSAN HOBSON	ACT	31m 54.57s	91.79%	1996
	WR	HAILE GEBVRSELASSIE	ETH	26m 51.20s	98.19%	2008		WR	JO PAVEY	GBR	30m 53.20s	94.83%	2012
M40	AR	STEVE AUSTIN	VIC	29m 23.1s	93.82%	1991	W40	AR	SINEAD DIVER	VIC	31m 25.49s	97.60%	2019
	AR	STEVE MONEGHETTI	VIC	28m 33.68s	95.61%	2002		WR	<b>SINEAD DIVER</b>	<b>AUS</b>	<b>31m 25.49s</b>	<b>97.60%</b>	<b>2019</b>
	WR	BERNARD LAGAT	USA	27m 49.35s	98.16%	2016	W45	AR	BELINDA MARTIN	NSW	34m 06.65s	93.04%	2019
M45	AR	BILL RAIMOND	NSW	31m 41s	90.78%	1984		WR	EVY PALM	SWE	32m 34.06s	96.98%	1988
	AR	JOHN WILSON	VIC	31m 29s	90.01%	2017	W50	AR	ANTOINETTE SHAW	WA	37m 31.9s	87.90%	2000
	WR	KEVIN CASTILLE	USA	29m 44.38s	95.29%	2017		WR	FIONA MATHESON	GBR	35m 05.7s	94.02%	2011
M50	AR	SHAUN CREIGHTON	ACT	32m 19.71s	90.75%	2016	W55	AR	BRONWEN CARDY	VIC	37m 50.93s	91.04%	2007
	WR	SEAN WADE	USA	30m 48.87s	95.63%	2011		WR	SALLY GIBBS	NZL	36m 46.96s	94.07%	2019
M55	AR	KEITH BATEMAN	NSW	31m 51.86s	96.37%	2011	W60	AR	THERESIA BAIRD	VIC	39m 21.1s	91.94%	2001
	WR	<b>KEITH BATEMAN</b>	<b>AUS</b>	<b>31m 51.86s</b>	<b>96.37%</b>	<b>2011</b>		WR	SALLY GIBBS	NZL	37m 38.98s	97.72%	2020
M60	AR	JOHN MEAGHER	VIC	33m 32.09s	96.92%	2024	W65	AR	THERESIA BAIRD	VIC	42m 07.1s	90.72%	2007
	WR	<b>JOHN MEAGHER</b>	<b>AUS</b>	<b>33m 32.09s</b>	<b>96.92%</b>	<b>2024</b>		WR	ANGELA COPSON	GBR	41m 40.27s	92.51%	2012
M65	AR	JOHN GILMOUR	WA	36m 11s	92.85%	1992	W70	AR	LAVINIA PETRIE	VIC	44m 36.7s	91.06%	2016
	WR	DEREK TURNBULL	NZ	34m 42.2s	96.81%	1989		WR	ANGELA COPSON	GBR	44m 25.14s	92.30%	2017
M70	AR	IAN CAMERON	QLD	38m 19.70s	92.61%	2024	W75	AR	LAVINIA PETRIE	VIC	49m 54.51s	93.28%	2023
	WR	ED WHITLOCK	CAN	38m 04.13s	92.69%	2000		WR	JEANIE RICE	USA	46m 53.07s	93.55%	2023
M75	AR	RANDALL HUGHES	VIC	43m 05.41s	86.28%	2006	W80	AR	CAROLINE CAMPBELL	ACT	63m 19.95s	74.76%	2023
	WR	ED WHITLOCK	CAN	39m 25.16s	94.31%	2016		WR	YOKO NAKANO	JPN	51m 46.65s	91.45%	2018
M80	AR	COLIN MCLEOD	QLD	47m 13.84s	83.71%	2011	W85	AR	unclaimed				
	WR	ED WHITLOCK	CAN	42m 39.95s	92.67%	2017		WR	VLADYKLENA KOKINA	UKR	86m 15.07s	60.94%	2014
M85	AR	DAVID CARR	WA	55m 45.4s	76.64%	2016							
	WR	ED WHITLOCK	CAN	51m 07.53s	84.72%	2004							
M90	AR	DAVID CARR	WA	62m 48.93s	77.93%	2022							
	WR	<b>DAVID CARR</b>	<b>AUS</b>	<b>62m 48.93s</b>	<b>77.93%</b>	<b>2022</b>							
<b>ONE HOUR RUN (not listed by WMA)</b>							<b>ONE HOUR RUN (not listed by WMA)</b>						
M30	AR	ADRIAN SHEPPARD	ACT	17296m		2001	W30	AR	CAROL EY	ACT	15705m		1991
	WR	BASHIR ABDI	BEL	21322m		2020		WR	LONAH SALPETER	ISR	18571m		2020
M35	AR	PHIL GARVIN	ACT	18790m		1986	W35	AR	ANNETTE PERKINS	ACT	15552m		1985
	AR	MAGNUS MICHELSOSON	VIC	19470m		2005		WR	CATHERINA SEGERS	BEL	16521m		1999
	WR	MO FARAH	UK	21330m		2020	W40	AR	Jackie Fairweather	ACT	16056m		2008
M40	AR	TREVOR JACOBS	ACT	17819m		1992	W45	AR	JULIE NORNEY	VIC	15421m		2015
	AR	STEVE MONEGHETTI	VIC	<b>19710m</b>		2005	W50	AR	STACEY VAN DUEREN	VIC	15142m		2010
	WR	JOZEF EYCKMANS	BEL	19149m		1996	W55	AR	BRONWEN CARDY	VIC	15323m		2007
M45	AR	FRANK GREEN	ACT	17759m		1985	W60	AR	BRONWEN CARDY	VIC	14109m		2015
	WR	ALAIN MIMOUN	FRA	18862m		1966	W65	AR	LAVINIA PETRIE	VIC	13640m		2011
M50	AR	BRUCE GRAHAM	ACT	17357m		2013	W70	AR	LAVINIA PETRIE	VIC	13044m		2013
	WR	ALAIN MIMOUN	FRA	18576m		1971	W75	AR	LAVINIA PETRIE	VIC	12218m		2018
M55	AR	JOHN GILMOUR	WA	17186m		1974	W80	AR	LAVINIA PETRIE	VIC	11488m		2023
	WR	JOHN VAN DER WANSEM	HOL	17394m		2005	W85	AR	MARGARET PROWSE	VIC	6469m		2007
M60	AR	JOHN GILMOUR	WA	16854m		1979							
M65	AR	JOHN GILMOUR	WA	15892m		1984							
M70	AR	JOHN GILMOUR	WA	15474m		1989							
M75	AR	BOB LEWIS	VIC	13038m		2003							
	WR	EDWARD BENHAM	USA	13699m		1983							
M80	AR	BOB LEWIS	VIC	10850m		2008							
	WR	PAUL SPANGLER	USA	12130m		1980							





	WR	TITUS MAMABOLA	SAF	2:19:29	95.75%	1991		WR	TATIANA POZDNIAKOVA	UKR	2:31:05	100.09%	2005			
M55	AR	RON PETERS	QLD	2:37:27	88.46%	2009	W55	AR	KRISHNA STANTON	QLD	2:48:06	94.32%	2022			
	AR	COLIN AMBROSE	SA	2:34:15	91.35%	2024		WR	JENNY HITCHINGS	USA	2:45:27	100.37%	2022			
	WR	PIET VAN ALPHEN	NED	2:25:56	95.44%	1986	W60	AR	KAREN BLAY	NSW	3:04:02	90.85%	2023			
M60	AR	JOHN GILMOUR	WA	2:41:07	90.44%	1981		WR	JENNY HITCHINGS	USA	2:49:43	98.51%	2023			
	WR	YOSHIHISA HOSAKA	JPN	2:36:30	93.10%	2009	W65	AR	JENNIFER KELLETT	ACT	3:26:22	89.74%	2024			
M65	AR	JOHN SHAW	QLD	2:51:21	89.23%	2019		AR	OLGA ALAEVA	NSW	3:23:54	86.31%	2024			
	WR	DEREK TURNBULL	NZL	2:41:57	94.41%	1992		WR	EMMA LUTHI	SUI	3:12:57	91.94%	2009			
M70	AR	JOHN GILMOUR	WA	3:03:04	87.97%	1989	W70	AR	LAVINIA PETRIE	VIC	3:38:53	86.62%	2015			
	WR	JOSEPH SCHOONBROODT	NED	2:54:19	92.38%	2022		WR	HELGA MIKETTA	GER	3:35:29	87.99%	2013			
M75	AR	BOB LANE	WA	3:33:26	79.80%	2023	W75	AR	CAROL BAIRD	ACT	4:36:27	72.97%	2024			
	WR	ED WHITLOCK	CAN	3:04:54	92.09%	2007		WR	JEANIE RICE	USA	3:48:02	89.31%	2023			
M80	AR	ROBERT HORMAN	QLD	3:39:18	83.53%	1998	W80	AR	NORMA WALLETT	ACT	5:31:53	67.09%	2010			
	WR	ED WHITLOCK	CAN	3:15:54	93.51%	2011		WR	YOKO NAKANO	JPN	4:11:45	88.43%	2017			
M85	AR	ROBERT HORMAN	QLD	4:34:55	73.90%	2004	W85	AR	unclaimed							
	WR	ED WHITLOCK	CAN	3:56:38	85.85%	2016		WR	BETTY JEAN MCHUGH	CAN	5:14:26	79.27%	2012			
M90	WR	ERNEST VAN LEEUWEN	USA	6:46:34	57.69%	2005	W90	WR	MAVIS LINDGREN	USA	8:53:08	54.38%	1997			
<b>3,000 STEEPLECHASE</b>											<b>2,000 STEEPLECHASE</b>			30" from 2000		
M30	AR	AIDAN HOBBS	QLD	8m 50.22s	89.33%	2021	W30	AR	KATE SEIBOLD-CROSBIE	VIC	7m 08.7s	85.49%	2005			
	AR	YOUCEF ABDI	NSW	8m 16.35s	95.42%	2008		AR	DONNA MACFARLANE	TAS	6m 20.06s	95.31%	2008			
M35	AR	JEFF BRODERICK	VIC	8m 53.57s	91.05%	1992	W35	AR	ELAINE COOPER	ACT	7m 07.0s	88.49%	1999			
	AR	GARY ZEUNER	SA	8m 51.91s	89.91%	1989		WR	VICTORIA MITCHELL	NSW	6m 27.11s	97.61%	2017			
	WR	SIMON VROEMEN	NED	8m 04.95s	98.61%	2004	W40	AR	ELAINE COOPER	ACT	7m 06.6s	92.02%	2000			
M40	AR	JEFF BRODERICK	VIC	9m 10.2s	90.46%	1995		WR	LISA RYAN	USA	6m 49.58s	96.07%	2011			
	WR	ANDRES CAROSI	ITA	8m 38.40s	96.01%	2004	W45	AR	KERRI HODGE	QLD	7m 33.24s	90.26%	2019			
M45	AR	JEFF BRODERICK	VIC	9m 24.4s	91.97%	2000		WR	KRISTIE BOOTH	GBR	6m 50.81s	99.59%	2023			
	WR	BRAD WILSON BARTON	USA	9m 06.68s	94.96%	2014	W50	AR	LOUISE FAIRFAX	TAS	7m 55.74s	89.27%	2003			
M50	AR	ALAN BRADFORD	QLD	9m 51.62s	91.72%	1989		WR	NURIA ETXEGARAI CARBAJO	ESP	7m 34.39s	94.15%	2024			
	WR	NILS UNDERSAKOR	NOR	9m 38.8s	93.76%	1989	W55	AR	ANTOINETTE SHAW	WA	8m 23.96s	87.37%	2003			
M55	AR	ALAN BRADFORD	QLD	10m 14.0s	92.60%	1994		WR	LISA MARGARET THOMAS	GBR	7m 51.91s	93.30%	2021			
	WR	RON ROBERTSON	NZL	9m 55.05s	95.55%	1997	W60	AR	JAN MORREY	VIC	8m 52.30s	90.03%	2000			
<b>3,000 STEEPLECHASE (0.838m/33" from 2023)</b>																
								WR	SUE MCDONALD	USA	8m 16.93s	96.44%	2023			
M30	AR	CHRISTOPHER DAVIS	QLD	10m 29.59s	na	2024	W65	AR	MARGARET SAUNDERS	WA	9m 29.52s	90.94%	2019			
M35	AR	CRAIG DODSWORTH	VIC	11m 55.96s	na	2024		WR	KATHRYN MARTIN	USA	8m 52.65s	97.24%	2017			
M40	AR	ALEKSANDR RUDA	VIC	10m 03.00s	na	2024	W70	AR	MARLENE GOURLAY	VIC	9m 46.79s	95.69%	2022			
M45	AR	JUSTIN RULE	QLD	11m 23.3s	na	2023		WR	MARLENE GOURLAY	AUS	9m 46.79s	95.69%	2022			
M50	AR	DANIEL SMEE	TAS	10m 59.09s	na	2024	W75	AR	GILLIAN YOUNG	WA	11m 01.5s	94.39%	2023			
M55	AR	PETER LINK	QLD	11m 43.01s	na	2024		WR	GILLIAN YOUNG	AUS	11m 01.5s	94.39%	2023			
<b>2,000 STEEPLECHASE</b>											30" from 2000					
							W80	AR	RUTH JOHNSON	WA	14m 39.8s	79.78%	2023			
M60	AR	ALAN BRADFORD	QLD	6m 54.31s	89.99%	1999		WR	ANNE MARTIN	GBR	13m 38.34s	85.77%	2016			
	WR	RON ROBERTSON	NZL	6m 30.21s	98.03%	2001	W85	WR	ANNE MARTIN	GBR	16m 55.73s	81.01%	2022			
M65	AR	ALAN BRADFORD	QLD	7m 18.2s	89.66%	2004										
	WR	FRANCISCO ARAGON MUNC	ESP	7m 10.25s	91.32%	2021										
M70	AR	ALLAN MAYFIELD	SA	8m 08.65s	85.01%	2019										
	WR	RON ROBERTSON	NZL	7m 10.03s	96.60%	2011										
M75	AR	ALLAN MAYFIELD	SAF	8m 39.00s	85.78%	2024										
	WR	JOSE V RIOSECO LOPEZ	ESP	8m 29.26s	86.56%	2019										
M80	AR	DAVID CARR	WA	9m 35.1s	82.70%	2013										
	WR	DAVID CARR	AUS	9m 35.1s	82.70%	2013										
M85	AR	DAVID CARR	WA	10m53.3s	80.89%	2017										
	WR	DAVID CARR	AUS	10m53.3s	80.89%	2017										
M90	AR	DAVID CARR	WA	12m 26.57s	81.84%	2022										
	WR	DAVID CARR	AUS	12m 26.57s	81.84%	2022										
<b>60 METRES HURDLES (now combined with indoor records and shown with *)</b>											<b>60 METRES HURDLES (now combined with indoor records and shown with *)</b>					
M30	AR						W30	AR	*SALLY PEARSON	QLD	7.91s	97.09%	2017			
M35	AR						W35	AR	*ELIANA SEYMOUR	QLD	9.01s	85.24%	2023			
M40	AR	*GEOFFREY GIBBONS	TAS	8.74s	86.02%	2017	W40	AR	*MELISSA FOSTER	WA	9.57s	86.30%	2019			





