

| Date | Venue | Meeting | AMA Executive | Board | Decision Summary |
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| 13/09/2021 | Google Meet | Board | Phil Urquhart, Steve McGugan, Judy Farrell, John Clark | Jayne Hardy, Lisa Attenborough, Jill Taylor, Stan Perkins | 2022-2024 Triennium Contracts Approved, Board Portfolios 2021-2022, Invite Kate Palmer to meet with Board, Review of AMA Policies, Appoint AMA Competition Committee, Propose a study into Hurdle Heights, AGM September 2022 Adelaide |
| 15/11/2021 | Google Meet | Board | (Apology), Judy Farrell, John Clark | Attenborough, Jill Taylor, | Notices of Motion fwd. to OMA for consideration, AMA to continue WMR for 1 |
| 17/01/2022 | Google Meets | Board | Phil Urquhart, Steve McGugan, Judy Farrell John Clark | Jayne Hardy, Lisa Attenborough, Jill Taylor, Stan Perkins | Name change AMA Winter Throws to be "Festival" replacing "Championships", NT not yet on Instagram, Stan Perkins to represent Board at April 2022 Multis in Townsville, Nationals Rotation schedule TBC, Delegates to OMA AGM Phil Urquhart and Judy Farrell, Team Manager Policy and Relay Teams procedure changes approved, NSW proposal for Heavy Weight Throws to be added to WMR to be tabled at next AMA Council meeting |
| 31/03/2022 | Brisbane | Board | Phil Urquhart, Steve McGugan, Judy Farrell John Clark | Jayne Hardy, Lisa Attenborough, Jill Taylor, Stan Perkins | Approval for Treasurer to progressively transfer all AMA accounts to Bendigo Bank; Endorsed nomination of Lynne Schickert to position of WMA executive Vice President; Amended AMA Records Policy re certification of implements; Endorsed new AMA succession policy; Appointment of AMA Patron on hold; Reports on AMA meetings with AA, Update on AMA Nationals Sydney 2023, AMA Standards revision. |
| 16/05/2022 | Google Meets | Board | Phil Urquhart, Steve McGugan, Judy Farrell John Clark Guests Peter Bromley (AA) Peter Crombie OAM | Jayne Hardy, Lisa Attenborough, Jill Taylor, Stan Perkins | Name change for CofC on hold for now, AMA Board nomination sub committee charter accepted, AMA Succession ongoing project going forward, Peter Bromley spoke at length re Sydney Running Festival, Coordinating AA/AMA National Events calendars, AMA Delegation for WMA Assembly in Tampere named, Team manager Wilma Perkins, Flag Bearer Julie Brims, Discussion to review Strategic Plan, Develop a Management Plan |
| 13/06/2022 | Google meets | Board | Phil Urquhart, Steve McGugan, Judy Farrell John Clark | Jayne Hardy, Lisa Attenborough, Jill Taylor, Stan Perkins | SRF, Trial AMA Indoor Throws Championships, Renaming C of C Sprint, to AMA Age Graded Sprint Champion (M & F), National Survey results publish on website, AMA Competition Manual updates, AMA Standards prepare to put on AMA website |
| 15/08/2022 | Google Meets | Board | Phil Urquhart, Steve McGugan, Judy Farrell John Clark | Jayne Hardy, Lisa Attenborough (Apology) , Jill Taylor, Stan Perkins | Tampere, Corporate Objectives and Strategic Plane , AMA 10k Road Run Championships SRF, Competition Manual Upgrades, Register Domains with .au, WMA Committees Nominations to WMA, Hall Of Fame report- clarify and update criteria, Registrar memberships list required prior to major events, Masters Coaching Project John Clark to investigate, Team manager appointment for September meeting, Update on 2024 Gothenburg Sweden WMA Championships |

