

**AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 26 June 2024**

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**THROWS PENTATHLON using 2023 WMA AGE FACTORS - MEN**

Age	Name	State	Points	Date	Hammer	Shot Put	Discus	Javelin	Weight
M30	Graham Hicks	Vic	3,471	14.12.08	44.89	13.94	50.57	52.09	13.07
					619	725	882	620	625
M35	Darron Haworth	Qld	3,664	2.11.08	51.58	14.13	52.81	37.22	16.20
					730	776	929	425	804
M40	Stuart Gyngell	NSW	3,839	16.4.06	43.48	17.63	47.30	41.30	14.55
					632	1075	833	534	765
M45	Stuart Gyngell	NSW	4,007	12.4.09	43.75	17.22	45.47	36.98	14.53
					687	1126	857	512	825
M50	Todd Davey	WA	4,121	1.12.18	53.23	16.00	49.82	36.71	17.65
					839	1005	875	517	885
M55	Graeme Rose	Vic	4,005	4.7.99	47.05	12.72	37.84	46.19	16.98
					784	838	688	768	917
M60	Graeme Rose	Vic	3,993	16.4.06	48.38	13.14	39.36	43.12	19.03
					815	857	624	722	975
M65	Graeme Rose	Vic	4,059	12.4.09	43.98	12.12	38.97	40.46	17.05
					814	860	690	759	936
M70	Johannes Peters	WA	3,984	2.3.24	45.29	11.72	39.30	34.84	17.42
					836	806	791	651	900
M75	Tom Hancock	Vic	3,888	15.7.11	36.89	11.12	33.97	33.04	14.38
					756	851	764	716	801
M80	Tom Hancock	Vic	3,972	5.11.16	38.51	11.44	32.27	30.31	15.67
					788	844	844	674	822
M85	Tom Hancock	Vic	3,418	1.10.22	30.57	8.94	23.25	19.10	13.55
					725	728	687	468	810
M90	John Fraser Old Specification	Vic	3,114	13.3.05	24.63	6.90	19.74	12.96	10.12
					705	630	708	370	701

**THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - MEN**

Age	Name	State	Points	Date	Hammer	Shot Put	Discus	Javelin	Weight
M30	Shane Carstairs	Vic	3,190	28.4.19	38.74	15.65	44.48	43.20	12.57
					518	830	756	489	597
M35	Stuart Gyngell	NSW	3,615	2002	44.15	17.34	45.06	43.67	14.96
					607	984	768	523	733
M40 & M45 – as above in Australian records Stuart Gyngell M40 3,839 & M45 4,007									
M50	Stuart Gyngell	NSW	3,948	2015	45.99	16.36	48.42	38.71	16.40
					707	1030	845	553	813
M55	Graeme Rose	Vic	3,929	2001	43.32	12.29	38.90	49.48	15.99
					715	788	706	835	855
M60 & M65 – as above in Australian records Graeme Rose M60 3,993 & M65 4,059									
M70	Colin Murray-Lee	Qld	3,675	1999	43.22	11.11	35.12	36.41	14.83
					791	758	690	688	748
M75	Tom Hancock	Vic	3,741	8.4.12	35.10	10.31	35.04	29.17	15.02
					713	779	793	614	842
M80	Tom Hancock	Vic	3,682	11.6.17	35.75	11.12	29.20	28.99	14.57
					723	817	748	638	756
M85	Felix Jakabsons	Qld	3,209	23.3.08	27.36	9.10	25.28	19.44	10.35
					636	744	760	479	590

**THROWS PENTATHLON using 2023 WMA AGE FACTORS - WOMEN**

Age	Name	State	Points	Date	Hammer	Shot Put	Discus	Javelin	Weight
W30	Byrony Glass	WA	3,242	12.4.09	#####	#####	#####	#####	#####
					618	#####	#####	#####	#####
W35	Chris Schultz	Vic	3,400	7.12.87	#####	#####	#####	#####	#####
					756	#####	#####	#####	#####
W40	Jayne Hardy	ACT	3,484	20.4.03	#####	#####	#####	#####	#####
					661	#####	#####	#####	#####
W45	Chris Schultz	Vic	3,778	26.7.97	#####	#####	#####	#####	#####
					851	#####	#####	#####	#####
W50	Chris Schultz	Vic	3,824	13.7.01	#####	#####	#####	#####	#####
					896	#####	#####	#####	#####
W55	Mary Thomas	NSW	3,772	17.1.00	#####	#####	#####	#####	#####
					648	856	697	922	649
W60	Dora Jenkins	Vic	3,827	7.10.15	43.51	8.85	28.72	21.85	15.57
					992	659	764	560	852
W65	Dora Jenkins	Vic	4,050	21.3.21	42.46	8.64	23.16	19.78	15.91
					1099	721	675	571	984
W70	Mary Thomas	NSW	3,862	16.8.15	28.82	8.57	22.60	22.69	10.69
					814	811	755	771	711
W75	Helen Searle	Qld	3,605	14.2.15	31.68	10.40	20.67	17.35	10.65
					775	921	669	580	660
W80	Jeanette Williamson	ACT	3,552	12.3.23	27.08	7.29	19.15	16.30	9.85
					770	707	725	638	712
W85	Ruth Fröh Old specifications	NSW	2,621	7.3.98	15.48	5.57	13.25	9.82	6.51
					486	613	568	424	530
W90	Ruth Fröh Old specifications	Qld	2,931	24.4.00	13.13	5.22	11.81	9.33	6.00
					508	698	622	498	605
W95	Ruth Fröh New Specifications, before 1/1/10, WR not accepted by WMA	Qld	3,391	Oct-06	13.71(2kg)	4.99(2kg)	9.49(750g)	7.01	5.58(4kg)
					717	846	630	464	734
W100	Ruth Fröh New Specifications, before 1/1/10, WR not accepted by WMA	Qld	3,916	23.8.09	10.16(2kg)	4.27(2kg)	9.04(750g)	6.43	4.42(4kg)
					734	954	840	588	800