M50	AR	MICK STEVENSON	TAS	43.58s	na	1991														
M55	AR	RICHARD TREMBATH	VIC	44.0s	na	1999														
<b>300 METRES HURDLES</b>				<b>.762m</b>			<b>300 METRES HURDLES</b>							<b>.686m from 2000</b>						
M60	AR	LUKE DE BIASI	VIC	45.13s	85.62%	2023	W60	AR	MARGE ALLISON	QLD	51.64s	93.14%	2005							
	WR	GUIDO MUELLER	FRG	42.31s	91.33%	1999		WR	SUE MCDONALD	USA	48.84s	100.64%	2024							
M65	AR	MICK STEVENSON	TAS	47.69s	85.38%	2005	W65	AR	MARGE ALLISON	QLD	54.06s	93.03%	2011							
	WR	GUIDO MUELLER	GER	43.88s	92.79%	2004		WR	JANE HORDER	GBR	52.41s	96.85%	2023							
<b>300 METRES HURDLES</b>				<b>.686m</b>																
M70	AR	JOHN LAMB	ACT	50.06s	86.08%	2020														
	WR	GUIDO MUELLER	GER	45.24s	95.25%	2009														
M75	AR	MICK STEVENSON	TAS	55.47s	82.63%	2015														
	WR	GUIDO MUELLER	GER	49.65s	92.32%	2014														
<b>200 METRES HURDLES</b>				<b>.686m</b>			<b>200 METRES HURDLES</b>							<b>.686m from 2009</b>						
M80	AR	ALAN BRADFORD	QLD	41.53s	79.05%	2019	W70	AR	CAROL DAVIS	QLD	36.53s	93.26%	2021							
	WR	JOHN MACDERMOTT	IRL	36.06s	94.33%	2024		WR	MARGE ALLISON	AUS	36.71s	92.80%	2015							
M85	AR	OSMO MILLRIDGE	NSW	52.22s	70.04%	2017	W75	WR	CHRISTA BORTIGNON	CAN	39.89s	90.93%	2013							
	WR	EARL FEE	CAN	42.70s	85.66%	2014	W80	WR	IRENE OBERA	USA	42.24s	93.50%	2014							
M90	WR	RALPH MAXWELL	USA	51.31s	82.59%	2010	W85	WR	TAMI GRAF	USA	1m 42.04s	43.36%	2021							
<b>1,500 METRES WALK</b>							<b>1,500 METRES WALK</b>													
M30	AR	KIM MOTTROM	SA	6m 04.50s	82.99%	2017	W30	AR	SUE COOK	ACT	6m 40s	84.25%	1990							
	AR	WILLI SAWALL	VIC	6m 00.4s	87.16%	1976	W35	AR	SHARON SCHNYDER	VIC	6m 47s	83.59%	2000							
M35	AR	KIM MOTTROM	SA	5m 58.63s	86.04%	2021	W40	AR	HEATHER MCDONALD	VIC	6m 45s	86.45%	1990							
	AR	WILLI SAWALL	VIC	5m 31s	97.19%	1980	W45	AR	KELLY RUDDICK	VIC	6m 34s	92.47%	2021							
M40	AR	WILLI SAWALL	VIC	5m 40.1s	96.06%	1982	W50	AR	LYNETTE VENTRIS	WA	6m 45.8s	93.57%	2007							
M45	AR	WILLI SAWALL	VIC	5m 51.8s	98.26%	1989	W55	AR	LYNETTE VENTRIS	WA	7m 00.30s	94.33%	2011							
M50	AR	ANDREW JAMIESON	VIC	6m 21.1s	87.84%	1999	W60	AR	HEATHER CARR	VIC	7m 18.50	94.81%	2010							
	AR	WILLI SAWALL	VIC	6m 10.5s	95.69%	1992	W65	AR	BRENDA RILEY	VIC	7m 48.2s	93.70%	2005							
M55	AR	IGNACIO JIMENEZ	QLD	6m 43.81s	93.40%	2023	W70	AR	JEAN ALBURY	TAS	8m 24s	92.53%	2000							
	AR	WILLI SAWALL	VIC	5m 58.2s	103.37%	1997	W75	AR	JEAN KNOX	VIC	9m 55s	84.05%	2002							
M60	AR	ANDREW JAMIESON	VIC	6m 52.50s	87.62%	2008	W80	AR	GWEN STEED	VIC	10m 37.7s	86.42%	2023							
M65	AR	ANDREW JAMIESON	VIC	6m 52.56s	91.54%	2012	W85	AR	HEATHER LEE	NSW	11m 36.90s	78.55%	2012							
M70	AR	RALPH BENNETT	VIC	8m 00.40s	82.47%	2012	W90	AR	HEATHER LEE	NSW	12m 05.76s	86.17%	2019							
M75	AR	BOB GARDINER	VIC	7m 57.44s	87.47%	2011	W95	AR	HEATHER LEE	NSW	12m 45.95s	101.00%	2023							
M80	AR	JIM SEYMON	NSW	9m 38.26s	76.85%	2018														
M85	AR	RICHARD KEATINGE	QLD	11m 07s	71.79%	2008														
M90	AR	DONALD MCPHERSON	VIC	13m 46.62s	62.76%	2019														
<b>2,000 METRES WALK</b>							<b>2,000 METRES WALK</b>													
M30	AR	ANDREW JACHNO	ACT	8m 43s		1994	W30	AR	MELISSA LEWIS	WA	9m 41.79s		2021							
	AR	PAUL KENNEDY	VIC	7m 52.1s		1990	W35	AR	KELLY RUDDICK	VIC	8m 22s		2013							
M35	AR	DANIEL WALTERS	VIC	8m 26.75s		2018	W40	AR	KELLY RUDDICK	VIC	8m 46.8s		2013							
	AR	WILLI SAWALL	VIC	7m 45.6s		1980	W45	AR	KELLY RUDDICK	VIC	8m 33.4s		2020							
M40	AR	WILLI SAWALL	VIC	7m 52s		1982	W50	AR	PAM TINDAL	VIC	9m 35.7s		2011							
M45	AR	PAUL KENNEDY	VIC	8m 22.77s		2004	W55	AR	HEATHER CARR	VIC	9m 57.5s		2006							
M50	AR	ANDREW JAMIESON	VIC	8m 33s		2000	W60	AR	HEATHER CARR	VIC	9m 54.9s		2010							
	AR	WILLI SAWALL	VIC	8m 33s		1993	W65	AR	HEATHER CARR	VIC	10m 52.2s		2017							
M55	AR	ANDREW JAMIESON	VIC	8m 47.7s		2003	W70	AR	HEATHER CARR	VIC	11m 47.0s		2020							
M60	AR	ANDREW JAMIESON	VIC	9m 13.5s		2010	W75	AR	GWEN STEED	VIC	13m 34.9s		2019							
M65	AR	ANDREW JAMIESON	VIC	9m 10.4s		2012	W80	AR	GWEN STEED	VIC	14m 17.8s		2022							
M70	AR	ANDREW JAMIESON	VIC	10m 28.3s		2020														
M75	AR	ANDREW JAMIESON	VIC	10m 55.9s		2022														
M80	AR	STAN JONES	WA	13m 25.7s		2006														
M85	AR	BOB GARDINER	VIC	16m 03.0s		2023														
M90	AR	COLIN HAINSWORTH	SA	19m 43.9s		2020														
<b>3,000 METRES WALK</b>							<b>3,000 METRES WALK</b>													
M30	AR	IGNACIO JIMENEZ	QLD	12m 45.81s	84.50%	1996	W30	AR	KAREN ISELIN	QLD	13m 55.8s	83.79%	1989							
	AR	LUKE ADAMS	NSW	10m 59.04s	98.19%	2010		AR	KERRY JUNNA-SAXBY	NSW	11m 52.71s	98.26%	1993							
M35	AR	DAVID SMITH	QLD	11m 16.38s	95.67%	1992	W35	AR	ANNE MANNING	NSW	12m 43.2s	93.11%	1995							

	WR	DAVID SMITH	AUS	11m 16.38s	95.67%	1992		WR	KERRY JUNNA-SAXBY	AUS	12m 02.39	98.37%	1997
M40	AR	WILLI SAWALL	VIC	11m 38.4s	95.90%	1982	W40	AR	KELLY RUDDICK	VIC	12m 58.85s	95.30%	2015
	WR	WILLI SAWALL	AUS	11m 38.4s	95.90%	1982		WR	S. GRIESBACH	FRA	13m 19.7s	91.60%	1987
M45	AR	WILLI SAWALL	VIC	11m 57.8s	96.44%	1989	W45	AR	KELLY RUDDICK	VIC	13m 11.6s	95.73%	2020
	WR	GARY LITTLE	NZL	12m 06s	93.99%	1991		WR	KELLY RUDDICK	AUS	13m 19.48s	94.78%	2019
M50	AR	ANDREW JAMIESON	VIC	12m 59.5s	93.77%	2000	W50	AR	LYNETTE VENTRIS	WA	13m 54.3s	94.34%	2007
	AR	WILLI SAWALL	VIC	12m 48.2s	92.16%	1992		WR	LYNETTE VENTRIS	AUS	13m 54.3s	94.34%	2007
	WR	GARY LITTLE	NZL	12m 18s	95.93%	1993	W55	AR	LYNETTE VENTRIS	WA	14m 16.41s	95.89%	2012
M55	AR	ANDREW JAMIESON	VIC	13m 21.7s	89.59%	2003		WR	LYNETTE VENTRIS	AUS	14m 16.41s	95.89%	2012
	WR	WILLI SAWALL	AUS	12m 44s	96.48%	1996	W60	AR	HEATHER CARR	VIC	15m 21.94s	94.29%	2011
M60	AR	ANDREW JAMIESON	VIC	13m 24.07s	95.80%	2007		WR	HEATHER CARR	AUS	15m 21.94s	94.29%	2011
	WR	MOROTTI GRAZIANO	ITA	13m 15.11s	96.88%	2011	W65	AR	BRENDA RILEY	VIC	16m 22.1s	92.23%	2006
M65	AR	ANDREW JAMIESON	VIC	14m 13.6s	95.67%	2012		WR	BRENDA RILEY	AUS	16m 22.1s	92.23%	2006
	WR	IAN RICHARDS	GBR	14m 17.84s	94.23%	2014	W70	AR	HEATHER CARR	VIC	17m 50.6s	89.57%	2020
M70	AR	ANDREW JAMIESON	VIC	15m 17s	92.93%	2016		WR	HEATHER CARR	AUS	17m 50.6s	89.57%	2020
	WR	IAN RICHARDS	GBR	15m 07.43s	93.91%	2018	W75	AR	GWEN STEED	VIC	20m 04.5s	84.81%	2017
M75	AR	ANDREW JAMIESON	VIC	16m 47s	89.66%	2021		WR	JACQUELINE WILSON	NZL	19m 18.90s	88.14%	2021
	WR	JAMES GRIMWADE	GBR	16m 19.5s	92.18%	1987	W80	AR	GWEN STEED	VIC	21m 41.3s	84.20%	2022
M80	AR	TOM DAINTRY	VIC	18m 44s	85.58%	1992		WR	AINA ENGBERG	SWE	21m 08.2s	86.39%	2003
	WR	JAMES GRIMWADE	GBR	18m 52.85s	84.91%	1996	W85	AR	HEATHER LEE	NSW	23m 24.89s	84.32%	2012
M85	AR	GUS THEOBALD	VIC	19m 31.0s	88.09%	1982		WR	HEATHER LEE	AUS	23m 24.89s	84.32%	2012
	WR	GUS THEOBALD	AUS	19m 31.0s	88.09%	1982	W90	AR	HEATHER LEE	NSW	24m 45.29s	88.71%	2018
M90	AR	GUS THEOBALD	VIC	21m 21.3s	86.99%	1987		WR	HEATHER LEE	AUS	24m 56.97s	86.38%	2017
	WR	GUS THEOBALD	AUS	21m 21.3s	86.99%	1987							
<b>5,000 METRES WALK</b>							<b>5,000 METRES WALK</b>						
M30	AR	IGNACIO JIMENEZ	QLD	21m 38.52s	83.59%	1996	W30	AR	SHARON SCHNYDER	VIC	24m 42s	81.15%	1998
	AR	DAVID SMITH	VIC	18m 52.87s	95.82%	1986		AR	KERRY JUNNA-SAXBY	NSW	20m 03s	99.97%	1996
M35	AR	DAVID SMITH	QLD	19m 53s	92.56%	1994	W35	AR	ANNE MANNING	NSW	21m 37.5s	93.57%	1996
	AR	DAVID SMITH	QLD	19m 23.41s	93.34%	1992		AR	KERRY JUNNA-SAXBY	NSW	20m 41s	97.30%	1996
	WR	M. DAMILANO	ITA	18m 30.43s	97.79%	1992		WR	ELISABETTA PERRONNE	ITA	20m 12.41s	99.60%	2003
M40	AR	WILLI SAWALL	VIC	19m 45.65s	94.24%	1984	W40	AR	KELLY RUDDICK	VIC	21m 46.68s	95.10%	2014
	WR	WILLI SAWALL	AUS	19m 45.65s	94.24%	1984		WR	KELLY RUDDICK	AUS	21m 57.40s	94.32%	2013
M45	AR	WILLI SAWALL	VIC	21m 12.19s	90.69%	1990	W45	AR	KELLY RUDDICK	VIC	22m 47.17s	95.95%	2022
	WR	ALEX FLOREZ STUDER	ESP	20m 28.28s	93.94%	2017		WR	KELLY RUDDICK	AUS	22m 47.17s	95.95%	2022
M50	AR	ANDREW JAMIESON	VIC	22m 19.3s	89.28%	2001	W50	AR	LYNETTE VENTRIS	WA	23m 37.78s	93.93%	2007
	AR	WILLI SAWALL	VIC	21m 38.3s	92.10%	1992		WR	LYNETTE VENTRIS	AUS	23m 37.78s	93.93%	2007
	WR	GARY LITTLE	NZL	21m 01s	94.82%	1992	W55	AR	LYNETTE VENTRIS	WA	23m 57.90s	96.52%	2012
M55	AR	ANDREW JAMIESON	VIC	22m 40.11s	92.67%	2001		WR	SIW KARLSTROM	SWE	23m 57.58s	96.52%	2012
	WR	WILLI SAWALL	AUS	22m 11.5s	93.44%	1997	W60	AR	LYNETTE VENTRIS	WA	25m 41.58s	94.26%	2018
M60	AR	ANDREW JAMIESON	VIC	22m 38.7s	95.67%	2007		WR	LYNETTE VENTRIS	AUS	25m 41.58s	94.26%	2018
	WR	ANDREW JAMIESON	AUS	22m 38.7s	95.67%	2007	W65	AR	BRENDA RILEY	VIC	27m 19.1s	93.31%	2006
M65	AR	ANDREW JAMIESON	VIC	24m 14.04s	93.84%	2012		WR	BRENDA RILEY	AUS	27m 19.1s	93.31%	2006
	WR	IAN RICHARDS	GBR	24m 13.10s	93.89%	2013	W70	AR	JEAN ALBURY	TAS	29m 42.75s	90.83%	2000
M70	AR	ANDREW JAMIESON	VIC	26m 42.08s	89.83%	2016		WR	BRITTA TIBBLING	SWE	29m 16s	92.21%	1991
	WR	IAN RICHARDS	GBR	25m 48.50s	92.93%	2018	W75	AR	HEATHER CARR	VIC	33m 17s	88.25%	2024
M75	AR	TOM DAINTRY	VIC	28m 02.26s	90.74%	1987		WR	JACQUELINE WILSON	NZL	31m 58.65s	89.95%	2021
	WR	JAMES GRIMWADE	GBR	27m 40s	91.96%	1987	W80	AR	GWEN STEED	VIC	37m 22s	85.26%	2024
M80	AR	GUS THEOBALD	VIC	30m 42.0s	88.47%	1977		WR	ANNE CENTNER	RSA	34m 34.50s	90.85%	2024
	WR	JAMES GRIMWADE	GBR	29m 24.1s	92.38%	1992	W85	AR	HEATHER LEE	NSW	40m 06.97s	83.30%	2012
M85	AR	GUS THEOBALD	VIC	33m 14.2s	87.86%	1982		WR	HEATHER LEE	AUS	40m 06.97s	83.30%	2012
	WR	GUS THEOBALD	AUS	33m 15.0s	87.86%	1982	W90	AR	HEATHER LEE	NSW	41m 04.87s	90.70%	2018
M90	AR	GUS THEOBALD	VIC	35m 10s	90.03%	1987		WR	HEATHER LEE	AUS	41m 04.87s	90.70%	2018
	WR	GUS THEOBALD	AUS	35m 10s	90.03%	1987							
<b>10k ROAD WALK</b>							<b>10k ROAD WALK</b>						
M30	AR	IGNACIO JIMENEZ	QLD	46m 30s	79.96%	1995	W30	AR	SUE COOK	ACT	46m 51s	88.87%	1990