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| | | | | | Nationals Survey Analysis, Championship Manual updated, AMA Standards on the website, All annual reports tabled, AMA Indoor Throws Championships now Annual event, Board Positions President John Clark, Treasurer Lisa Attenborough, Board Rob Mayston, Bruce Bodsworth, NOM Indoor competition AMA Competition and Walks "No Advantage" Rule AMA Competition manual updated, Auditor reappointed for 2022-2023, Presentations to Phil Urquhart retiring, 2023 Nationals update, President, Richard Blurton and Stan Perkins, 2023 Nationals update, Nationals rotation on website, Reports by HOF Chair, AMA Registrar, Strategic plan/3 year objectives on website, Coaching masters athletes project approved, AA/AMA Working party update, States and Territories round table discussion looking to the future, NOM at WMA Assembly Outcomes advised, re Issue with Throwing facilities in Tampere Letter of Concern to WMA, |
| 17&18/9/2022 | Adelaide SA | AGM | Phil Urquhart, Steve McGugan, Judy Farrell John Clark | Jayne Hardy, Lisa Attenborough (Apology) , Jill Taylor, Stan Perkins (Council delegates) | |
| 24/10/2022 | Google Meets | Board | John Clark, Steve McGugan (Apology), Judy Farrell, Lisa Attenborough | Jayne hardy, Jill Taylor, Bruce Bodsworth, Rob Mayston (Apology) | WMA Ci Torun Poland, EOI TM OMA Championships Saipan, Competition manual V4 updates, Indoor Arena WA Technical Rules 41-43, RaceWalk No Advantage Rule amendment to States to ratify, AA Working Party update, Coaching Course progress report, Name change WTC "Weight for Distance Throw to "Single Arm Throw" Distance Running Working party formed Phil Urquhart (Chair) , 12 month Plan Objectives updated, LisaA to investigate the |
| 6/12/2022 | Google Meets | Board | John Clark, Steve McGugan, Judy Farrell, Lisa Attenborough | Jayne hardy, Jill Taylor, Bruce Bodsworth, Rob Mayston | OMA/OAA Relationship, One Year Plan Updates, Potential Sponsors/Partners, AMA Branding discussed, Code of Conduct Athletes/Board Members Updates, VMA Great Southern Pentathlon, AMA 50years 2024, AUS Teams update WMA CC Bathurst 2023, SYD2023 Updates |
| 25/01/2023 | Google Meets | SGM | BOARD - John Clark*, Steve McGugan, Judy Farrell*, Lisa Attenborough, Jayne Hardy*, Jill Taylor(apology), Bruce Bodsworth*, Rob Mayston(apology) | DELEGATES - Colin Heywood, Sarah Chinner, Fiona Lennon, Simon Evans, Ray Green, Amanda Coombe, George White, Peter Lyden, Richard Blurton | Racewalking Rule Modification - passed unanimously - For nationally sanctioned racewalking events, the No Advantage concept is to be applied as a modification to World Athletics Rule 54.2 for athletes aged 65 and older. Refer Competition Manual. Modification to Constitution in regards to online meetings passed |
| 6/02/2023 | Google Meets | Board | John Clark, Steve McGugan, Judy Farrell, Lisa Attenborough | Jayne hardy, Jill Taylor, Bruce Bodsworth, Rob Mayston | AMA Distance Working Party(PhilU) to Co-Ordinate, Arrange talks with WMA regarding OMA/OA merger, Change of Auditor, New uniform to be introduced 2024, Indigenous artwork inclusion to be considered, AMA Documents to be updated, Archiving project done, JudyF given permission to destroy hard copies, SGM outcome the new racewalk rule introduced at 2023 nationals, Amanda Coombe TM for WMA XC Bathurst 23, John Clark & Jill Taylor to assist, Service Merit Award renamed Distinguished Service Award, ..for athletes 30 and over - tagline for AMA, Mates4Mates a QMA initiative to commence soon |
| 9/03/2023 | Google Meets | Board | John Clark, Steve McGugan, Judy Farrell, Lisa Attenborough | Jayne hardy, Jill Taylor, Bruce Bodsworth (Apology), Rob Mayston | Selloff of AMA uniform @\$2 a piece, International athletes at National/visa issues. Mates4Mates to start at QMA, WMA XC Bathurst23 a successful event for masters, New uniform design consideration to include indigenous artwork, Distance running group a work in progress, flag bearers for Sydney Nationals Steve McGugan and Lisa Attenborough |