	AR	RHYDIAN COWLEY	VIC	38m 13.51s	97.27%	2024		AR	KERRY JUNNA-SAXBY	NSW	41m 47s	99.64%	1996
M35	AR	DAVID SMITH	QLD	41m 53s	91.81%	1994	W35	AR	ANNE MANNING	NSW	44m 28s	93.63%	1995
	AR	WILLI SAWALL	VIC	41m 19s	93.07%	1981		AR	KERRY JUNNA-SAXBY	NSW	42m 52s	97.05%	1998
	WR	ROBERT KORZENIOWSKI	POL	38m 39s	97.30%	2004		WR	KJERSTI PLATZER	NOR	41m 41s	99.88%	2009
M40	AR	WILLI SAWALL	VIC	40m 08s	96.37%	1982	W40	AR	KELLY RUDDICK	VIC	45m 27s	93.17%	2013
	WR	WILLI SAWALL	AUS	40m 08s	96.37%	1982		WR	KELLY RUDDICK	AUS	45m 27s	93.17%	2013
M45	AR	WILLI SAWALL	VIC	42m 18s	94.32%	1988	W45	AR	LYNETTE VENTRIS	WA	46m 36s	94.14%	2002
	WR	WILLI SAWALL	AUS	42m 18s	94.32%	1988		WR	LYNETTE VENTRIS	AUS	46m 36s	94.14%	2002
M50	AR	ANDREW JAMIESON	VIC	45m 41s	90.36%	1999	W50	AR	LYNETTE VENTRIS	WA	48m 27s	94.17%	2007
	AR	WILLI SAWALL	VIC	44m 10.1s	93.46%	1992		WR	LYNETTE VENTRIS	AUS	48m 27s	94.17%	2007
	WR	GARY LITTLE	NZL	42m 20s	97.51%	1992	W55	AR	LYNETTE VENTRIS	WA	49m 15s	96.17%	2012
M55	AR	ANDREW JAMIESON	VIC	46m 32.8s	95.10%	2005		WR	LYNETTE VENTRIS	AUS	49m 15s	96.17%	2012
	AR	WILLI SAWALL	VIC	45m 57s	93.26%	1997	W60	AR	LYNETTE VENTRIS	WA	53m 26s	93.64%	2018
	WR	GRANZIANO MORETTI	ITA	46m 32s	92.09%	2010		WR	LYNETTE VENTRIS	AUS	53m 26s	93.64%	2018
M60	AR	ANDREW JAMIESON	VIC	46m 23s	96.25%	2007	W65	AR	BRENDA RILEY	VIC	55m 32s	95.06%	2005
	WR	ANDREW JAMIESON	AUS	46m 23s	96.25%	2007		WR	BRENDA RILEY	AUS	55m 32s	95.06%	2005
M65	AR	ANDREW JAMIESON	VIC	48m 39s	95.98%	2012	W70	AR	JEAN ALBURY	TAS	62m 31s	89.59%	2000
	WR	ANDREW JAMIESON	AUS	48m 39s	95.98%	2012		WR	BRITTA TIBBLING	SWE	60m 18s	92.89%	1988
M70	AR	ANDREW JAMIESON	VIC	53m 17s	92.04%	2016	W75	AR	LORNA THOMPSON	QLD	72m 49s	82.14%	2002
	WR	ANDREW JAMIESON	AUS	53m 17s	92.04%	2016		WR	ELSA MEYER	RSA	67m 37s	88.45%	2021
M75	AR	ANDREW JAMIESON	VIC	57m 36s	89.83%	2022	W80	AR	NANCE JEFFREYS	VIC	77m 32s	82.98%	1989
	WR	JAMES GRIMWADE	GBR	55m 01s	94.05%	1993		WR	ANNE CENTNER	RSA	71m 55s	91.60%	2024
M80	AR	TOM DAINTRY	VIC	64m 23s	85.26%	1993	W85	AR	HEATHER LEE	NSW	80m 54s	87.81%	2013
	WR	JAMES GRIMWADE	GBR	61m 26s	89.35%	1993		WR	AINA ENGBERG	SWE	78m 06s	89.38%	2008
M85	AR	RICHARD KEATINGE	QLD	78m 52s	74.46%	2008	W90	AR	HEATHER LEE	NSW	84m 21s	92.50%	2018
	WR	ROMOLO PELLICCIA	ITA	72m 12s	81.26%	2023		WR	HEATHER LEE	AUS	84m 21s	92.50%	2018
M90	AR	GUS THEOBALD	VIC	77m 52s	82.19%	1990							
	WR	GUS THEOBALD	AUS	77m 52s	82.19%	1990							
<b>15k ROAD WALK</b>													
M30	AR	KIM MOTTROM	SA	70m 43s	81.18%	2019	W30	AR	LORRAINE JACHNO	VIC	75m 10s	83.39%	1991
	AR	RHYDIAN COWLEY	VIC	60m 17s	94.72%	2021	W35	AR	KELLY RUDDICK	VIC	71m 53s	88.03%	2013
M35	AR	KIM MOTTROM	SA	69m 53s	83.45%	2023	W40	AR	KELLY RUDDICK	VIC	70m 12s	92.79%	2015
	AR	WILLI SAWALL	VIC	61m 42s	95.05%	1980	W45	AR	KELLY RUDDICK	VIC	73m 49s	92.07%	2019
M40	AR	WILLI SAWALL	VIC	62m 47s	96.07%	1984	W50	AR	KELLY RUDDICK	VIC	79m 35s	89.59%	2023
M45	AR	WILLI SAWALL	VIC	64m 53s	95.91%	1991	W55	AR	HEATHER CARR	VIC	83m 40s	89.95%	2007
M50	AR	ANDREW JAMIESON	VIC	69m 19s	95.06%	2000	W60	AR	HEATHER CARR	VIC	84m 48s	94.33%	2010
	AR	WILLI SAWALL	VIC	68m 35s	93.71%	1992	W65	AR	HEATHER CARR	VIC	89m 14s	96.07%	2015
M55	AR	ANDREW JAMIESON	VIC	72m 36s	92.31%	2005	W70	AR	HEATHER CARR	VIC	105m 20s	88.08%	2020
M60	AR	ANDREW JAMIESON	VIC	70m 43s	99.15%	2008	W75	AR	JOAN PURCELL	NSW	115m 33s	87.92%	2018
M65	AR	ANDREW JAMIESON	VIC	74m 44s	98.92%	2013							
M70	AR	GEORGE WHITE	SA	87m 13s	89.84%	2015							
M75	AR	BOB GARDINER	VIC	90m 48s	92.38%	2013							
M80	AR	COLIN HAINSWORTH	SA	115m 48s	78.35%	2010							
M85	AR	COLIN HAINSWORTH	SA	128m 14s	77.50%	2015							
<b>20k ROAD WALK</b>													
M30	AR	IGNACIO JIMENEZ	SA	1h 38m 02s	78.14%	1997	W30	AR	MELISSA LEWIS	WA	1h 48m 46s	77.81%	2021
	AR	RHYDIAN COWLEY	VIC	1h 18m 33s	97.52%	2024		AR	JANE SAVILLE	NSW	1h 29m 05s	95.00%	2006
M35	AR	KIM MOTTROM	SA	1h 31m 32s	83.69%	2022	W35	AR	ANNE MANNING	NSW	1h 36m 04s	88.10%	1995
	AR	DAVID SMITH	QLD	1h 23m 50s	91.37%	1991		AR	KERRY JUNNA-SAXBY	NSW	1h 29m 36s	94.46%	2000
	WR	JOHANN DINIZ	FRA	1h 17s 02s	99.44%	2015		WR	OLIMPIADA IVANOVA	RUS	1h 25m 41s	98.77%	2005
M40	AR	WILLI SAWALL	VIC	1h 21m 36s	95.60%	1982	W40	AR	KELLY RUDDICK	VIC	1h 33m 15s	93.34%	2013
	WR	WILLI SAWALL	AUS	1h 21m 36s	95.60%	1982		WR	MARIA G MENDOZA	MEX	1h 33m 04s	93.52%	2005
M45	AR	WILLI SAWALL	VIC	1h 25m 02s	95.31%	1988	W45	AR	LYNETTE VENTRIS	WA	1h 34m 15s	95.51%	2001
	WR	WILLI SAWALL	AUS	1h 25m 02s	95.31%	1988		WR	LYNETTE VENTRIS	AUS	1h 34m 15s	95.51%	2001
M50	AR	ANDREW JAMIESON	VIC	1h 34m 38s	88.16%	1999	W50	AR	LYNETTE VENTRIS	WA	1h 39m 51s	93.70%	2011
	WR	GARY LITTLE	NZL	1h 26m 32s	96.41%	1992		WR	LYNETTE VENTRIS	AUS	1h 39m 51s	93.70%	2011
M55	AR	ANDREW JAMIESON	VIC	1h 35m 13s	91.23%	2001	W55	AR	LYNETTE VENTRIS	WA	1h 40m 42s	97.09%	2012

	WR	GRANZIANO MOROTTI	ITA	1h 33m 38s	92.77%	2006		WR	LYNETTE VENTRIS	AUS	1h 40m 42s	97.09%	2012
M60	AR	ANDREW JAMIESON	VIC	1h 35m 39s	96.96%	2008	W60	AR	HEATHER CARR	VIC	1h 56m 18s	88.38%	2011
	WR	ANDREW JAMIESON	AUS	1h 35m 39s	96.96%	2008		WR	SANDRA BROWN	GBR	1h 55m 34s	88.94%	2009
M65	AR	ANDREW JAMIESON	VIC	1h 40m 14s	96.52%	2012	W65	AR	BRENDA RILEY	VIC	1h 57m 39s	92.43%	2006
	WR	ANDREW JAMIESON	AUS	1h 40m 14s	96.52%	2012		WR	BRENDA RILEY	AUS	1h 57m 39s	92.43%	2006
M70	AR	ANDREW JAMIESON	VIC	1h 52m 36s	90.00%	2016	W70	AR	HEATHER CARR	VIC	2h 22m 49s	81.16%	2020
	WR	ANDREW JAMIESON	AUS	1h 52m 36s	90.00%	2016		WR	ELSA MEYER	RSA	2h 07m 57s	90.59%	2016
M75	AR	TOM DAINTRY	VIC	1h 59m 20s	90.54%	1986	W75	AR	JOAN PURCELL	NSW	2h 40m 10s	80.34%	2018
	WR	JAMES GRIMWADE	GBR	1h 55m 19s	93.69%	1987		WR	ELSA MEYER	RSA	2h 19m 11s	93.26%	2023
M80	AR	GUS THEOBALD	VIC	2h 11m 55s	88.01%	1977	W80	AR	VAL CHESTERTON	ACT	3h 01m 18.94s	74.71%	2020
	WR	JAMES GRIMWADE	GBR	2h 04m 49s	93.01%	1992		WR	DENISE LECLERC	FRA	2h 42m 27s	83.38%	2013
M85	AR	GUS THEOBALD	VIC	2h 26m 07s	86.15%	1982							
	WR	JAMES GRIMWADE	GBR	2h 24m 00s	87.42%	1982							
M90	AR	GUS THEOBALD	VIC	2h 34m 01s	89.56%	1987							
	WR	GUS THEOBALD	AUS	2h 34m 01s	89.56%	1987							
M95	WR	P. RABINOWITZ	RSA	2h 48m 19s	91.00%	1999							
<b>30k ROAD WALK</b>			Currently not listed by WMA				<b>30k ROAD WALK</b>			Currently not listed by WMA			
M30	AR	DAVID SMITH	VIC	2h 05m 59s	91.00%	1986	W30						
M35	AR	WILLI SAWALL	VIC	2h 10m 11s	93.55%	1980	W35						
	WR	MAURIZIO DAMILANO	ITA	2h 06m 14s	96.47%	1992	W40	AR	MICHELLE THOMPSON	VIC	3h 08m 30s	74.78%	2012
M40	AR	WILLI SAWALL	VIC	2h 08m 0.4s	97.11%	1982		AR	TRACY FEINER	VIC	2h 54m 21s	80.84%	2018
	WR	GERMAN SKURYGIN	RUS	2h 06m 34s	98.21%	2004	W45	AR	KELLY RUDDICK	VIC	2h 33m 22s	100.23%	2022
M45	AR	WILLI SAWALL	VIC	2h 17m 02s	93.89%	1988	W50						
	WR	WILLI SAWALL	AUS	2h 17m 02s	93.89%	1988	W55	AR	BARBARA CAIN	SA	3h 31m 15s	77.96%	2005
M50	AR	ANDREW JAMIESON	VIC	2h 31m 20s	88.37%	1999	W60	AR	HEATHER CARR	VIC	3h 19m 01s	88.38%	2011
	WR	GARY LITTLE	NZL	2h 18m 14s	96.74%	1992	W65	AR	HEATHER CARR	VIC	3h 37m 02s	87.34%	2015
M55	AR	ANDREW JAMIESON	VIC	2h 32m 05s	91.52%	2003	W70	AR	VAL CHESTERTON	ACT	4h 27m 59s	77.06%	2010
	WR	GRANZIANO MOROTTI	ITA	2h 29m 34s	92.95%	2006	W75	AR	VAL CHESTERTON	ACT	4h 42m 31s	80.68%	2016
M60	AR	ANDREW JAMIESON	VIC	2h 28m 55s	97.53%	2009							
	WR	ANDREW JAMIESON	AUS	2h 28m 55s	97.53%	2009							
M65	AR	ANDREW JAMIESON	VIC	2h 39m 25s	95.77%	2011							
	WR	GERHARD WEIDNER	GER	2h 51m 29s	89.03%	2001							
M70	AR	GEORGE WHITE	SA	3h 14m 05s	83.49%	2015							
	WR	ARTHUR THOMSON	GBR	2h 52m 47s	93.78%	2006							
M75	WR	CHARLES COLMAN	GBR	3h 20m 38s	86.65%	1996							
M80	WR	JAMES GRIMWADE	GBR	3h 24m 40s	92.37%	1996							
<b>35k ROAD WALK</b>							<b>35k ROAD WALK</b>						
M30	AR	RHYDIAN COWLEY	VIC	2h 26m 25s	na	2024	W30	AR					
M35	AR	KIM MOTTROM	SA	3h 03m 17s	na	2022	W35	AR	CLAIRE TALLENT	SA	2h 53m 24s		2018
	AR	NATHAN DEAKES	VIC	2h 32m 24s	na	2012	W40	AR	TRACY FEINER	VIC	3h 22m 44s		2019
M40	AR	WILLI SAWALL	VIC	2h 49m 27s	na	1985	W45	AR	KELLY RUDDICK	VIC	3h 00m 04s		2022
M45	AR	HARRY SUMMERS	VIC	3h 11m 06s	na	1985	W50	AR					
M50	AR	SIMON EVANS	VIC	3h 48m 38s	na	2014	W55	AR	KARYN O'NEILL	VIC	4h 23m 35s		2011
	AR	WILLI SAWALL	VIC	2h 53m 47s	na	1992	W60	AR	HEATHER CARR	VIC	4h 01m 10s		2011
M55	AR	HARRY SUMMERS	VIC	3h 35m 57s	na	1993							
M60	AR	ANDREW JAMIESON	VIC	3h 00m 55s	na	2009							
M65	AR	ANDREW JAMIESON	VIC	3h 17m 52s	na	2011							
<b>50k ROAD WALK</b>							<b>50k ROAD WALK</b>						
M30	AR	SIMON BAKER	VIC	3h 43m 13s	96.54%	1989	W30	AR	unclaimed				
M35	AR	WILLI SAWALL	VIC	3h 46m 34s	95.21%	1980	W35	AR	LISA WILSON	ACT	5h 23m 08s	76.57%	2004
	WR	YOHANN DINIZ	FRA	3h 32m 33s	101.49%	2014		AR	CLAIRE TALLENT	SA	4h 09m 33s	99.15%	2018
M40	AR	WILLI SAWALL	VIC	3h 59m 48s	91.04%	1986		WR	INES HENRIQUES	POR	4h 09m 21s	99.23%	2018
	WR	J.MARIN	ESP	3h 49m 06s	95.29%	1992	W40	AR	TRACY FEINER	VIC	4h 59m 44s	85.51%	2019
M45	AR	WILLI SAWALL	VIC	4h 12m 20s	90.05%	1989		WR	SUSAN RANDALL	USA	4h 42m 34s	90.70%	2014
	WR	JESUS GARCIA	ESP	3h 46m 43s	98.82%	2015	W45	AR	KELLY RUDDICK	VIC	4h 54m 31s	91.34%	2018
M50	AR	WILLI SAWALL	VIC	4h 12s 57s	91.84%	1992		WR	KELLY RUDDICK	AUS	4h 54m 31s	91.34%	2018
	WR	JESUS GARCIA	ESP	4h 01.m 14s	96.30%	2021	W50	AR	unclaimed				

M55	AR	ANDREW JAMIESON	VIC	4h 46m 44s	84.15%	2004		WR	TERESA VAIL	USA	5h 10m 52s	91.39%	2017
	WR	GRAZIANO MORETTI	ITA	4h 23m 34s	91.55%	2007	W55	AR	LIZ FELDMAN	VIC	5h 45m 08s	87.53%	2004
M60	AR	ANDREW JAMIESON	VIC	4h 23m 16s	96.94%	2008		<b>WR</b>	<b>LIZ FELDMAN</b>	<b>AUS</b>	<b>5h 45m 08s</b>	<b>87.53%</b>	<b>2004</b>
	<b>WR</b>	<b>ANDREW JAMIESON</b>	<b>AUS</b>	<b>4h 23m 16s</b>	<b>96.94%</b>	<b>2008</b>	W60	AR	LIZ FELDMAN	VIC	6h 05m 43s	91.31%	2011
M65	AR	COLIN HEYWOOD	NT	<b>5h 05m 34s</b>	<b>85.94%</b>	2019		WR	SANDRA BROWN	GBR	5h 29m 04s	98.43%	2013
	WR	LEON JASIONOWSKI	USA	5h 11m 22s	84.34%	2010	W65	AR	VAL CHESTERTON	ACT	7h 07m 53s	81.94%	2006
M70	AR	ROBIN WHYTE	ACT	6h 06m 34s	75.82%	2015		WR	DARLENE BACKLUND	USA	6h 26m 24s	90.73%	2010
	WR	ARTHUR THOMSON	GBR	5h 15m 40s	88.05%	2007	W70	WR	SANDRA BROWN	GBR	6h 09m 48s	103.84%	2019
M75	WR	JAMES GRIMWADE	GBR	5h 19m 34s	93.31%	1987	W75	AR	VAL CHESTERTON	ACT	8h 06m 47s	87.64%	2015
M80	WR	KOOS VAN RIJN	NED	8h 12m 30s	66.04%	2014							
<b>HIGH JUMP</b>							<b>HIGH JUMP</b>						
M30	AR=	MATT MCEWEN	QLD	1.97m	80.41%	2003	W30	AR	ASHLEIGH REID	QLD	1.71m	81.82%	2022
	AR=	SHAUN FLETCHER	NSW	1.97m	80.41%	2013		AR	<i>DONNA ROBERTSON</i>	NSW	<i>1.85m</i>	<i>88.52%</i>	<i>1992</i>
	AR=	<i>CHRIS ANDERSON</i>	WA	<i>2.25m</i>	<i>91.84%</i>	<i>1999</i>	W35	AR	DEANN MAYFIELD	QLD	1.73m	84.65%	1999
	AR=	<i>NICK MORONEY</i>	NSW	<i>2.25m</i>	<i>91.84%</i>	<i>2002</i>		AR	VANESSA WARD	WA	<i>1.80m</i>	<i>88.07%</i>	<i>1998</i>
M35	AR=	CLAYTON TOMPKINS	NSW	1.93m	79.88%	1992		WR=	INGA BABAKOVA	UKR	2.01m	98.35%	2003
	AR=	MANJULA WIJESEKARA	VIC	1.93m	79.88%	2023		WR=	RUTH BEITIA	ESP	2.01m	98.35%	2014
	AR	<i>NICK MORONEY</i>	NSW	<i>2.20m</i>	<i>91.05%</i>	<i>2008</i>	W40	AR	DEANN MAYFIELD	QLD	1.71m	87.58%	2002
	WR=	DRAGUTIN TOPIC	SRB	2.31m	95.61%	2009		WR	IRYNA MYHALCHENKO	UKR	1.87m	95.77%	2012
	WR=	JAMIE NIETO	USA	2.31m	95.61%	2012	W45	AR	DEANN MAYFIELD	QLD	1.63m	87.49%	2009
M40	AR	NICK MORONEY	NSW	2.15m	93.04%	2012		WR	DEBBIE BRILL	CAN	1.76m	94.47%	1999
	WR	DRAGUTIN TOPIC	SRB	2.28m	98.66%	2012	W50	AR	DEANN MAYFIELD	QLD	1.56m	87.86%	2012
M45	AR	NICK MORONEY	NSW	2.00m	90.65%	2018		WR	JULIA MACHIN	GBR	1.68m	94.62%	2021
	WR	CHARLES AUSTIN	USA	2.05m	92.92%	2014	W55	AR	DEANN MAYFIELD	QLD	1.53m	90.55%	2017
M50	AR	BEN DICKSON	QLD	1.77m	84.19%	2014		WR	FLORENCE PICAUT	FRA	1.55m	91.73%	2008
	WR	THOMAS ZACHARAS	GER	1.98m	94.18%	1997	W60	AR	DEANN MAYFIELD	QLD	1.41m	87.82%	2022
M55	AR	JOHN HUNT	ACT	1.74m	82.77%	1997		WR	FRAUKE VIEBAHN	GER	1.48m	92.18%	2022
	WR	MARCO SEGATEL	ITA	1.91m	95.53%	2017		WR=	NERINGA JAKSTIENE	USA	1.48m	92.18%	2024
M60	AR	CLAYTON TOMPKINS	NSW	1.61m	84.88%	2013	W65	AR	MARGE ALLISON	QLD	1.27m	83.39%	2009
	WR	RUDIGER WEBER	GER	1.82m	96.43%	2024		WR	WEIA REINBOUD	NED	1.42m	93.24%	2015
M65	AR	JOHN SEARLE	NSW	1.52m	84.67%	2012	W70	AR	MARGARET TAYLOR	ACT	1.20m	83.23%	2018
	WR	BRUCE MCBARNETTE	USA	1.68m	93.83%	2023		WR	WEIA REINBOUD	NED	1.32m	91.55%	2020
M70	AR	GEOFF SHAW	VIC	1.42m	83.83%	2018	W75	AR	MARGARET TAYLOR	ACT	1.14m	83.70%	2023
	WR	DUSAN PREZELI	SLO	1.60m	94.45%	2020		WR	CAROL LAFAYETTE-BOYD	CAN	1.24m	91.04%	2018
M75	AR	GORDON GOURLAY	VIC	1.33m	84.53%	2005	W80	AR	LYNNE SCHICKERT	WA	1.00m	78.27%	2022
	WR	CARL-ERIK SARNDAL	SWE	1.49m	93.51%	2013		WR	KATHY BERGEN	USA	1.15m	90.01%	2021
M80	AR	TOM HANCOCK	VIC	1.22m	81.69%	2016	W85	AR	unclaimed				
	WR	CARL-ERIK SARNDAL	SWE	1.38m	92.40%	2017		WR	ROSA PEDERSEN	DEN	0.95m	80.55%	2015
M85	AR	VIC YOUNGER	QLD	1.10m	78.91%	1999		WR=	CRISTA BORTIGNON	CAN	0.95m	80.55%	2022
	AR=	BRIAN GREAVES	VIC	1.10m	78.91%		W90	WR	ROSA PEDERSEN	DEN	0.88m	82.43%	2022
	WR	CARL-ERIK SARNDAL	SWE	1.28m	91.83%	2022	W95	WR	OLGA KOTELKO	CAN	0.75m	79.64%	2014
M90	AR	VIC YOUNGER	VIC	0.95m	73.36%	2004							
	WR	DONALD PELLMAN	USA	1.11m	85.72%	2005							
M95	WR	EMMERICH ZENSCH	AUT	1.00m	83.98%	2015							
M100	WR	DONALD PELLMANN	USA	0.90m	86.12%	2015							
<b>LONG JUMP</b>							<b>LONG JUMP</b>						
M30	AR	SHANE HAIR	WA	7.43m	83.02%	2006	W30	AR	JITKA HISCOX	NSW	5.74m	77.36%	2016
	AR	<i>FABRICE LAPIERRE</i>	NSW	<i>8.29m</i>	<i>92.63%</i>	<i>2015</i>		AR	<i>NICOLE BOEGMAN</i>	NSW	<i>6.86m</i>	<i>92.45%</i>	<i>1998</i>
M35	AR	RUSSELL SARAH	VIC	6.82m	79.68%	1983	W35	AR	JAN HYNES	QLD	5.89m	82.56%	1983
	WR	LARRY MYRICKS	USA	8.50m	99.30%	1991		WR	HEIKE DRECHSLER	GER	6.99m	97.98%	2000
	WR	CARL LEWIS	USA	8.50m	99.30%	1996	W40	AR	MARIE KAY	NSW	5.84m	87.36%	2001
M40	AR	MURRAY TOLBERT	WA	6.67m	82.28%	1990		WR	TATYANA TER-MESROBIAN	RUS	6.55m	96.92%	2008
	WR	AARON SAMPSON	USA	7.68m	94.73%	2002	W45	AR	MELISSA FOSTER	WA	5.71m	88.78%	2024
M45	AR	JUSTIN HANRAHAN	VIC	6.55m	85.41%	2015		<b>WR</b>	<b>MELISSA FOSTER</b>	<b>AUS</b>	<b>5.71m</b>	<b>88.78%</b>	<b>2024</b>
	WR	TAPANI TAAVITSAINEN	FIN	7.27m	94.80%	1990	W50	AR	MARIE KAY	QLD	5.41m	89.60%	2010
M50	AR	MURRAY TOLBERT	WA	6.11m	84.35%	1998		WR	SANDRINE HENNART	BEL	5.72m	95.37%	2024
	AR	LUKE DE BIASI	VIC	6.11m	84.35%	2016	W55	AR	MARIE KAY	QLD	5.01m	88.03%	2016



	WR	TAPANI TAAVITSAINEN	FIN	6.84m	94.42%	1994		WR	RENATA NOVESOL	CRO	5.46m	95.93%	2023
M55	AR	LUKE DE BIASI	VIC	6.11m	89.43%	2018	W60	AR	MARGARET TAYLOR	ACT	4.38m	81.81%	2008
	WR	GIANNI BECATTI	ITA	6.50m	95.14%	2018		WR	NERINGA JAKSTIENE	USA	4.89m	91.04%	2024
M60	AR	DON FRASER	ACT	5.45m	84.74%	1999	W65	AR	CAROL DAVIS	QLD	4.07m	81.01%	2018
	WR	TOM PATSALIS	USA	6.07m	94.38%	1982		WR	C. SCHMALBRUCH	GER	4.64m	92.35%	2002
M65	AR	ROBERT MAYSTON	VIC	5.39m	89.20%	2022	W70	AR	CAROL DAVIS	QLD	4.01m	85.28%	2021
	WR	LOTHAR FISCHER	GER	5.47m	90.53%	2001		WR	CAROL LAFAYETTE-BOYD	CAN	4.26m	90.60%	2012
	WR	LAMBERTO BORANGA	ITA	5.47m	90.53%	2008	W75	AR	MIRIAM CUDMORE	SA	3.39m	79.85%	2015
	WR	ADRIAN NEAGU	ROU	5.47m	90.53%	2018		WR	CAROL LAFAYETTE-BOYD	CAN	4.09m	93.29%	2017
M70	AR	MIKE JOHNSTON	VIC	4.75m	83.86%	1991	W80	AR	MIRIAM CUDMORE	SA	3.04m	75.68%	2018
	WR	MELVIN LARSEN	USA	5.19m	91.63%	1994		WR	CAROL LAFAYETTE-BOYD	CAN	3.69m	91.87%	2022
M75	AR	DAVID CLIVE	WA	4.42m	83.53%	2012	W85	AR	MIRIAM CUDMORE	SA	2.70m	77.66%	2024
	WR	SABURO ISHIGAMI	JPN	4.83m	91.27%	2005		WR	CRISTA BORTIGNON	CAN	3.11m	89.22%	2023
M80	AR	GRAEME NODEN	VIC	3.99m	82.14%	2018	W90	WR	ROSA PEDERSEN	DEN	2.54m	82.55%	2021
	WR	EBERHARD LINKE	GER	4.45m	91.72%	2024	W95	WR	OLGA KOTELKO	CAN	1.28m	51.11%	2014
M85	AR	DON FRASER	ACT	3.19m	73.69%	2024							
	WR	MAMORU SAITO	JPN	3.83m	88.29%	2022							
M90	AR	VIC YOUNGER	VIC	2.53m	67.77%	2003							
	WR	DONALD PELLMAN	USA	3.26m	87.32%	2005							
M95	AR	ALEX PITTENDRICH	QLD	1.67m	54.90%	2001							
	WR	WILLIAM PLATTS	USA	2.31m	76.20%	2023							
M100	WR	DONALD PELLMANN	USA	1.78m	78.61%	2015							
<b>POLE VAULT</b>							<b>POLE VAULT</b>						
M30	AR	MATT MCEWEN	QLD	4.90m	79.29%	2004	W30	AR	IRIE HILL	VIC	4.00m	79.05%	2002
	AR	SIMON ARKELL	SA	5.50m	89.00%	1996		AR	TATIANA GRIGORIEVA	QLD	4.58m	90.51%	2006
M35	AR	ROB HILL	VIC	4.81m	78.64%	2009	W35	AR	IRIE HILL	VIC	4.20m	85.04%	2006
	AR	JOEL POCKLINGTON	VIC	5.05m	81.72%	2022		WR	JENNIFER SUHR	USA	4.91m	97.08%	2019
	WR	OTTO BJORN	GER	5.90m	95.47%	2013	W40	AR	IRIE HILL	VIC	3.80m	81.72%	2010
M40	AR	ROB HILL	QLD	4.80m	82.56%	2010		WR	CAROLIN HINGST	GER	4.15m	89.25%	2023
	WR	JEFF HARTWIG	USA	5.70m	98.04%	2008	W45	AR	DAWN HARTIGAN	VIC	3.50m	78.10%	2002
M45	AR	ROB HILL	QLD	4.60m	83.57%	2015		WR	IRIE HILL	GBR	3.76m	83.90%	2015
	WR	OSCAR JANSON	SWE	5.25m	95.38%	2022	W50	AR	DAWN HARTIGAN	VIC	3.40m	80.79%	2007
M50	AR	HOWARD ARBUTHNOT	QLD	4.30m	86.08%	2021		WR	IRIE HILL	GBR	3.46m	82.22%	2019
	WR	GARY HUNTER	USA	4.75m	91.56%	2018	W55	AR	DAWN HARTIGAN	VIC	3.26m	82.67%	2013
M55	AR	HOWARD ARBUTHNOT	QLD	4.00m	82.20%	2022		<b>WR</b>	<b>DAWN HARTIGAN</b>	<b>AUS</b>	<b>3.26m</b>	<b>82.67%</b>	<b>2013</b>
	WR	WOLFGANG RITTE	GER	4.60m	94.54%	2020	W60	AR	DAWN HARTIGAN	VIC	2.80m	75.93%	2019
M60	AR	PHILLIP CARRERO	NSW	3.40m	74.93%	2012		WR	NADINE O'CONNOR	USA	3.12m	84.61%	2006
	WR	WOLFGANG RITTE	GER	4.32m	95.20%	2013	W65	AR	WILMA PERKINS	QLD	2.19m	63.68%	2016
M65	AR	ROB BARCLAY	VIC	3.20m	76.11%	2004		WR	NADINE O'CONNOR	USA	3.19m	92.76%	2009
	WR	WOLFGANG RITTE	GER	4.05m	96.33%	2018	W70	AR	WILMA PERKINS	QLD	2.06m	64.41%	2020
M70	AR	GARVIN BROWN	QLD	3.14m	81.21%	2000		WR	NADINE O'CONNOR	USA	2.95m	92.24%	2012
	WR	WOLFGANG RITTE	GER	3.53m	91.81%	2023	W75	AR	WILMA PERKINS	QLD	1.70m	57.54%	2024
M75	AR	GEORGE SCHILLINGER	VIC	2.95m	83.72%	2022		WR	FLORENCE MEILER	USA	2.03m	68.75%	2010
	WR	DON ISETT	USA	3.20m	90.81%	2014	W80	AR	unclaimed				
M80	AR	ALBERT GAY	NSW	2.20m	70.81%	2023		WR	FLORENCE MEILER	USA	1.83m	68.57%	2014
	WR	BUD HELD	USA	2.75m	86.57%	2008	W85	WR	FLORENCE MEILER	USA	1.55m	66.11%	2019
M85	AR	VIC YOUNGER	QLD	1.74m	61.58%	2000							
	WR	CAROL JOHNSTON	USA	2.28m	80.69%	2017							
M90	AR	VIC YOUNGER	VIC	1.42m	58.16%	2003							
	WR	WILLIAM BELL, SR	USA	2.05m	83.97%	2013							
M95	WR	WILLIAM BELL, SR	USA	1.35m	68.23%	2017							
<b>TRIPLE JUMP</b>							<b>TRIPLE JUMP</b>						
M30	AR	SHAUN FLETCHER	NSW	14.59m	79.77%	2016	W30	AR	LINDA ALLEN	VIC	12.48m	80.52%	2022
	AR	ANDREW MURPHY	NSW	17.12m	93.60%	2000		AR	LINDA ALLEN	QLD	13.08m	84.39%	2017
M35	AR	SHAUN FLETCHER	NSW	14.70m	80.45%	2018	W35	AR	LINDA ALLEN	VIC	12.38m	80.18%	2024
	AR	ANDREW MURPHY	NSW	16.70m	91.40%	2006		WR	CATERINE IBARGUEN	COL	14.73m	95.03%	2019
	WR	JONATHON EDWARDS	GBR	17.92m	98.08%	2001	W40	AR	MELISSA FOSTER	WA	12.04m	85.96%	2022