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| | | | | | <p>Draft Budget 2023 - 2024 Discussed, 3 Team managers, AUS Massage Therapist, AMA AGM 27/09/2023 Zoom Teleconference, Board Elections Vice President, Secretary, 2 Board members, Produce Annual report to be tabled at AGM all Board member report to be included, Triennium Contracts due for 2025 - 2027, Competition Manual review, Nationals survey on the website, AUS Teams reports tabled, Snr Team Manager for Gothenburg Steve McGugan, other Team manager Lisa Attenborough and Amanda Coombe if needed, Insurance to investigate if AMA should go it alone, New AMA Uniform Lis and Jill to meet with supplier, National registration system for AMA Lisa to continue with project, review of all AMA Policy and procedure documents underway, Sponsorship logos on certain high profile athletes uniforms underway, Distance Working Party Board to suggest candidates</p> |
| 19/06/2023 | Google Meets | Board | John Clark, Steve McGugan, Judy Farrell, Lisa Attenborough | Jayne Hardy, Jill Taylor, Bruce Bodsworth, Rob Mayston | <p>Lisa tabled end of year reports now with te Auditor, Sponsorships proposal to be implemented, WA Marketing and Advertising rules for Logo on AMA uniform follow up, Canva team membership for AMA media publications, AMA Standards and Certificates updated on website, latest Competition Manual sent to TMA LOC, AMA Riennium remove marathon to MOU, Half Marathon AMA to control instead of States, 10k Road Run Championships trial with SRF, NOM re AMA Honorary Pins for AGM, LOC's and Nationals to consider employing an event manager, All Board member to submit a report for AMA Annual report, Steve McGugan steps away from the Board 13/07/2023 Jill Taylor to take over until AGM, Distance Working Party Jayne hardy to be Chair to set up meeting early August, Jill taylor to investigate setting up a Trans tasman challenge, AV Results hub find out cost, checkin application used for Sydney nationals pass on contact details to TMA LOC.</p> |
| 24/07/2023 | Google Meets | Board | John Clark, Steve McGugan, Judy Farrell, Lisa Attenborough | Jayne Hardy, Jill Taylor, Bruce Bodsworth, Rob Mayston | |
| 21/08/2023 | Google Meets | Board | John Clark, Jill Taylor, Judy Farrell, Lisa Attenborough | Jayne Hardy, Bruce Bodsworth, Rob Mayston | <p>End of Year Financials signed off by Board, 2023 - 2024 Budget approved, ACT Inification</p> |
| 22/10/2023 | Zoom | Board | John Clark, Jill Taylor, Judy Farrell, Lisa Attenborough | Jayne Hardy, Bruce Bodsworth, Rob Mayston, Pramesh Prasad | <p>AMA HWC include a Sanction fee to cover medals and postage, Delegate expenses document updated, AMA Registration Database signed off, SWOT in place, Easter Nationals Prayer Group, WMA Marathon new venue TBC, engagement Working Party, Medals for Nationals, Distance Working Party update, Triennium Contract Letters sent out, AMA 50th celebrations, WMA 4x1500m relay records NOM, RSL update, Coaching Course update final stages, AMA new uniform samples in production</p> |
| 5/12/2023 | Zoom | Board | John Clark, Jill Taylor, Judy Farrell, Lisa Attenborough | Jayne Hardy, Bruce Bodsworth, Rob Mayston, Pramesh Prasad | <p>Commission of OAA, AUS Team Manager for Gothenburg Lisa Attenborough, Jayne Hardy second Team manager if required, AMA 50th Anniversary celebration plans, Engagement Committee 10 members 30-45 age groups, Board 12 Plan updated, Sponsorship campaign underway, QMA and NSWMA new uniforms, Hobart Nationals all on track, registrations open, Awards dinner centre of AMA 50 year celebrations, NOM for WMA GA 4x1500 Relays, Trienniums Contracts underway, National Database near completion, Policy documents updating, Long Distance Working group presentation</p> |