M40	AR	RUSSELL SARAH	VIC	14.14m	81.30%	1987		WR	YAMILE ALDAMA	GBR	14.06m	95.62%	2013
	AR	PETER BUTLER	NSW	14.18m	81.53%	1996	W45	AR	MELISSA FOSTER	WA	11.91m	87.65%	2024
	WR	FABRIZIO DONATO	ITA	16.93m	97.34%	2016		WR	BARBARA LAH	ITA	12.30m	90.52%	2019
M45	AR	CLAYTON TOMPKINS	NSW	13.51m	81.88%	1999	W50	AR	MARGARET TAYLOR	ACT	10.59m	84.70%	2001
	WR	WOLFGANG KNABE	GER	15.13m	91.70%	2005		WR	AKIKO OHINATA	JPN	11.66m	89.73%	2004
M50	AR	NICK HODGSON	VIC	13.11m	84.07%	2015	W55	AR	MARGARET TAYLOR	ACT	10.20m	83.75%	2003
	WR	WOLFGANG KNABE	GER	14.44m	92.60%	2009		WR	AKIKO OHINATA	JPN	10.97m	90.07%	2006
M55	AR	CLAYTON TOMPKINS	NSW	12.26m	83.53%	2008	W60	AR	MARGARET TAYLOR	ACT	9.56m	87.48%	2011
	WR	WOLFGANG KNABE	GER	14.13m	96.28%	2014		WR	AKIKO OHINATA	JPN	11.04m	96.92%	2010
M60	AR	KEN McCONNELL	TAS	11.89m	86.49%	1986	W65	AR	MARGARET TAYLOR	ACT	8.72m	83.25%	2015
	WR	WOLFGANG KNABE	GER	12.82m	93.25%	2021		WR	AKIKO OHINATA	JPN	9.84m	92.61%	2015
M65	AR	KEN McCONNELL	TAS	10.87m	84.87%	1990	W70	AR	MARGARET TAYLOR	ACT	7.90m	82.38%	2020
	WR	HERMANN STRAUSS	GER	11.94m	93.22%	1996		WR	AKIKO OHINATA	JPN	8.98m	90.88%	2021
M70	AR	FRED O'CONNOR	NSW	9.85m	83.05%	1994	W75	AR	MIRIAM CUDMORE	SA	7.49m	81.79%	2013
	WR	MARCHETTI CRESCIENZO	ITA	10.76m	90.73%	2022		WR	CAROL LAFAYETTE-BOYD	CAN	8.19m	89.43%	2017
M75	AR	FRED O'CONNOR	NSW	9.31m	85.39%	1999	W80	AR	MIRIAM CUDMORE	SA	6.81m	81.43%	2018
	WR	LOTHAR FISCHER	GER	10.10m	92.64%	2011		WR	CAROL LAFAYETTE-BOYD	CAN	7.45m	89.09%	2022
M80	AR	NICK BASTAS	NSW	8.34m	83.92%	2018	W85	AR	MIRIAM CUDMORE	SA	6.27m	84.30%	2023
	WR	EBERHARD LINKE	GER	9.29m	93.56%	2024		WR	CRISTA BORTIGNON	CAN	6.62m	91.51%	2023
M85	AR	LEO COFFEY	VIC	7.00m	78.08%	2015	W90	WR	OLGA KOTELKO	CAN	4.25m	66.67%	2009
	WR	AATOS SAINO	FIN	8.17m	91.13%	2010	W95	WR	OLGA KOTELKO	CAN	3.37m	65.06%	2014
M90	AR	ALEX PITTENDRICH	QLD	5.51m	69.00%	1996							
	WR	AATOS SAINO	FIN	7.10m	88.91%	2015							
M95	AR	ALEX PITTENDRICH	QLD	3.55m	51.93%	2001							
	WR	EMMERISCH ZENSCH	AUT	5.23m	76.50%	2015							
M100	WR	GIUSEPPE OTTAVIANO	ITA	3.52m	66.73%	2016							
	<b>SHOT PUT</b>			<b>7.260kg</b>				<b>SHOT PUT</b>			<b>4kg</b>		
M30	AR	SHANE CARSTAIRS	VIC	16.22m	70.80%	2020	W30	AR	CHRIS SCHULTZ	VIC	15.71m	73.96%	1984
	AR	JUSTIN ANELZARK	QLD	20.41m	89.09%	2008		AR	GAEL MARTIN	VIC	18.52m	87.19%	1987
M35	AR	STUART GYNGELL	NSW	18.55m	87.09%	2003	W35	AR	CHRIS SCHULTZ	VIC	15.41m	85.34%	1987
	WR	BRIAN OLDFIELD	USA	22.19m	99.16%	1984		WR	LARISA PELESHENKO	RUS	21.46m	104.92%	2000
M40	AR	STUART GYNGELL	NSW	18.55m	90.48%	2006	W40	AR	CHRIS SCHULTZ	VIC	14.36m	75.58%	1991
	WR	BRIAN OLDFIELD	USA	21.41m	101.79%	1985		WR	ANTONINA IVANOVA	URS	19.05m	100.26%	1973
M45	AR	STUART GYNGELL	NSW	18.12m	91.95%	2009	W45	AR	CHRIS SCHULTZ	VIC	13.18m	74.92%	1998
	WR	IVAN IVANCIC	YUG	20.77m	105.40%	1983		WR	DENKA SILHAVA	CZE	16.95m	96.35%	1999
	<b>SHOT PUT</b>			<b>6kg</b>				<b>SHOT PUT</b>			<b>3kg</b>		
M50	AR	STUART GYNGELL	NSW	18.63m	92.07%	2014	W50	AR	CHRIS SCHULTZ	VIC	14.39m	76.81%	2001
	WR	STUART GYNGELL	AUS	18.63m	92.07%	2014		WR	ALEXANDRA MARGHIEVA	MOL	15.15m	80.87%	2009
M55	AR	TODD DAVEY	WA	15.06m	80.07%	2022	W55	AR	HELEN SEARLE	NSW	12.49m	72.64%	1996
	WR	KLAUS LIEDTKE	GER	17.50m	93.04%	1996		WR	SIGRIN KOFINK	GER	14.47m	84.16%	1991
	<b>SHOT PUT</b>			<b>5kg</b>			W60	AR	HELEN SEARLE	NSW	12.67m	80.75%	2001
M60	AR	GEORGE MENCIK	ACT	14.30m	75.03%	1994		WR	LOGHLIN MIHAELA	ROM	13.68m	87.19%	2012
	WR	KLAUS LIEDTKE	GER	18.37m	96.38%	2001	W65	AR	HELEN SEARLE	QLD	11.58m	81.44%	2004
M65	AR	AIVARS PAVULINS	VIC	13.02m	74.28%	1989		WR	LOGHLIN MIHAELA	ROM	13.36m	93.96%	2017
	WR	QUENTON TORBERT	USA	16.66m	95.04%	2017	W70	AR	HELEN SEARLE	QLD	9.98m	81.79%	2011
	<b>SHOT PUT</b>			<b>4kg</b>				WR	ROSEMARY CHRIMES	GBR	11.02m	86.27%	2003
M70	AR	LEO CHRISTOPHER	NSW	13.60m	75.97%	2013					<b>2kg</b>		
	WR	QUENTON TORBERT	USA	16.33m	91.22%	2022	W75	AR	HELEN SEARLE	QLD	10.40m	74.80%	2015
M75	AR	JIM PERDIS	NSW	11.64m	71.77%	2001		WR	MARIANNE MAIER	AUT	12.12m	87.17%	2018
	WR	KARL-HEINZ MARG	GER	14.24m	87.80%	2013	W80	AR	HELEN SEARLE	QLD	9.24m	75.80%	2019
				<b>3kg</b>				WR	MARIANNE MAIER	AUT	10.67m	90.09%	2024
M80	AR	TOM HANCOCK	VIC	11.77m	70.07%	2016	W85	AR	MIRIAM CUDMORE	SA	6.66m	65.58%	2024
	WR	LEO SAARINEN	FIN	13.98m	83.23%	2009		WR	EVAUN WILLIAMS	GBR	9.42m	92.75%	2024
M85	AR	FELIX JEKABSONS	QLD	9.66m	64.92%	2008	W90	AR	RUTH FRITH	NSW	5.37m	63.23%	2001
	WR	ROLAND HEILER	GER	12.38m	84.68%	2024		WR	MYRTLE ACTON	CAN	6.58m	74.55%	2023
M90	AR	JIM DAVIS	WA	7.13m	55.93%	2024	W95	AR	RUTH FRITH	QLD	5.25m	76.73%	2006
	WR	LEO SAARINEN	FIN	9.89m	76.23%	2019		WR	GABRE GABIC	ITA	5.32m	74.19%	2010

M95	AR	MAURICE DAUPHINET	QLD	4.49m	40.53%	2022	W100	AR	RUTH FRITH	QLD	4.48m	80.99%	2010	
	WR	DONALD PELLMANN	USA	8.21m	74.11%	2011		WR	RUTH FRITH	AUS	4.10m	74.12%	2010	
M100	WR	DONALD PELLMANN	USA	6.56m	71.36%	2015								
M105	WR	HIDEKICHI MIYAZAKI	JPN	3.25m	44.42%	2015								
<b>DISCUS</b>					<b>2kg</b>			<b>DISCUS</b>					<b>1kg</b>	
M30	AR	ALLAN SADUL	NSW	51.16m	71.19%	2019	W30	AR	CHRIS SCHULTZ	VIC	50.04m	70.07%	1985	
	AR	AARON NEIGHBOUR	VIC	64.26m	89.42%	2008		AR	DANI STEVENS	NSW	65.93m	92.33%	2019	
M35	AR	DARRON HAWORTH	QLD	54.15m	75.35%	2008	W35	AR	CHRIS SCHULTZ	VIC	48.90m	68.48%	1989	
	WR	VIRGILJUS ALEKNA	LTU	71.56m	99.58%	2007		AR	DANIELA COSTIAN	QLD	61.33m	85.88%	2000	
M40	AR	DARRON HAWORTH	QLD	54.35m	76.40%	2009		WR	FAINA MYELNIK	URS	69.60m	97.47%	1980	
	WR	VIRGILJUS ALEKNA	LTU	70.28m	98.80%	2012	W40	AR	CHRIS SCHULTZ	VIC	48.52m	73.46%	1991	
M45	AR	GEOFF TYLER	VIC	49.08m	73.67%	1994		WR	IRYNA YATCHENKO	BLR	67.89m	102.79%	2008	
	WR	AL OERTER	USA	66.12m	99.24%	1982	W45	AR	CHRIS SCHULTZ	VIC	44.38m	72.98%	1999	
<b>DISCUS</b>					<b>1.5kg</b>			WR	ZDENKA SILHAVA	CZE	64.09m	105.39%	1999	
M50	AR	TODD DAVEY	WA	55.54m	78.57%	2017	W50	AR	CHRIS SCHULTZ	VIC	41.00m	73.51%	2001	
	WR	KLAUS WEIFFENBACH	GER	68.40m	95.37%	1997		WR	OLGA CHERNIAVSKAIA	RUS	46.11m	82.68%	2015	
M55	AR	TODD DAVEY	WA	45.05m	88.52%	2022	W55	AR	UNA LUND	QLD	35.30m	69.36%	1996	
	WR	KLAUS LIEDTKE	GER	64.58m	97.08%	2000		WR	TAMARA DANILOVA	RUS	43.36m	85.20%	1996	
<b>DISCUS</b>					<b>1kg</b>			W60	AR	HEATHER DOHERTY	QLD	33.24m	72.01%	1994
M60	AR	WARWICK SELVEY	QLD	53.43m	72.36%	2001		WR	CAROL FINSRUD	USA	40.76m	88.31%	2017	
	WR	KLAUS LIEDTKE	GER	66.36m	88.35%	2001	W65	AR	HEATHER DOHERTY	QLD	30.74m	74.00%	1999	
M65	AR	JO PETERS	WA	47.28m	68.78%	2019		WR	TAMARA DANILOVA	RUS	37.62m	90.56%	2005	
	WR	KLAUS LIEDTKE	GER	59.75m	86.91%	2007	W70	AR	HEATHER DOHERTY	QLD	25.45m	68.73%	2006	
M70	AR	JOHANNES PETERS	WA	44.46m	72.67%	2024		WR	TAMARA DANILOVA	RUS	33.55m	90.61%	2010	
	WR	CARMELO RADO	ITA	55.27m	88.59%	2007					<b>750gm</b>			
M75	AR	CHARLIE RANN	QLD	36.88m	64.36%	2003	W75	AR	UNA LUND	QLD	25.32m	69.12%	2017	
	WR	RADO CARMELO	ITA	49.21m	87.84%	2008		WR	TAMARA DANILOVA	RUS	31.56m	83.83%	2015	
M80	AR	TOM HANCOCK	VIC	33.63m	67.98%	2016	W80	AR	HEATHER DOHERTY	QLD	22.28m	68.30%	2014	
	WR	OSTEN EDLUND	SWE	40.64m	82.15%	2015		WR	ANNE CHATRINE RUHLOW	GER	26.53m	81.33%	2017	
M85	AR	TOM HANCOCK	VIC	25.79m	62.50%	2023	W85	AR	HEATHER DOHERTY	QLD	14.89m	53.82%	2018	
	WR	CARMELO RADO	ITA	35.92m	84.16%	2019		WR	EVAUN B. WILLIAMS	GBR	22.42m	87.33%	2024	
M90	AR	JOHN FRASER	VIC	19.72m	55.38%	2005	W90	AR	RUTH FRITH	NSW	12.10m	53.13%	2000	
	WR	IAN REED	USA	28.49m	79.92%	2017		WR	MYRTLE ACTON	CAN	15.28m	67.09%	2023	
M95	AR	MAURICE DAUPHINET	QLD	11.37m	40.08%	2022	W95	AR	RUTH FRITH	QLD	10.90m	64.22%	2006	
	WR	WILLIAM PLATTS	USA	20.35m	76.46%	2023		WR	GABRE GABIC	ITA	12.86m	71.70%	2010	
M100	WR	DONALD PELLMANN	USA	14.86m	71.27%	2015	W100	AR	RUTH FRITH	QLD	9.30m	76.32%	2011	
M105	WR	STANISTAW KOWALOSKI	POL	7.50m	57.31%	2015		WR	RUTH FRITH	AUS	9.30m	76.32%	2011	
<b>HAMMER</b>					<b>7.26kg</b>			<b>HAMMER</b>					<b>4kg</b>	
M30	AR	STUART RENDELL	ACT	77.53m	91.36%	2006	W30	AR	KARYNE DI MARCO	NSW	64.10m	77.25%	2010	
	AR	STUART RENDELL	ACT	79.20m	93.33%	2003		AR	DEBBIE SOSIMENKO	NSW	66.93m	80.66%	2004	
M35	AR	HANS LOTZ	VIC	67.92m	80.04%	1987	W35	AR	ODETTE PALMA	NSW	56.55m	77.37%	2020	
	AR	HANS LOTZ	VIC	73.80m	86.97%	1983		WR	ANITA WLODARCZYK	POL	78.48m	101.48%	2021	
	WR	IGOR ASTAPKOVICH	BLR	83.62m	98.54%	1998	W40	AR	BYRONY GLASS	WA	51.75m	73.54%	2018	
M40	AR	HANS LOTZ	VIC	66.94m	82.51%	1987		WR	IRYNA SEKACHOVA	UKR	67.57m	96.02%	2017	
	WR	IGOR ASTAPKOVICH	BLR	82.23m	101.36%	2004	W45	AR	SHARON GIBBONS	ACT	43.87m	68.64%	2003	
M45	AR	HANS LOTZ	VIC	59.62m	78.22%	1994		WR	ONEITHEA LEWIS	USA	56.21m	87.95%	2005	
	WR	ALEKSANDR DRYHOL	UKR	79.42m	104.20%	2012	<b>HAMMER</b>					<b>3kg</b>		
<b>HAMMER</b>					<b>6kg</b>			W50	AR	MARJA-LEENA PARVIAINEN	NSW	51.73m	82.32%	1998
M50	AR	HANS LOTZ	VIC	60.39m	77.16%	1998		WR	ONEITHEA LEWIS	USA	55.46m	83.00%	2010	
	WR	ALEKSANDR DRYHOL	UKR	73.70m	94.16%	2018	W55	AR	MARJA-LEENA PARVIAINEN	NSW	51.30m	88.83%	2002	
M55	AR	PETER BAXEVANIS	VIC	56.21m	79.33%	2024		WR	MARJA-LEENA PARVIAINEN	AUS	51.30m	88.83%	2002	
	WR	JUD LOGAN	USA	67.27m	94.16%	2014	W60	AR	HELEN SEARLE	QLD	46.09m	85.23%	2001	
<b>HAMMER</b>					<b>5kg</b>				WR	MIRJA KOKKO	FIN	47.17m	87.23%	2022
M60	AR	PHILLIP SPIVEY	VIC	56.50m	78.70%	2023	W65	AR	DORN JENKINS	VIC	42.42m	88.02%	2021	
	WR	ARILD BUSTERUD	NOR	63.32m	86.65%	2008		WR	JUTTA SCHAEFER	GER	44.38m	92.09%	1997	
M65	AR	WIM VAN WEENEN	VIC	50.38m	75.69%	1997	W70	AR	JANICE BANENS	ACT	35.67m	83.78%	2011	
	WR	ARILD BUSTERUD	NOR	60.65m	91.13%	2013		WR	EVA NOHL	GER	39.24m	92.17%	2019	

HAMMER			4kg			HAMMER			2kg				
M70	AR	WIM VAN WEENEN	VIC	48.74m	72.75%	2003	W75	AR	JAN BANENS	ACT	36.51m	74.80%	2017
	WR	EDWARD BURKE	USA	59.04m	88.13%	2010		WR	MYRLE MENSEY	USA	41.25m	83.17%	2024
M75	AR	WIM VAN WEENEN	VIC	43.84m	73.71%	2008	W80	AR	JAN BANENS	ACT	29.73m	70.80%	2022
	WR	JERZY JABLONSKI	POL	51.88m	87.23%	2023		WR	EVAUN B. WILLIAMS	GBR	37.85m	90.14%	2018
				<b>3kg</b>			W85	AR	RAEMA MCMILLAN	WA	18.55m	52.42%	2013
M80	AR	WIM VAN WEENEN	VIC	41.98m	70.10%	2012		WR	EVAUN B. WILLIAMS	GBR	31.11m	87.91%	2023
	WR	HERMANN ALBRECHT	GER	50.69m	84.65%	2020	W90	AR	RUTH FRITH	NSW	13.13m	45.31%	2000
M85	AR	JIM DAVIS	WA	32.62m	63.96%	2019		WR	MYRTLE ACTON	CAN	20.47m	70.64%	2023
	WR	WALTER KRIFTA	AUT	43.17m	84.65%	2022	W95	AR	RUTH FRITH	QLD	13.71m	63.79%	2006
M90	AR	JOHN FRASER	VIC	24.61m	58.55%	2005		WR	OLGAKOTELKO	CAN	14.92m	65.65%	2014
	WR	HARVEY LEWELLEN	USA	27.82m	66.19%	2019	W100	AR	RUTH FRITH	QLD	11.30m	68.02%	2010
M95	AR	MAURICE DAUPHINET	QLD	9.77m	29.61%	2022		WR	RUTH FRITH	AUS	<b>11.30m</b>	<b>68.02%</b>	<b>2010</b>
	WR	ANTONIA FONSECA	BRA	22.01m	66.70%	2011							
M100	WR	TRENT LANE	USA	11.32m	47.34%	2011							
<b>JAVELIN</b>				<b>800g</b>			<b>JAVELIN</b>				<b>600g</b>		
M30	AR	ANDREW CURREY	NSW	86.67m	88.01%	2001	W30	AR	LOUISE CURRY	NSW	66.03m	91.35%	1999
M35	AR	BENJAMIN BAKER	NSW	64.54m	68.94%	2021		AR	<i>KELSEY-LEE BARBER</i>	ACT	<i>66.91m</i>	<i>92.57%</i>	<i>2022</i>
	AR	<i>MANFRED ROHKAMPER</i>	VIC	<i>69.32m</i>	<i>81.69%</i>	<i>1989</i>	W35	AR	JAYNE HARDY	ACT	41.28m	58.69%	2000
	WR	JAN ZELEZNY	CZE	92.80m	98.36%	2001		WR	<b>KATHRYN MITCHELL</b>	AUS	<b>68.92m</b>	<b>97.99%</b>	<b>2018</b>
M40	AR	JOHN KAY	NSW	66.90m	77.35%	2001	W40	AR	JAYNE HARDY	ACT	39.32m	61.47%	2004
	WR	JAN ZELEZNY	CZE	85.92m	97.87%	2006		AR	<i>KATHRYN MITCHELL</i>	QLD	<i>62.12m</i>	<i>99.06%</i>	<i>2024</i>
M45	AR	BOB BANENS	ACT	57.38m	70.56%	1999		WR	BARBARA SPOTAKOVA	CZE	63.08m	98.61%	2021
	WR	PETER BLANK	GER	77.15m	94.87%	2007	W45	AR	JAYNE HARDY	ACT	37.01m	63.77%	2010
<b>JAVELIN</b>				<b>700g</b>				WR	ELISABETH WALLANDER	SWE	50.47m	86.97%	2005
M50	AR	BOB BANENS	ACT	58.68m	73.25%	2001	<b>JAVELIN</b>				<b>500g</b>		
	WR	ROALD BRADSTOCK	GBR	76.16m	95.07%	2012	W50	AR	SUELI DASHWOOD	QLD	38.12m	66.31%	2016
M55	AR	BOB BANENS	ACT	51.75m	71.86%	2005		WR	FELICIA TILIA ULRECHE	ESP	47.53m	82.68%	2018
	WR	ROALD BRADSTOCK	GBR	66.76m	91.01%	2017	W55	AR	MARY THOMAS	NSW	39.17m	75.67%	2001
<b>JAVELIN</b>				<b>600g</b>				WR	NATASA BEZJAK	SLO	44.44m	85.85%	2002
M60	AR	BOB BANENS	ACT	49.22m	68.35%	2010	<b>JAVELIN</b>				<b>500g</b>		
	WR	ESA KIURU	FIN	62.47m	86.75%	2007	W60	AR	CHRISTINE SHAW	NSW	29.93m	64.54%	2019
M65	AR	BOB BANENS	ACT	42.85m	66.07%	2015		WR	GENOWEFA PATLA	POL	41.14m	88.71%	2023
	WR	ESA KIURU	FIN	58.58m	90.32%	2012	W65	AR	CAROL DAVIS	QLD	25.51m	61.80%	2018
<b>JAVELIN</b>				<b>500g</b>				WR	LINDA COHN	USA	37.32m	90.41%	2018
M70	AR	ERKKI SAARINEN	QLD	42.00m	69.80%	2006	W70	AR	MARY THOMAS	NSW	24.31m	68.47%	2015
	WR	ESA KIURU	FIN	54.47m	86.10%	2021		WR	VANDA SRBOVA	CZE	34.83m	96.40%	2024
M75	AR	ERKKI SAARINEN	QLD	38.12m	72.66%	2010					<b>400g</b>		
	WR	ESA KIURU	FIN	51.18m	92.15%	2022	W75	A R	MIRIAM CUDMORE	SA	22.63m	63.57%	2014
<b>JAVELIN</b>				<b>400g</b>				WR	EVAUN B. WILLIAMS	GBR	29.92m	84.05%	2013
M80	AR	ERKKI SAARINEN	QLD	33.80m	63.16%	2013	W80	AR	MIRIAM CUDMORE	SA	20.75m	67.63%	2018
	WR	JOUNI TEHNU	FIN	45.85m	85.68%	2019		WR	EVAUN B. WILLIAMS	GBR	27.51m	89.67%	2019
M85	AR	DON FRASER	ACT	22.76m	50.60%	2024	W85	AR	MIRIAM CUDMORE	SA	18.33m	70.60%	2023
	WR	JOUNI EERIK TENHU	FIN	40.09m	89.13%	2024		WR	EVAUN B. WILLIAMS	GBR	24.78m	98.34%	2024
M90	AR	MAURICE DAUPHINET	QLD	17.11m	46.89%	2016	W90	AR	RUTH FRITH	NSW	10.51m	49.10%	2002
	WR	WILLIAM PLATTS	USA	31.46m	86.22%	2018		WR	HARRIET BLOEMKER	USA	16.97m	79.33%	2022
M95	AR	MAURICE DAUPHINET	QLD	9.09m	32.18%	2022	W95	AR	RUTH FRITH	QLD	9.03m	53.15%	2006
	WR	WILLIAM PLATTS	USA	25.26m	89.42%	2023		WR	OLGA KOTELKO	CAN	11.24m	66.16%	2014
M100	WR	TAKASHI SHIMOKAWARA	JPN	12.42m	60.34%	2007	W100	AR	RUTH FRITH	QLD	6.43m	50.64%	2009
								WR	<b>RUTH FRITH</b>	AUS	<b>6.43m</b>	<b>50.64%</b>	<b>2009</b>
<b>WEIGHT THROW</b>				<b>15.88kg</b>			<b>WEIGHT THROW</b>				<b>9.072kg</b>		
M30	AR	WARREN BUTTON	WA	18.28m	70.69%	2021	W30	AR	KARYNE DI MARCO	NSW	19.08m	74.94%	2009
M35	AR	RICARD MEIRING	NSW	19.08m	78.54%	2014	W35	AR	BYRONY GLASS	WA	18.02m	74.80%	2013
	WR	JURIY TAMM	FIN	25.17m	98.82%	1992		WR	SILVA VANIA	POR	19.27m	79.99%	2018
M40	AR	RICARD MEIRING	NSW	17.26m	71.91%	2016	W40	AR	BYRONY GLASS	WA	16.12m	71.91%	2018
	WR	CHRISTIAN HARMSE	RSA	21.66m	90.24%	2017		WR	ONEITHEA LEWIS	USA	19.09m	85.16%	2002
M45	AR	RICARD MEIRING	ACT	16.91m	74.94%	2019	W45	AR	GABI WATTS	NSW	13.88m	66.81%	2015

	WR	OLEKSANDR DRYGOL	UKR	20.79m	92.14%	2011		WR	ONEITHEA LEWIS	USA	17.88m	86.06%	2005
<b>WEIGHT THROW</b>				<b>11.34kg</b>			<b>WEIGHT THROW</b>				<b>7.258kg</b>		
M50	AR	BOB WAGNER	QLD	19.78m	76.40%	2006	W50	AR	MARJA-LEENA PARVIAINEN	NSW	16.54m	78.07%	1997
	WR	JUD LOGAN	USA	24.24m	93.63%	2009		WR	ONEITHEA LEWIS	USA	18.76m	85.60%	2011
M55	AR	PETER BAXEVANIS	VIC	19.37m	81.33%	2024	W55	AR	MARJA-LEENA PARVIAINEN	NSW	15.15m	79.64%	2002
	WR	JUD LOGAN	USA	21.73m	89.82%	2014		WR	GONNY MIK	NED	17.50m	87.06%	2020
<b>WEIGHT THROW</b>				<b>9.072kg</b>			<b>WEIGHT THROW</b>				<b>5.449kg</b>		
M60	AR	PHIL SPIVEY	VIC	22.10m	87.10%	2023	W60	AR	DORN JENKINS	VIC	17.58m	80.84%	2016
	WR	ARILD BUSTERUD	NOR	24.20m	94.01%	2008		WR	MIRJA KOKKO	FIN	18.90m	86.91%	2022
M65	AR	WIM VAN WEENEN	VIC	18.57m	77.80%	1997	W65	AR	DORN JENKINS	VIC	16.60m	88.20%	2023
	WR	ARILD BUSTERUD	NOR	22.10m	92.59%	2015		WR	ANNIE VAN ANHOLT	NED	17.34m	88.26%	2014
<b>WEIGHT THROW</b>				<b>7.258kg</b>			<b>WEIGHT THROW</b>				<b>5.449kg</b>		
M70	AR	GAVIN MURRAY	NSW	18.23m	72.35%	2024		WR	MYRLE MENSEY	USA	15.09m	85.89%	2019
	WR	ARILD BUSTERUD	NOR	23.15m	91.93%	2018					<b>4kg</b>		
M75	AR	WIM VAN WEENEN	VIC	15.98m	69.66%	2009	W75	AR	UNA LUND	QLD	13.54m	72.50%	2018
	WR	ARILD BUSTERUD	NOR	20.69m	89.87%	2023		AR	JANICE BANENS	ACT	13.54m	72.50%	2017
<b>WEIGHT THROW</b>				<b>5.449kg</b>			<b>WEIGHT THROW</b>				<b>5.449kg</b>		
								WR	MYRLE MENSEY	USA	16.24m	87.17%	2024
M80	AR	GEORGE MENCIK	ACT	16.92m	69.44%	2013	W80	AR	JANICE BANENS	ACT	10.85m	66.90%	2022
	WR	CARMELO RADO	ITA	19.91m	81.71%	2013		WR	EVAUN B. WILLIAMS	GBR	12.68m	78.18%	2018
M85	AR	TOM HANCOCK	VIC	13.55m	63.70%	2022	W85	AR	RAEMA MCMILLAN	WA	9.90m	71.84%	2013
	WR	CARMELO RADO	ITA	16.65m	78.28%	2018		WR	EVAUN B. WILLIAMS	GBR	11.97m	90.47%	2024
M90	AR	JOHN FRASER	VIC	10.11m	56.37%	2005	W90	AR	RUTH FRITH	NSW	6.19m	54.49%	2001
	WR	CARMELO RADO	ITA	11.02m	60.64%	2024		WR	ROSA PEDERSEN	DEN	8.57m	75.45%	2022
M95	AR	unclaimed					W95	AR	RUTH FRITH	QLD	6.23m	69.60%	2005
	WR	WILLIAM PLATTS	USA	8.25m	56.40%	2023		WR	OLGA KOTELKO	CAN	6.72m	75.08%	2014
M100	WR	OTTAVIANI GIUSEPPE	ITA	4.21m	39.51%	2017	W100	AR	RUTH FRITH	QLD	4.88m	74.45%	2009
								<b>WR</b>	<b>RUTH FRITH</b>	<b>AUS</b>	<b>4.68m</b>	<b>71.40%</b>	<b>2011</b>
<b>SUPER WEIGHT</b>				<b>56lb 25.4kg</b>			<b>SUPER WEIGHT</b>				<b>35lb 15.88kg</b>		
M30	AR	WARREN BUTTON	WA	10.02m	67.48%	2020	W30	AR	KARYN DI MARCO	NSW	10.00m	57.14%	2009
M35	AR	DARRON HAWORTH	QLD	10.94m	73.67%	2008	W35	AR	NATALIE DEBELJUH	VIC	9.15m	54.13%	2024
M40	AR	GRANT EDWARDS	ACT	10.82m	77.66%	2007	W40	AR	ALTHEA MACKIE	QLD	7.75m	49.52%	2012
M45	AR	GRANT EDWARDS	ACT	11.71m	89.89%	2007	W45	AR	ALTHEA MACKIE	QLD	8.01m	55.49%	2018
M50	AR	TODD DAVEY	WA	9.91m	79.19%	2018					<b>25lb 11.34kg</b>		
M55	AR	TODD DAVEY	WA	9.85m	83.96%	2021	W50	AR	GABI WATTS	NSW	10.94m	68.95%	2018
							W55	AR	GABI WATTS	NSW	10.36m	71.51%	2024
											<b>20lb 9.08kg</b>		
M60	AR	MARK CUMMING	QLD	11.36m	90.94%	2024							
M65	AR	LAJOS JONI	QLD	8.68m	73.63%	2021	W60	AR	DORN JENKINS	VIC	11.31m	77.83%	2019
							W65	AR	DORN JENKINS	VIC	10.85	82.87%	2022
											<b>16lb 7.26kg</b>		
M70	AR	GAVIN MURRAY	NSW	10.06m	67.56%	2024	W70	AR	MARY THOMAS	NSW	7.68m	65.70%	2017
M75	AR	PHILLIP ROWLANDS	QLD	7.85m	59.41%	2023							
							W75	AR	MARY THOMAS	NSW	7.79m	64.21%	2019
M80	AR	TOM HANCOCK	VIC	9.25m	65.46%	2020	W80	AR	JEANETTE WILLIAMSON	ACT	6.64m	63.08%	2023
M85	AR	TOM HANCOCK	VIC	5.82m	44.94%	2023							
M90	AR	GORDON WOOLSTON	QLD	2.71m	25.88%	2023							
<b>56lb HEAVY WEIGHT</b>				<b>56lb HEAVY WEIGHT</b>			<b>56lb HEAVY WEIGHT</b>				<b>56lb HEAVY WEIGHT</b>		
for M30-55, see above Super Weight							W30	AR	MELISSA HOLAHAN	NSW	5.90m	55.29%	2016
							W35	AR	BYRONY GLASS	WA	5.71m	55.39%	2016
							W40	AR	ALTHEA MACKIE	QLD	5.00m	52.39%	2014
							W45	AR	ALTHEA MACKIE	QLD	5.16m	58.62%	2016
							W50	AR	ALTHEA MACKIE	QLD	4.71m	61.20%	2022
							W55	AR	JAYNE HARDY	ACT	3.65m	51.94%	2019
M60	AR	MARK CUMMING	QLD	8.20m	75.67%	2023	W60	AR	RAYLEA RUDOV	ACT	3.27m	53.35%	2007
M65	AR	LAJOS JONI	QLD	6.79m	68.01%	2022	W65	AR	RAYLEA RUDOV	ACT	3.24m	58.67%	2008
M70	AR	GAVIN MURRAY	NSW	6.51m	72.06%	2024	W70	AR	JEANETTE WILLIAMSON	ACT	2.75m	55.77%	2017
M75	AR	WIM VAN WEENEN	VIC	5.05m	62.57%	2009	W75	AR	JEANETTE WILLIAMSON	ACT	2.94m	69.51%	2021
M80	AR	WIM VAN WEENEN	VIC	4.30m	60.63%	2013	W80	AR	JEANETTE WILLIAMSON	ACT	2.63m	71.67%	2022
M85	AR	TOM HANCOCK	VIC	2.75m	43.94%	2023							

M90	AR	GORDON WOOLSTON	QLD	1.08m	20.13%	2023							
<b>100lb HEAVY WEIGHT</b>							<b>100lb HEAVY WEIGHT</b>						
M30	AR	NIGEL SKURRIE	VIC	4.64m	65.62%	2021	W30	AR	KARYNE DI MARCO	NSW	2.51m	54.10%	2009
M35	AR	DARRON HAWORTH	QLD	5.57m	78.77%	2021	W35	AR	MIRANDA RAMSDEN	QLD	2.39m	53.33%	2022
M40	AR	JAMIE MUSCAT	NSW	4.97m	74.92%	2019	W40	AR	JULIA ATILA	NSW	2.50m	60.25%	2023
M45	AR	JAMIE MUSCAT	NSW	4.96m	80.12%	2023	W45	AR	JAYNE HARDY	ACT	2.27m	59.31%	2008
M50	AR	TODD DAVEY	WA	4.81m	80.71%	2018	W50	AR	ALTHEA MACKIE	QLD	2.18m	65.15%	2023
M55	AR	GRANT EDWARDS	ACT	4.30m	76.97%	2018	W55	AR	PAULA KENNEDY	WA	2.33m	77.83%	2023
M60	AR	ROGER GLASS	VIC	3.68m	71.31%	2011	W60	AR	JAYNE HARDY	ACT	1.94m	74.38%	2024
M65	AR	BILL BINKS	VIC	3.09m	64.99%	2006	W65	AR	JILL TAYLOR	NSW	1.68m	76.58%	2024
M70	AR	JOHANNES PETERS	WA	3.21m	74.62%	2024	W70	AR	FRAN HARRIS	ACT	1.37m	63.91%	2011
M75	AR	PHILLIP ROWLANDS	QLD	2.67m	69.47%	2023	W75	AR	JEANNETTE WILLIAMSON	ACT	1.53m	83.20%	2019
M80	AR	RAY GREEN	ACT	2.33m	69.00%	2024	W80	AR	JEANNETTE WILLIAMSON	ACT	1.29m	80.85%	2022
M85	AR	TOM HANCOCK	VIC	1.42m	47.64%	2023							
M90	AR	GORDON WOOLSTON	QLD	0.54m	21.14%	2023							
<b>SINGLE ARM WEIGHT</b>				<b>25lb 11.34kg</b>			<b>SINGLE ARM WEIGHT</b>				<b>16lb 7.26kg</b>		
M30	AR	TYSON ELISAIA	QLD	16.11m		2024	W30	AR	NICOLE LUYTEN	QLD	14.12m		2023
M35	AR	JAMIE MUSCAT	NSW	15.09m		2016	W35	AR	AUDREY MUSCAT	NSW	13.63m		2016
M40	AR	JAMIE MUSCAT	NSW	17.87m		2019	W40	AR	KELLY HUNTER	NSW	13.35m		2020
M45	AR	RODNEY WATSON	NSW	16.02m		2019	W45	AR	ALTHEA MACKIE	QLD	12.81m		2018
				<b>20lb 9.082kg</b>							<b>12lb 5.45kg</b>		
M50	AR	TODD DAVEY	TAS	21.13m		2018	W50	AR	ALTHEA MACKIE	QLD	16.07m		2023
M55	AR	RUSS DEVINE	VIC	19.08m		2023	W55	AR	GABRIELE WATTS	NSW	14.22m		2023
				<b>16lb 7.26kg</b>							<b>8.8lb 4kg</b>		
M60	AR	LAJOS JONI	QLD	18.78m		2019	W60	AR	JILL TAYLOR	NSW	17.48m		2017
M65	AR	GAVIN MURRAY	NSW	16.47m		2019	W65	AR	JILL TAYLOR	NSW	18.49m		2020
				<b>12lb 5.45kg</b>							<b>10.27m</b>		
M70	AR	PHILLIP ROWLANDS	QLD	18.23m		2018					<b>6.6lb 3kg</b>		
M75	AR	RAY GREEN	ACT	16.99m		2020	W75	AR	MARY THOMAS	NSW	12.04m		2020
				<b>8.8lb 4kg</b>									
M80	AR	RAY GREEN	ACT	17.47m		2024							
<b>HEAVY WEIGHT PENTATHLON (2022 AMA Tables)</b>							<b>HEAVY WEIGHT PENTATHLON (2022 AMA Tables)</b>						
M30	AR	WARREN BUTTON	WA	3835		2021	W30	AR	KARYNE DI MARCO	NSW	3865		2009
M35	AR	DARRON HAWORTH	QLD	4254		2008	W35	AR	BRYONY GLASS	WA	3808		2016
M40	AR	RICARD MEIRING	NSW	4569		2017	W40	AR	BRYONY GLASS	WA	3587		2018
M45	AR	RICARD MEIRING	ACT	4714		2020	W45	AR	ALTHEA MACKIE	QLD	3426		2018
M50	AR	GRANT EDWARDS	ACT	4432		2013	W50	AR	GABRIELE WATTS	NSW	3988		2018
M55	AR	GRANT EDWARDS	ACT	4465		2018	W55	AR	GABRIELE WATTS	NSW	3974		2022
M60	AR	PHIL SPIVEY	VIC	4988		2023	W60	AR	DORN JENKINS	VIC	4300		2017
M65	AR	LAJOS JONI	QLD	4257		2021	W65	AR	DORN JENKINS	VIC	4738		2021
M70	AR	GAVIN MURRAY	NSW	4672		2024	W70	AR	JAN BANENS	ACT	3989		2011
M75	AR	KEN PRIESTLEY	VIC	3808		2013	W75	AR	JAN BANENS	ACT	3603		2017
M80	AR	RON SIMCOCK	NSW	4100		2015	W80	AR	JEANNETTE WILLIAMSON	ACT	3655		2023
M85	AR	TOM HANCOCK	VIC	3193		2023							
M90	AR	GORDON WOOLSTON	QLD	1398		2017							
<b>THROWS PENTATHLON (2023 Tables)</b>							<b>THROWS PENTATHLON (2023 Tables)</b>						
M30	AR	GRAHAM HICKS	VIC	3471		2008	W30	AR	BYRONY GLASS	WA	3242		2009
M35	AR	DARRON HAWORTH	QLD	3664		2008	W35	AR	CHRIS SCHULTZ	VIC	3400		1987
	WR	ALFRED KRUGER III	USA	4396		2014		WR	RACHEL ANDRES	CAN	3589		2023
M40	AR	STUART GYNGELL	NSW	3839		2006	W40	AR	JAYNE HARDY	ACT	3484		2003
	WR	CHRISTIAN HARMSE	RSA	4699		2015		WR	ONEITHEA LEWIS	USA	4260		2003
M45	AR	STUART GYNGELL	NSW	4007		2009	W45	AR	CHRIS SCHULTZ	VIC	3778		1997
	WR	IVER HYTTEN	NOR	4421		2012		WR	ONEITHEA LEWIS	USA	4206		2005
M50	AR	TODD DAVEY	WA	4121		2018	W50	AR	CHRIS SCHULTZ	VIC	3824		2001
	WR	NORBERT DEMMEL	GER	4553		2016		WR	ONEITHEA LEWIS	USA	4074		2010
M55	AR	GRAEME ROSE	VIC	4005		1999	W55	AR	MARY THOMAS	NSW	3772		2000
	WR	NORBERT DEMMEL	GER	4910		2018		WR	MARGARETTA TOMANEK	BEL	3969		2005
M60	AR	GRAEME ROSE	VIC	3993		2006	W60	AR	DORN JENKINS	VIC	3827		2015