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| 20/02/2024 | Zoom | Board | John Clark, Jill Taylor, Judy Farrell, Lisa Attenborough | Jayne Hardy, Bruce Bodsworth, Rob Mayston (Apology), Pramesh Prasad | Competition Manual update clarification athletes living in AUS on working visa allowed to compete at Nationals as if Australian, Coaching Course near completion, Strategy in communication scrap Enewsletters, Sponsorship letters sent out, 12 month plan updates done, New Uniform minor changes will be samples at Nationals, 50th Anniversary plans in place, Engagement Working Party meet soon, NOM's for Council meeting ready to go, |
| 28/03/2024 | Hobart | Board | John Clark, Jill Taylor (Apology), Judy Farrell, Lisa Attenborough | Jayne Hardy, Bruce Bodsworth, Rob Mayston, Pramesh Prasad (Apology) | RSL Report - BB, New Uniforms Shop Orders close 22/4/2024, No Finance report this meeting. OA Masters Commission approved in March, subject for discussion at Council, Insurance, WMR, Notices of Motion for GA Gothenburg, Distance Working Party update |
| 2/04/2024 | Hobart | Council Meeting | Board/Delegates - Robbie Costmeyer, Jayne Hardy, John Clark, Jill Taylor, Joanna Bailey, Cameron Burrows, Rochelle Airey, Richard Blurton, Joe Begley, Stan Perkins, George White, Fiona Lennon, Cathy McKeown, Rob Mayston, Lisa Attenborough, Judy Farrell, Bruce Bodsworth, (Apologies Viddy Jermacans, Pramesh Prasad) | | 2025 Nationals Adelaide SA, www.adelaide2025.com.au, Future Nationals rotation 2026 ACTMA, 2027 MAWA, 2028 VMA, 2029 ANT, Indoor throws NSW & VIC using equestrian stud indoor facilities, 2024 AMA Indoor Throws championship Lovedale Hunter Valley, Triennium contracts for 2025-2027, no takers so far, National Survey Analysis on AMA website. Masters Coaching course nearly ready to launch, Strategic Plan to be published on the website, New uniform launch underway, Volunteer Pins award introduced, AUS Teams Gothenburg Sweden (Outdoors) and Gainesville Florida USA (Indoors) plans underway, AMA Registration system ready for launch, OMA Board AMA to send nominations, Engagement working party formed to target 30 - 45 year age groups, Distance working party new event proposal to be considered, Officials payment to be considered, further discussions on a recruitment strategy, WMA GA Gothenburg 3 Notices of Motion to be submitted, States round table reports |
| 28/05/2024 | Zoom | Board Meeting | John Clark, Jill Taylor, Judy Farrell, Lisa Attenborough | Jayne Hardy, Rob Mayston, Pramesh Prasad, Bruce Bodsworth (Apology) | ACTMA after review withdraw database decision, AMA's cash position is good, OMA AGM 5/6/2024 3.00 pm Fiji time delegates John Clark Judy Farrell, AMA Awards judging external committee to be appointed, WMA Delegation Jill Taylor (Delegation Leader), Lisa Attenborough, Jayne Hardy, Rob Mayston and Wilma Perkins as the AMA delegates to the WMA Assembly meeting in Gothenburg, Sweden, on 16 August 2024. Trienniums 2025 - 2027 seeking States to apply for an event, AA/AMA Nation SC X/C August Tasmania TH Mike Walker, Volunteer/Officials working party setup, Future of OMA Championships depends on OMA AGM outcomes |
| 16/07/2024 | Zoom | Board Meeting | John Clark, Joll Taylor, Judy Farrell, Lisa Attenborough | Jayne Hardy, Rob Mayston, Pramesh Prasad, Bruce Bodsworth | Financial ready for annual audit, continue Zoom membership, Registration Database complete late August, New uniform all delivered, some issue resolved, OMA new Council in place, WMA GA-AMA delegation Jill Taylor leader, Wilma Perkins, Jayne Hardy, Lisa Attenborough, Rob Mayston, Trienniums in place 2025 - 2027, Distance party TOR updated, AUS Team all on track for Gothenburg, AMA S/c X/C entries 29, AGM 29/09/2024 Zoom |
| 29/09/2024 | Zoom | AGM | AMA Board | AMA Council Delegates | Annual Report and Financial Statements approved - Election of Board members 2024 - 2026- Elected - President - John Clark , Treasurer - Angela Stephens-Kinch, Board Members- Joe begley, Rob Mayston |