	WR	NORBERT DEMMEL	GER	4726		2010	WR	CAROL FINSRUD	USA	4167		2017
M65	AR	GRAEME ROSE	VIC	4059		2009	W65	AR DORN JENKINS	VIC	4050		2021
	WR	ARILD BUSTERUD	NOR	4912		2013	WR	ANNE KIRSTINE JENSEN	DEN	4780		2019
M70	AR	JOHANNES PETERS	WA	4004		2024	W70	AR MARY THOMAS	NSW	3862		2015
	WR	ARILD BUSTERUD	NOR	4657		2018	WR	MYRLE MENSEY	USA	4163		2019
M75	AR	TOM HANCOCK	VIC	3888		2011	W75	AR HELEN SEARLE	QLD	3605		2015
	WR	CARMELO RADO	ITA	4805		2008	WR	EVAUN WILLIAMS	GBR	4465		2013
M80	AR	TOM HANCOCK	VIC	3972		2016	W80	AR JEANETTE WILLIAMSON	ACT	3552		2023
	WR	HERMANN ALBRECHT	GER	4412		2020	WR	EVAUN WILLIAMS	GBR	4932		2018
M85	AR	TOM HANCOCK	VIC	3418		2022	W85	AR RUTH FRITH	AUS	2621		1995
	WR	OSTEN EDLUND	SWE	4617		2020	WR	EVAUN WILLIAMS	GBR	5150		2023
M90	AR	JOHN FRASER	VIC	3114		2005	W90	AR RUTH FRITH	NSW	2931		2000
	WR	WILLIAM PLATTS	USA	4177		2019	WR	MYRTLE ACTON	CAN	3975		2023
M95	WR	WILLIAM PLATTS	USA	4470		2023	W95	AR RUTH FRITH	QLD	3391		2005
M100	WR	OTTAVIANI GIUSEPPE	ITA	1532		2017	WR	OLGA KOTELKO	CAN	3967		2014
							W100	AR RUTH FRITH	QLD	3916		2009
							WR	RUTH FRITH	AUS	3837		2011
<b>PENTATHLON (2023 Tables) LJ, Javelin, 200m, Discus, 1500m</b>						<b>PENTATHLON (2023 Tables) Oceania events: 100m, SP, LJ, Jav &amp; 800m</b>						
M30	AR	WARREN EVANS	QLD	3275		2003	W30	AR JITKA HISCOX	NSW	3238		2016
M35	AR	TERRY BALDWIN	VIC	3541		1998	W35	AR LEONIE HOFFMAN	QLD	2792		2012
	WR	FRANZ MAYR	GER	3647		1991	W40	AR LEE-ANNE GROSVENOR	QLD	3189		2015
M40	AR	PAUL JEFFERY	WA	3625		2014	W45	AR LISA CROUCH	QLD	3476		2009
	WR	MATTIAS SUNNEBORN	SWE	3921		2011	W50	AR LEE-ANNE NELSON	QLD	3707		2023
M45	AR	LLOYD MITCHELSON	NSW	3793		1985	W55	AR KAREN CARAH	VIC	3899		2024
	WR	THOMAS STEWANS	GER	3762		2012	W60	AR CAROL DAVIS	QLD	3168		2016
M50	AR	MARK JEFFERY	WA	3549		2021	W65	AR CAROL DAVIS	QLD	3898		2019
	WR	MATTIAS SUNNEBORN	SWE	3929		2016	W70	AR CAROL DAVIS	QLD	3488		2022
M55	AR	GARY PARKINSON	QLD	3679		2024	W75	AR MIRIAM CUDMORE	SA	3168		2016
	WR	THOMAS STEWANS	GER	4049		2008	W80	AR MIRIAM CUDMORE	SA	3213		2018
M60	AR	RUDI HOCHREITER	VIC	3682		1987	W85	AR JO KLEMKE	ACT	1681		2022
	WR	DIETER BARTZSCH	GER	4144		2000	<b>OLD PENTATHLON, WMA: LJ, Jav, 200m, Discus &amp; 800m (2022 Tables)</b>					
M65	AR	RUDI HOCHREITER	VIC	3570		1992	W30	AR LYNETTE SMITH	NSW	3255		2005
	WR	WIM THREELS	NED	3853		2020	W35	AR PETA BIRD	NSW	2988		1995
M70	AR	MIKE JOHNSTON	VIC	3480		1991	W40	AR JAN HYNES	QLD	3369		1987
	WR	WIM THREELS	NED	3827		2012	W45	AR JAN HYNES	QLD	3528		1991
M75	AR	DON FRASER	ACT	2934		2014	W50	AR UNA LUND	QLD	3419		1991
	WR	SHERWOOD SAGEDAHL	USA	3620		2014	W55	AR WILMA PERKINS	QLD	2879		2005
M80	AR	DON FRASER	ACT	2920		2019	W60	AR PEGGY MACLIVER	WA	2917		2007
	WR	SHERWOOD SAGEDAHL	USA	3180		2019	W65	AR JOYCE BANNISTER	ACT	2954		1991
M85	AR	RAD LEOVIC	ACT	2113		2013	W70	AR GWEN DAVIDSON	VIC	3065		1993
	WR	TED ROWAN	CAN	2872		2018	W75	AR PAT CARR	WA	1906		2007
M90	AR	MAURICE DAUPHINET	QLD	2074		2016	W80	AR SHIRLEY BRASHER	TAS	1467		2008
	WR	RALPH MAXWELL	USA	2369		2011						
M95	WR	WILLIAM PLATTS	USA	3311		2024						
<b>DECATHLON (2023 WMA Tables)</b>						<b>HEPTATHLON (2023 WMA Tables)</b>						
M30	AR	MATT MCEWEN	QLD	7723		2003	W30	AR JITKA HISCOCK	NSW	4626		2016
	AR	STEPHEN CAIN	VIC	7785		2014	AR	JANE JAMIESON	NSW	<5863		2016
M35	AR	GEOFF GIBBONS	TAS	6634		2012	W35	AR MARIE KAY	NSW	4703		1999
	WR	LEV LOBODIN	RUS	8500		2004	WR	SABINE BRAUN	GER	6622		2002
M40	AR	GEOFF GIBBONS	TAS	6942		2017	W40	AR MARIE KAY	NSW	5474		2001
	WR	KIP JANVRIN	USA	8451		2005	WR	SONIA DEL PRETE	FRA	5706		2010
M45	AR	PAUL JEFFERY	WA	7719		2019	W45	AR MARIE KAY	QLD	5784		2009
	WR	PAUL JEFFERY	AUS	7719		2019	WR	TATJANA SCHILLING	GER	5856		2019
M50	AR	JUSTIN HANRAHAN	VIC	6899		2021	W50	AR MARIE KAY	QLD	5870		2011
	WR	JEAN LUC DUEZ	FRA	7973		2015	WR	TATJANA SCHILLING	GER	6165		2023
M55	AR	DAVE VARLEY	QLD	6400		2017	W55	AR MARIE KAY	QLD	6217		2015
	WR	THOMAS STEWANS	GER	8158		2021	WR	BARBARA GAHLING	GER	6282		2022
M60	AR	RUDI HOCHREITER	VIC	6549		1989	W60	AR MARGE ALLISON	QLD	4731		2008

	WR	WOLFGANG RITTE	GER	7735		2014		WR	SUE MCDONALD	USA	6269		2023	
M65	AR	DON FRASER	ACT	6334		2005	W65	AR	WILMA PERKINS	QLD	4881		2016	
	WR	KLEMENS GRIBMER	GER	7740		2017		WR	MARIA ROSA ESCRIBANO CHECA	ESP	5788		2024	
M70	AR	GEOFF SHAW	VIC	6671		2019	W70	AR	CAROL DAVIS	QLD	5444		2021	
	WR	VALDIS CELA	LAT	7501		2018		WR	<b>CAROL DAVIS</b>	<b>AUS</b>	<b>5444</b>		<b>2021</b>	
M75	AR	FRED O'CONNOR	NSW	6054		1999	W75	AR	MARGE ALLISON	QLD	4553		2020	
	WR	ROLF GEESE	GER	7752		2019		WR	RIET JONKERS-SLAGER	NED	5436		2019	
M80	AR	DON FRASER	ACT	5046		2019	W80	AR	unclaimed					
	WR	ROBERT HEWITT	USA	7052		2013		WR	IRENE OBERA	USA	4142		2016	
M85	AR	VIC YOUNGER	QLD	3895		1999	W85	WR	CHRISTA BORTIGNON	CAN	3631		2022	
	WR	TED ROWAN	CAN	5732		2018								
M90	AR	VIC YOUNGER	VIC	2687		2003								
	WR	RALPH MAXWELL	USA	5320		2011								
		<b>4X100m RELAYS MEN</b>												
M30	AR	Kenneth Vuong 32, Lachlan Parry 31, Shakti Rathore 30, Billy Spliadis 38								NSW	43.23s	SOPAC		2023
M35	AR	Leigh Phelan 36, Robert Lehmann 40, Geoffrey Pittman 38, Robbie Vidler 35								VIC	44.02s	Albert Park		2012
	WR	Parker, Roland, Burnett, Green								USA	41.30s	Atlanta		2019
M40	AR	Ricky Irvine Vic, Peter Durham SA, Kealy, Peter Crombie NSW									43.69s	Melbourne		1987
	WR	Carty, Bradley, Elliot, Chambers								GBR	42.18s	London		2018
M45	AR	Ashley McMahon NSW, Ryan Dowling NSW, Graham Scully Qld, Mark Harper Vic									44.54s	Gothenburg		2024
	WR	Fukuzato, Minakuchi, Koga, Asahara								JPN	43.27s	Kuching		2019
M50	AR	Ross Kent Vic, Roy Fearnall WA, Fred Turner NSW, Peter Crombie NSW									46.16s	Buffalo		1995
	WR									JPN	44.08s	Gothenburg		2024
M55	AR	Heinz Steinmann Qld, Neville McIntyre NSW, Fred Turner NSW, John Wight Qld									47.46s	Brisbane		2001
	WR									USA	45.07s	Gothenburg		2024
M60	AR	David Clive WA, Bernie Condon NSW, Hugh Coogan Qld, Reg Austin NSW									48.95s	Durban		1997
	WR	Peterson, Wilson, Allie, Sanders								USA	47.93s	Sacramento		2010
M65	AR	Col Buyers Qld, Heinz Steinmann Qld, Rob McDonald Qld, Neville McIntyre NSW									50.5s	Adelaide		2009
	WR	Beckering, Scheidt, Hamaekers, Lenk								GER	50.13s	San Sebastian		2005
M70	AR	John Wall 70, John Wight 70, Neville McIntyre 73 NSW, Peter Crombie 71 NSW									53.67s	Perth		2016
	WR									USA	51.12s	Gothenburg		2024
M75	AR	Graeme Noden 78 Vic, Michael Stevenson 76 Tas, Pio Bunin 75, Barrie Kernaghan 76 WA									59.95s	Perth		2016
	WR	Beckering, Lange, Schmidt, Muller								GER	55.44s	Izmir		2014
M80	AR	Leo Coffey 82 Vic, George Harrod 82 Qld, Hugh Thomsen 81 Qld, Richard Hughes 80 NSW									68.43s	Albert Park		2012
	WR	Albrecht, Breder, Herbst, Schumacher								GER	61.83s	Arhus		2004
M85	AR	Jack Thackray 85, Derry Foley 87, Jim Sinclair 92 Vic, Leo Coffey 86 Vic									83.82s	Perth		2016
	WR	Ishida, Tanaka, Masuda, Ishakawa								JPN	67.03s	Nara City		2018
M90	WR	Tsuruga, Kudo, Miura, Tanaka								JPN	1m 33.52s	Hirosaki		2022
		<b>4X100m RELAYS WOMEN</b>												
W30	AR	Julie Forster, Kylie Strong, Ranell Hobson, Gianna Mogentale								NSW	48.86s	Hobart		2007
W35	AR	Ranell Hobson NSW, Julie Brims Qld, Kylie Strong NSW, Gianna Mogentale NSW									47.74s	Blacktown		2008
	WR	Stafford, Springer, Hutchinson, Mark-Baird								TTO	47.65s	Lyon		2015
W40	AR	Gianna Mogentale NSW, Julie Brims Qld, Jaqualine Bezuidenhout NSW, Kylie Strong NSW									48.01s	Lahti		2009
	WR	<b>Gianna Mogentale NSW, Julie Brims Qld, Jaqualine Bezuidenhout NSW, Kylie Strong NSW</b>								<b>A</b>	<b>48.01s</b>	<b>Lahti</b>		<b>2009</b>
W45	AR	Giola Motti NSW, Julie Brims Qld, Julie Forster NSW, Gianna Mogentale NSW									48.92s	Brisbane		2011
	WR	<b>Giola Motti NSW, Julie Brims Qld, Julie Forster NSW, Gianna Mogentale NSW</b>								<b>AU</b>	<b>48.92s</b>	<b>Brisbane</b>		<b>2011</b>
W50	AR	Mandy Mason WA, Julie Brims Qld, Lenore Lambert NSW, Janelle Delaney NSW									50.70s	Tampere		2022
	WR	<b>Mandy Mason WA, Julie Brims Qld, Lenore Lambert NSW, Janelle Delaney NSW</b>								<b>AUS</b>	<b>50.70s</b>	<b>Tampere</b>		<b>2022</b>
W55	AR	Sharee Maksimovic Tas, Julie Brims Qld, Steph Noon SA, Julie Forster NSW									53.19s	SAF Nathan		2022
	WR	<b>Sharee Maksimovic Tas, Julie Brims Qld, Steph Noon SA, Julie Forster NSW</b>								<b>A</b>	<b>53.19s</b>	<b>SAF Nathan</b>		<b>2022</b>
W60	AR	Gianna Mogentale, Julie Forster, Phillipa Wight, Christine De Vries								NSW	55.37s	Kensington		2024
	WR	<b>Gianna Mogentale, Julie Forster, Phillipa Wight, Christine De Vries</b>								<b>AUS</b>	<b>55.37s</b>	<b>Kensington</b>		<b>2024</b>
W65	AR	Wilma Perkins 67 Qld, Lyn Peake 67 SA, Carol Davis 65 Qld, Marlene Norton-Baker 65 SA									60.60s	Darwin		2017
	WR	Zorner, Buchholz, Reismann, Meier								GER	60.31s	Lyon		2015
W70	AR	Wilma Perkins Qld, Lyn Peake SA, Barbara Blurton WA, Maureen Keshwar WA									68.50s	Gothenburg		2024
	WR	Foerster, Zoerner, Stump, Meier								GER	64.28s	Arhus		2017
W75	AR	Ruth Johnson 75, Miriam Cudmore 78 SA, Jo Klemke 79 ACT, Francis Harris 75 ACT									77.32s	Perth		2016

	WR	Opera, Jordon, Donley, Meiler							USA	70.19s	Sacramento		2011
W80	AR	Anne Young 82, Cory Collins 81, Jo Klemke 80, Consie Larmour 82							ACT	1m 39.63s	AIS ACT		2018
	WR	Donley, Meiler, Chou, Opera							USA	1m 21.06s	Lyon		2015
W85	WR	Styles, Petersen, Valien, Stewart							USA	1m 50.31s	BEREA		2013
		<b>4X200m RELAYS MEN</b>											
M30	AR	Matthew Learoyd 37, Graham Scully 45, Patrick McCarthey 35, Scott Tuohy 33							Q	1m 35.7s	Brisbane		2019
M35	AR	Robin Mhrshahi, Travis Venema, Graham Scully, Brett MacKenzie							QLD	1m 37.48s	Brisbane		2015
M40	AR	Ken Gordon, Kevin Matthews, Leo Kennedy, Michael Rutter							ACT	1m 37.22s	AIS		2005
M45	AR	Mark Harper 45, Brett Maurer 45, Mark Giglio 48, Kristian Lakusa 49							VIC	1m 39.86s	Albert Park		2021
M50	AR	Andrew Wilcox 52, Stewart Dobrzynski 51, Robert Mayston 64, Grant Murfett 52							VIC	1m 41.89s	Aberfeldie		2021
M55	AR	Barry Pomeroy, Mike Hall, Ross Kent, Graeme Noden							VIC	1m 44.7s	Frankston		1997
M60	AR	John Lamb, John Payne, Garry Maher, Geoff Sims							ACT	1m 55.73s	AIS		2011
M65	AR	Ken Bruce 65, David McConnell 65, Graham Ford 68, Phil Rosevear 68							VIC	2m 00.52s	Doncaster		2017
M70	AR	John Reid, Ron Aust, Mike Johnson, Jim Thompson							VIC	2m 03.5s	Murrumbeena?		1990?
M75	AR	Dieter Lacko 76, John Sheer 76, Stephen Dixon 76, Pio Bunin 82							QLD	2m 45.58s	SAF Nathan		2023
M80	AR	Gerry Heilmann 83, Michael Johnston 85, Jim Sinclair 82, Jimmy Thompson 80							V	2m 33.9s	Murrumbeena		2007
		<b>4X200m RELAYS WOMEN</b>											
W30	AR	Kim Cocksedge 34, Lisa Crouch 47, Joanne Daly 49, Julie Brims 45							QLD	1m 56.13s	Brisbane		2011
W35	AR	Joanna Davis 44, Maria Cimino 49, Renee Briffa 46, Erin Smart 38							NSW	1m 57.23s	Campbelltown		2021
W40	AR	Amanda Emmett 44, Christie Faulks 46, Sonya Pollard 40, Margaret Tweedie 52							V	1m 51.0s	Murrumbeena		2007
W45	AR	Petrina Brown 46, Karen Bradley 45, Karen Lakin 54, Julie Brims 48							QLD	1m 57.51s	Brisbane		2014
W50	AR	Tamara Paterson 51, Julia Nicholas 56, Karen Lakin 54, Julie Brims 52							QLD	2m 06.82s	Brisbane		2018
W55	AR	Jessica Veurman 56, Tamara Patterson 57, Jodie Craswell 55, Karen Larkin 60							QLD	2m 12.80s	SAF Nathan		2023
W60	AR	Susan Archer, Jill Brown, Margaret McSpadden, Margaret Taylor							ACT	2m 36.14s	AIS		2010
W65	AR	Maureen Rossiter, Jill Brown, Margaret Taylor, Jeanette Rayner							ACT	2m 40.76s	Woden		2016
W70	AR	Cory Collins 84, Jill Brown 71, Maureen Rossiter 70, Margaret Taylor 72							ACT	2m 50.19s	Woden		2021
W75	AR	Cory Collins, Gwen Gleeson, Consie Larmour, Anne Young							ACT	3m 12.19s	AIS		2012
		<b>4X400m RELAYS MEN</b>											
M30	AR	Mark Rossiter ACT 38, Adam Farlow ACT 34, Jay Stone NSW 37, Jonathon Stefaniak ACT 36								3m 27.37s	Auckland		2017
M35	AR	William Little 35, Kulan Ranasinghe 38, Simon Jackson 37, Leigh Phelan 41							V	3m 28.00s	Aberfeldie		2017
	WR								GBR	3m 16.53s	Gothenburg		2024
M40	AR	Ricky Dunbar Vic, Barrie Milligan Vic, N.C.Orange, Reg Austin NSW								3m 26.86s	Christchurch		1981
	WR	Allah, Morning, Goner, Blackwell							USA	3m 20.83s	Philadelphia		2001
M45	AR	Mark Giglio, Nathan Crowley, Shane Ezard, Andrew Wilcox							VIC	3m 30.42s	Malaga		2018
	WR	Vickers, Gomez, Bridges, Woodard							USA	3m 22.79s	Philadelphia		2017
M50	AR	Rob Italia Vic, Craig Sanford Vic, Paul Hughes Vic, Gary Parkinson Qld								3m 37.78s	Malaga		2018
	WR	Sullivan, Moody, Gatling, Blackwell							USA	3m 31.76s	Sacramento		2011
M55	AR	Andrew Wilcox 55 Vic, Robert Mayston 67 Vic, Craig Sanford 56 Vic, Gary Parkinson 57 Qld								3m 46.85s	Gothenburg		2024
	WR	Allie, Haywood, Collins, Grant							USA	3m 40.62s	Philadelphia		2010
M60	AR	Rob Mayston Vic, Andrew Watts Vic, Campbell Till WA, Trevor Young NSW								3m 57.37s	Malaga		2018
	WR								GER	3m 51.19s	Gothenburg		2024
M65	AR	Colin Buyers 66 Qld, Heinz Steinmann 66 Qld, Tony Ireland 67 NSW, Neville McIntyre 66 NSW								4m 02.62s	Adelaide		2009
	WR	Ortan, Allie, Jones, Haywood							USA	4m 01.03s	Alexandria USA		2019
M70	AR	Hugh Coogan 75 Qld, Barrie Kernaghan 71 WA, Michael Stevenson 70 Tas, David Carr 79 WA								4m 29.57s	Sacramento		2011
	WR	Scheidt, Nehren, Klaus, Muller							GER	4m 17.47s	Lahti		2009
M75	AR	Michael O'Reilly 77, Pio Bunin 77, Michael Stevenson 77 Tas, Barrie Kernaghan 76 WA								5m 12.41s	Perth		2016
	WR	Jakob, Klaus, Knorr, Muller							GER	4m 47.85s	Lyon		2015
M80	AR	David Carr 80 WA, George Harrod 83 Qld, Leo Coffey 82 Vic, Richard Hughes 80 NSW								5m 32.29s	Southport		2012
	WR	<b>David Carr 80 WA, George Harrod 83 Qld, Leo Coffey 82 Vic, Richard Hughes 80 NSW</b>							<b>AU</b>	<b>5m 32.29s</b>	<b>Southport</b>		<b>2012</b>
M85	AR	Andy Smith Vic, Leonard Foulser NSW, Eddie Gamble Vic, Vic Younger Vic								10m 32.60s	Brisbane		2001
	WR	Vecchi, Marchioni, Bertaggia, Paderno							ITA	6m 53.22s	Pistoia		2022
M90	WR	Tsuruga, Kudo, Mitsuya, Tanaka							JPN	9m 23.29s	Hirosaki		2022
		<b>4X400m RELAYS WOMEN</b>											
W30	AR	Lesley White 40, Sarah De Vries 30, Rebekah Power 44, Erin Smart 40							NSW	4m 07.08s	SOPAC		2023
W35	AR	Jennifer Clancy NSW, Jennifer Baldwin Vic, Gianna Mogentale NSW, Cherie Smee Qld								4m 02.04s	Brisbane		2001
	WR	Giscombe, Elder, Trucks, Charles							USA	3m 48.68s	Sacramento		2024
W40	AR	Bronwen Loizou Vic, Marie Kay NSW, Leanne Smith Qld, Glynis Cearnz Qld								3m 57.28s	Brisbane		2001

	WR	Seidal, Gazda-Sagolla, Kroner, Heidrich					GER	3m 56.02s	Potsdam		2002
W45	AR	Julie Forster NSW, Giola Motti NSW, Gianna Mogentale NSW, Julie Brims Qld						4m 01.22s	Brisbane		2011
	WR	<b>Julie Forster NSW, Giola Motti NSW, Gianna Mogentale NSW, Julie Brims Qld</b>						<b>4m 01.22s</b>	<b>Brisbane</b>		<b>2011</b>
W50	AR	Evette Cordy Vic, Julie Brims Qld, Lenore Lambert NSW, Janelle Delaney NSW						4m 09.92s	Gothenburg		2024
	WR	<b>Evette Cordy Vic, Julie Brims Qld, Lenore Lambert NSW, Janelle Delaney N</b>					<b>AUS</b>	<b>4m 09.92s</b>	<b>Gothenburg</b>		<b>2024</b>
W55	AR	Philippa Wight NSW, Sarah Chinner, Michele Hossack Vic, Julie Brims Qld						4m 35.16s	Tampere		2022
	WR	McDonald, Valle, Rohl, Brockner					USA	4m 23.52s	Ames, USA		2021
W60	AR	Evelyn Peake 61 SA, Kathryn Heagney 60 Vic, Wilma Perkins 61 Qld, Kathryn Sims 60 ACT						4m 55.53s	Sacramento		2011
	WR	West, Godsell, Horder, Powell					USA	4m 41.85s	Malaga		2018
W65	AR	Carol Davis 66 Qld, Barbara Blurton 67 WA, Jeanette Flynn 65 Qld, Lyn Peake 67 SA						4m 52.76s	Darwin		2017
	WR	<b>Carol Davis 66 Qld, Barbara Blurton 67 WA, Jeanette Flynn 65 Qld, Lyn Peake 67 SA</b>					<b>AU</b>	<b>4m 52.76s</b>	<b>Perth</b>		<b>2016</b>
W70	AR	Peggy Macliver 71 WA, Jean Hampson 70 Qld, Anne Lang 72 SA, Marge Allison 70 Qld						5m 32.95s	Lyon France		2015
	WR	<b>Peggy Macliver 71 WA, Jean Hampson 70 Qld, Anne Lang 72 SA, Marge Allison 70 Qld</b>					<b>A</b>	<b>5m 32.95s</b>	<b>Lyon France</b>		<b>2015</b>
W75	AR	Ruth Johnson 75, Cory Collins 80 ACT, Jo Klemke 79, Carol Melling 75						7m 11.20s	Perth		2016
	WR	Robinson, Worsley, Michelsohn, Green					USA	6m 53.27s	Toronto		2019
W80	AR	Anne Young 82, Consie Larmour 82, Jo Klemke 80, Cory Collins 81					ACT	9m 54.40s	Woden		2018
	WR	Green, Daprano, Langenwalter, Hurrell					USA	7m 59.18s	Malaga		2018
		<b>4X800m RELAYS MEN</b>									
M30	AR	Gary Parkinson 41, David Hill 38, Bruce Hill 38, Brendan Whelan 34					QLD	8m 30.74s	SAF Brisbane		2008
M35	AR	Matt Cooper 36, Clay Dawson 36, Peter Bracken 37, Daniel Mellish 39					QLD	8m 41.58s	SAF Brisbane		2017
	WR	Perez, Sotomayor, Pous, Gil					ESP	7m 51.47s	Madrid		2016
M40	AR	Shane Mathewson 40, Wayne Adams 48, Andrew Willey 45, Daniel Mellish 43					Q	8m 42.23s	SAF Nathan		2022
	WR	Hinto, Hope, Paulk, Young					USA	7m 54.17s	Eugene		2004
M45	AR	James McEniry 52 Vic, Nathan Crowley 49 Vic, Craig Sanford 54 Vic, Brett Halls 45 NSW						8m 21.54s	SOPAC		2023
	WR	Davis,Locker,Thie,Thurstan					GBR	8m 10.98s	Redditch		2023
M50	AR	Andrew Egginton 50 Vic, Scott Lawrence 50 Vic, Peter Hawes 55 Qld, John Jago 50						8m 39.01s	Melbourne		2011
	WR	Duren, Johansson, Olsson, Björkman					SWE	8m 25.79s	Upplands		2016
M55	AR	Peter Link 57 Qld, Richard Dawe 56 Vic, Craig Sanford 55 Vic, Glenn Stephens 56 Vic						8m 48.42	Doncaster		2024
	WR	Allen, Ridley, Haines, Atkinson					GBR	8m 46.03s	Redditch		2023
M60	AR	Paul Viney 60, Steve Moneghetti 60, Scott Lawrence 61, Mark Hipworth 62					VIC	9m 29.53s	Box Hill		2023
	WR	Pinckard, Deighan, Guss, Athyde					CAN	9m 16.90s	Langley		2023
M65	AR	Robert Gunningham 68, Mark McLean 65, Peter Reeves 68, Ian Cameron 67					QLD	10m 44.06s	SAF Nathan		2022
	WR	Owen, Whitaker, Lebold, Westenberg					USA	10m 16.67s	Sacramento		2024
M70	AR	Alan Burgoyne, Andy Smith, Eddie Gamble, Cliff Barling					VIC	11m 44.1s	?		?
	WR	Webster, Thorp, Jackson, Oxland					GBR	10m 35.59s	Birmingham		2022
M75	AR	Robbie Costmeyer 75 ACT, Steve Dixon 75 Qld, Dieter Lacko 75 Qld, Don Mathewson 77 Qld						13m 22.67s	SAF Nathan		2022
	WR	Stewart, Riggins, Pawluk, Harton					CAN	12m 27.64s	Surrey		2022
M80	AR	Victor Beaumont 80, Stanley Lockwood 80, Cecil Walkley 80, Irwin Barrett-Lennard 80					W	16m 01.8s	Perth		2010
	WR	Eberman,Muller,Grault,Beecker					GER	14m 01.14s	Essen		2013
M85	WR	LeVasseur, Cordero, Masterson, Satyaprasad					USA	24m 31.16s	Greensboro		2023
M90	WR	Ross, Rogers, Englert, Boyle					USA	28m 17.10s	Salem		2014
		<b>4X800m RELAYS WOMEN</b>									
W30	AR	Petrina Brown 40, Anne Venema 30, Glenda Banaghan 44, Jeanette Flynn 57						10m 21.11s	SAF Brisbane		2008
W35	AR	Petrina Brown 45, Katie Menzies 35, Lee-Anne Grosvenor 42, Jeanette Flynn 62					C	10m 10.71s	SAF Brisbane		2014
	WR	Rizzo, Metz, Reifer, McGrath					USA	9m 25.27s	New York		2011
W40	AR	Lisa Harrison 43, Karen Herrmann 41, Jane Boyd 46, Nancy Newsome 44					NSW	10m 04.48s	Illawong		2010
	WR	Boyl, Babcock, Cummins, MacMillan					CAN	9m 16.91s	Vancouver		2016
W45	AR	Lee-Anne Nelson 51 Qld, Kriszta Kovacs 49 NSW, Sharon Davis 49 WA, Evette Col						9m 43.13s	SOPAC		2023
	WR	Schwalm, St Jean, Jones, Scott					USA	9m 36.95s	Union		2024
W50	AR	Nicky Kelly 50 NSW, Anna Smee 50 Tas, Sarah Chinner 60 SA, Charlotte Middleton 53 NSW						10m 32.06s	SOPAC		2023
	WR	Olen, Arlin, Ballou, Valle					USA	10m 14.64s	Ames		2019
W55	AR	Fay McNeill Qld, Jeanette Flynn Qld, Betty Menzies Qld, Kathy Heagney Vic						10m 31.0s	Brisbane		2007
	WR	Saint-Louis,LaShore,Stobbbe,Harvey					USA	10m 35.80s	Union		2024
W60	AR	Kathy Heagney 62 Vic, Kathy Sims 61, Paula Moorhouse 64, Jeanette Flynn 61 Qld						11m 22.59s	Canberra		2013
	WR	Harvey, Richards, Stenbach, Martin					USA	11m 06.22s	Salem		2014
W65	AR	Marge Allison 66, Lesley Le Vaillant 67, Jean Hampson 65, Betty Menzies 66						12m 56.64s	SAF Brisbane		2010
	WR	Combs, Lucking, Mullis-Dubow, Williams					USA	14m 49.29s	Lexington		2022

